



MACY ROSE Willis-Trahan, the three year old daughter of Dayna Willis and Brian Trahan of Cameron Parish, was recently crowned "Tiny Miss Joie de Noel" in Ville Platte. She is the granddaughter of Poochie and Nedra Trahan of Cameron, and David Willis of Sweetlake and Deborah Phillips of Seattle, Wash.



W. T. Block, Jr.

W. T. Block, historian and author, dies

William T. Block, Jr., 87, of Nederland, Tex., died Saturday, Dec. 15, 2007 in a Beaumont hospital. He was a distinguished historian and writer and he contributed many articles over the years to the DeQuincy News and Cameron Pilot about the history of Cameron and Calcasieu parishes.

He was born in Port Neches, Tex. and grew up on his father's farm in Nederland. He had family ties to Grand Chenier, Cameron and Johnson Bayou.

He graduated from Nederland High School, Cheniers Business College, and Lamar University with an MA degree in history. He also served three years in the U.S. Naval Reserve, and taught at Lamar for two years as a teaching fellow.

During World War II, he served from 1942-1946 in the 78th Infantry Division, earning three battle stars for the Battles of the Bulge, Rhineland, and Central Europe.

After the war, he worked 31 years for the Postal Service, including 20 years as assistant postmaster and postmaster in Nederland, or as officer-in-charge in Orange. Later he served on the Lamar University staff for 11 years, retiring in 1981.

Mr. Block was a dedicated historian, publishing nine books of East Texas history, many academic articles in historical journals, and he was a guest columnist for Beaumont Enterprise for many years. He was a member of First United Methodist Church in Nederland, the Veterans of Foreign Wars, and the Texas Gulf Historical Society.

Cont. on Page 3.

Hackberry students are honor grads

Seven McNeese State University students received the Summa Cum Laude (3.90-4.00) designation in fall commencement ceremonies held Saturday Dec. 15, at Burton Coliseum.

Summa Cum Laude - Lindsay LaBove and Chelsie Robles, Hackberry; both of Hackberry

Cum Laude (3.5-3.69) - Leah Billedeaux, Hackberry.



Enos Derbonne

E. Derbonne, former Tarpon coach, dies

Enos F. Derbonne Jr., of Lake Charles died Tuesday, Dec. 11 in his residence. Born and raised in Oakdale, he joined the Marine Corps, soon being promoted to staff sergeant.

He enrolled in McNeese State University, finishing with a bachelor's, master's, master's plus 30, and an education specialist degree.

In 1962, he began coaching at South Cameron High School, where he led the track and wrestling teams to state championships. He then went on to coach at LaGrange High and Lake Charles High, with his teams winning numerous titles, before being promoted to assistant principal and principal at Pearl Watson Junior High School.

In 1975 he began his career as a State Farm insurance agent, a job he held until his death.

He belonged to the Louisiana High School Football Official Association for 30 years, retiring in 1997. He was chosen to call 12 state championship games.

He was a Calcasieu Parish Police Jury member from 1999 to 2004, being elected president in 2002. He was a member of St. Luke-Simpson United Methodist Church.

Survivors include his wife, Helen "Pug" Young Derbonne of Lake Charles; two daughters, Dixie Chapman and husband Rocky of Beaumont, Tex., and De Ann Pacheco and husband Michael of Lake Charles; three grandchildren, two sisters, Rosemary Delk of Gulfport, Miss., and Sharon Vandersypen of Alexandria; his stepmother, Lucille Derbonne of Oakdale.

He was preceded in death by one daughter, Rose Marie Derbonne and his parents.

His funeral was held Saturday, Dec. 15, at St. Luke-Simpson United Methodist Church. The Rev. Karl Klaus officiated. Burial with military honors was in Consolata Cemetery.

Free ACT classes are told

The Cameron Community Action Agency will be holding free ACT classes for anyone who needs help in preparing for the ACT Assessment. If you are preparing to further your education beyond high school and the ACT is in your future then this is the class for you.



Lacey Jade Broussard

Parish girl dies in car accident

Cameron Parish recorded its 10th traffic fatality last Tuesday when a one vehicle crash claimed the life of 16 year old Lacey Jade Broussard of Big Lake.

The accident occurred north of the Old Settlement in Big Lake, south of the parish line. The Cameron Parish Sheriff's Department responded at 7:19 p.m. to a call and found that a 2003 Ford pick up truck driven by Austin Snider, 17, of Lake Charles, traveling south, had crossed the center line, left the roadway, rolled and flipped, coming to rest upright off the east side of the roadway well past the shoulder.

Broussard was ejected from the vehicle. She was transported by South Cameron Ambulance District 2 to Lake Charles Memorial Hospital where she later died. Snider's injuries did not require hospitalization.

A blood alcohol test was administered to the driver, as is standard for a fatality, but alcohol is not suspected as a cause of the crash.

GED classes offered at Grand Lake

The Cameron Community Action Agency is offering GED courses for anyone interested in achieving their high school certification. The classes are taught by a certified teacher and are free to the public.

Classes are held on Monday, Wednesday, and Friday from 10 a.m.-4 p.m. and on Tuesday and Thursday from 12 p. m.-6 p.m.

Anyone interested in pursuing their high school diploma should call Lana Miller at 598-5158 for more information or come by the CCAA office located next to the Grand Lake fire station.

Fur Festival to be held in January

The 51st annual Louisiana Fur and Wildlife Festival will be held Jan. 5, 11 and 12, 2008. The schedule is as follows:

Jan. 5 - All pageants will be held at the Lake Charles Civic Centers Rosa Hart Theater.

10 a.m. - Little Mr. & Miss Cameron Parish
2 p.m. - Deb, Teen & Jr. Miss Cameron Parish

7 p.m. - Miss Cameron Parish & Fur Queen Pageant King Fur will also be crowned at this pageant.

Price to enter the pageants will be \$5 per pageant or \$10 for all three events.

Jan. 11 - All events will take place on the fairgrounds located at the old Cameron Elementary School grounds.

12 p.m. - Fairgrounds will open.

12 p.m. - Trap Shooting will open located on the south end of the Cameron Elementary grounds.

12 p.m. - Carnival will open at the fairgrounds.

5:30-9:30 p.m. - Steel Shot the Band

Jan. 12 - 9 a.m. - Fairgrounds and Carnival will open.

Trap Shooting, 11 a.m. - Muskrat and Nutria Skinning, Trap Setting, Oyster Shucking

1 p.m. - Parade (parade will start at Cameron Construction yard east of Cameron)

3 p.m. - Duck and Goose Calling Competition

3:30-5:30 p.m. - Jaime Bergeron and the Kickin Cajuns

6:30-9:30 p.m. - Barry Badon and the Bayou Boys

Cookbooks

The Fur Festival Cookbooks are now on sale. The book costs \$15. They are available at all Cameron Parish Library branches, Capital One in Cameron, Brown's Grocery in Hackberry and Grand Lake, Chesson's Grocery in Grand Lake, Kelley Mart in Grand Chenier, Carroll's Quick Mart in Cameron, and Kountry Store in Creole.

The cookbooks will also be sold at the pageants on Jan. 5 and on the festival grounds Jan. 11 and 12.

53 families will have to find new housing by May 31

By **CYNDI SELLERS**

In light of the scheduled closing of the Shandy Acres FEMA group site in Grand Lake, rumors have emerged about the possible closing of the commercial RV park sites in lower Cameron Parish as well.

There are 72 FEMA travel trailer lots under lease at eight commercial parks in the parish. These leases are set to continue through December of 2008, according to Andrew F. Thomas of FEMA's Louisiana Transitional Recovery Office in New Orleans.

The 53 families currently housed at Shandy Acres will have to find other housing by May 31, 2008. Thomas says "FEMA continues to aggressively seek long term housing for our residents to help them in their personal recovery."

FEMA has set up a group to focus on finding available rental properties "across the state." Trailer residents are then matched to a nearby or

"otherwise appropriate" rental property.

Thomas says FEMA has teamed up with several non-profit and faith based organizations to help residents transition to long term housing. "We're pulling together as many resources as we can to help citizens on their road to recovery."

The problem in lower Cameron Parish, of course, is that there are no rental properties available, having all been destroyed by Hurricane Rita. Rebuilding of the Cameron Place apartments has been set back beyond the closing date for the commercial sites, and no other rental property owners have rebuilt.

The two elderly apartment complexes planned for Hackberry and Grand Lake may help some trailer residents if construction begins soon.



KARLIE AND JASMINE Lawson, of Cameron, are shown telling Santa what they want for Christmas at the Cameron Branch Library's Christmas Party. The free photos were courtesy of the Library and Santa's gifts for the children were donated by Cheniere Energy.



TEN POLL COMMISSIONERS were on duty Saturday for the second run-off election for the Cameron Police Jury District 6 seat. Shown are Susan Beard, Beverly Primeaux, Margie Kelley, Velda Roux, Kathy Guilbeaux, Mary Richard, Peggy Reyes, JoDee Roberts, Beatrice Williams, and Oscar Reyes, Jr. (Photo by Cyndi Sellers.)



BIRDS FACE into the wind as a strong cold front approached Cameron last week. The front brought the first frost of the year to the coast. (Photo by Cyndi Sellers.)

Funerals



LACEY JADE BROUSSARD

Lacey Jade Broussard, 16, of Grand Lake, died Wednesday, Dec. 12, 2007, in a local hospital.

She was a lifelong resident of Grand Lake and a junior at Grand Lake High School, where enthusiastic voice led the announcements each morning at special events.

She was a First Team All-District varsity softball player, 11th-grade Student Council representative, a member of the annual staff and a member of the Junior and Senior Beta Club.

She was Grand Lake High School Senior 4-H Club secretary, Cameron Parish 4-H Club secretary, Cameron Parish 4-H junior leader, a 4-H University Blue Ribbon winner on the meat-identification team, a past livestock exhibitor, and a confirmation candidate and member of St. Mary of the Lake Catholic Church.

She is survived by her mother and stepfather, Rachelle and Myles Hebert of Grand Lake; her father and stepmother, Tim and Shona Broussard of Carlyss; five sisters, Jessica and Maureen Broussard and Elisha Hebert, all of Grand Lake, and Gabby and Grace Higginbotham of Carlyss; two brother, Trent Hebert of Grand Lake and Gavin Higginbotham of Carlyss; paternal grandparents, Larry and Sherrie Broussard of Grand Lake; maternal grandparents, Arthur and Linda Hebert of Lafayette and Dana and Bobbie Morgan of Lake Charles; maternal great-grandmother, Annie Mae Hebert of Lafayette; grandmother Frances Hebert of Grand Lake and grandparents, Floyd and Diane Linder of Sulphur.

Her funeral was held Sunday, Dec. 16, in Johnson Funeral Home. Monsignor Harry Greig officiated. Burial was in Grand Lake Community Cemetery.

NORMAN J. OLIVIER

Norman Joseph Olivier, 49, of Springhill, Fla., died Monday, Dec. 17 in Carencro. Services are pending. Burial will be in Evangeline Memorial Cemetery under the direction of Melancon Funeral Home of Carencro.

Mr. Olivier was a native of Church Point and had lived in Cameron for 17 years. He was a field supervisor for

It Seems Just Like Yesterday

By Keith Hambrick



Cameron Pilot Dec. 19, 1975 POLICE JURY ELECTIONS ORDERED

A terse order from Federal Judge Edwin S. Hunter last week abruptly brought the simmering Cameron Parish Police Jury reapportionment matter to a head.

The U. S. District Judge, apparently tired of the dispute among the jurors over his weighted-vote plan, ordered that a new election be held for all six jury spots on Feb. 15, 1975, with the second primary to be held six weeks later on March 29, if necessary.

Judge Hunter had said on several occasions that he was opposed to ordering a special election since the regular jury elections will be held in November, 1975.

The six jurors met with Judge Hunter on Dec. 5 to discuss their disagreement over the weighted vote plan. At that time the judge adopted a new plan, a combination of the weighted one and a majority vote. A motion would have to receive a majority of both to pass.

Jurors Charles Riggs and Norman McCall, who had filed the original reapportionment suit, reportedly wrote the judge that, in their opinion, the new compromise vote plan was unconstitutional. This apparently triggered the judge to call the elections.

Candidates may qualify with Jerry Jones, chairman or Garner Nunez, secretary, of the Democratic Committee. Qualifying fee is \$25.

(If the parish has a Republican Committee, it is not generally known who is on it. The parish only has about a half-dozen registered Republicans.)

TARPONS LOSE IN FINALS

The elusive state championship again slipped from the South Cameron Tarpon hands last Friday night when Opelousas Catholic took a 10-6 victory over the Tarpons.

Eleven out of the past 12 football seasons the Tarpons have been in the state playoffs, but never have they won the state title.

Tarpon fans were overjoyed when Kim Savoie made a touchdown in the first quarter to give the tarpons a 6-3 led. (Opelousas Catholic had previously kicked a field goal.)

But Opelousas Catholic scored a touchdown and the extra point in the second quarter to make the score 10-6, which did not change for the rest of the game.

"You've had a tremendous season," said South Cameron head coach Baron Thomas to his players after the game in the Tarpons' dressing room. "I want to thank you for giving us such a great effort all year long. Your desire and determination were totally unbelievable."

Newberry Contracting of Brandon, Fla.

Survivors include his father, Morris Olivier, Sr., four brothers, Charles Ray Olivier of Cameron, Morris "Joe" Olivier Jr. of Ragley, Gary Joseph Olivier of Lafayette and Sylvan Olivier of Church Point; two sisters, Faye Marie Walters of Lafayette and Amanda Olivier Credeur of Carencro.

EIGHT TARPONS ALL-DISTRICT

The South Cameron Tarpons, who took the No. 2 spot in Class AA football in the state this year, placed four players on the All-District first team. The Tarpons had four players on the second team.

Named to the first team were Mark Smith, tackle, who was named to both the offense and defense first teams. Also named were running back Kim Savoie, linebacker Kent Mudd, and defensive back Boyd Smith.

Tarpons named to the second team were quarterback Kent Mudd, Mike McCall, tackle Joey Reina, linebacker Tommy Boudreaux.

Mudd has become the 22nd football recruit of the season for McNeese.

FLOOD LEVEL ASKED TO BE AT 9.5 FEET

New tougher requirements on construction of homes and businesses in coastal Louisiana was causing a storm of protests the past week, including those of Cameron.

The Housing and Urban Development Agency recently advised the Cameron Parish Police Jury that it would have to amend its building permit ordinance to require all new construction to be at 11 foot above sea level instead of the present 7 foot.

At a special meeting of the jury Monday, the body agreed to meet the government halfway--to adopt a 9.5 foot requirement if that will satisfy the agency.

It is feared that if the 11 foot requirement is left to stand, new construction in the parish will be seriously hampered.

SANTA CLAUS IS COMING

The annual visit of Santa Claus in Cameron will be held at 2 p.m., Saturday, Dec. 21, on the courthouse square, at which time candy will be distributed to the children.

The visit is sponsored by the Cameron Lions Club and the Cameron Volunteer Fire Department.

FUR JUDGING WINNERS NAMED

The Cameron Parish 4-H judging contest was held Dec. 7 at the South Cameron Elementary School.

Junior winners were: 1st, Michael Prescott, Johnson Bayou; 2nd, Jerome Carter, South Cameron Jr. High; and Christine Chesson, Grand Lake.

Senior winners were: 1st, Leslie Prescott, Johnson Bayou; 2nd, Blayne Mayard, South Cameron; and 3rd, Lynn Jones, South Cameron.



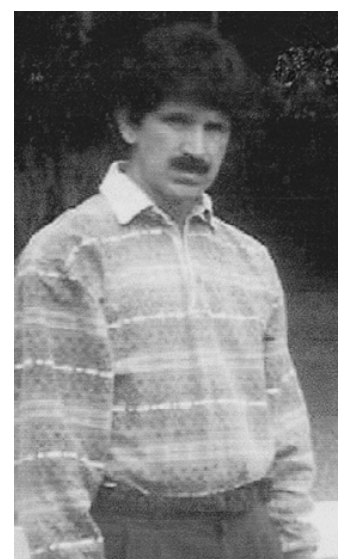
Menard to release hardcover edition

The hard-cover edition of *Hurricanes of the Past: The Untold Story of Hurricane Audrey*, by Donald Menard, is ready for release.

This hard-cover edition is not only a compilation of Menard's first and second editions in their entirety but also includes additional stories and newly-obtained, rare photographs taken immediately after Audrey's landfall.

Menard is the author of two soft-cover books about Hurricane Audrey, which were published in 1997 and 1999. The new hard-cover edition contains over 270 pages, more than 200 photographs, and one of the most historically illuminating columns written about any hurricane. The column, which first appeared in the *Cameron Pilot* in three separate installments, has been amended to include additional research and information, and very rare photographs from the past have been added to confirm the author's information and the stories related to the author by survivors.

Weather agencies across the nation are using the contents of this column to help explain the overall consequences of a fast-moving hurricane, such as Hurricane



Don Menard

Audrey, when it makes landfall at large and populated cities along the Gulf Coast and along the Atlantic seaboard.

Readers interested in purchasing a copy of the new hard-cover edition, *Hurricanes of the Past: The Untold Story of Hurricane Audrey*, can call the author Donald Menard at 337-334-9049 to obtain a copy, or they may send a written request to the author at Post Office Box 275, Rayne, Louisiana 70578.

Contest winners told

By JOLIE TRAHAN

Winners of the Hackberry 4-H Christmas ornament contest are:

Ornament made from nature - Destiny Simon.

Most beautiful ornament - 1st, Mattie Stine; 2nd, Torey Little.

Most unique ornament - 1st, Lexie Stine; 2nd Megan

Johnson;

Most original ornament - 1st, Abbie Delcambre; 2nd Samantha Little.

Ornament made from recycled items - 1st, Meagan Johnson; 2nd, Tie, Charli Little and Madison Shove.

After the contest the ornaments will hang on the tree in the school's lobby.

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W. T. BLOCK Cont. from Pg. 1

He was also a Knight of the Royal Order of Orange-Nassau, a knighthood conferred on him by Queen Beatrix of the Netherlands. He had also been a ham radio operator for 32 years, and served several years as an assistant scoutmaster.

He was predeceased by his parents, and by Betty, his first wife of 45 years. He is survived by his wife Helga; three sons, W. T. Block III and wife Carolyn of Friendswood; Bobby G. Block of Wichita, Kan., and Barry W. Block and wife Kathy of Elgin, Tex.; one daughter, Rebecca and husband Lee Chastant of Nederland; stepson, Ricki Woods and wife Gay of Post Neches; stepdaughter, Elsie Schu and husband Frank of Ogleby; eight grandchildren; seven step-grandchildren and five great grandchildren; two sisters, Alta Fletcher of Nederland and Mary Lou Tullus of Houston.

Funeral services will be 10 a.m. Wednesday, Dec. 19, at Broussard's in Nederland with Reverend Malcom Monroe, and Reverend David Bass officiating. Interment and military graveside services will follow at Oak Bluff Memorial Park in Port Neches.



S. Cameron kindergarteners write letters to Santa Claus

Santa letters from Mrs. Norma Jo's Kindergarten class at South Cameron High School.

Dear Santa,

I have been bad just a few times when I wrestle with my brother, Caleb, in the house and my momma has to put us on our knees. I am going to be good starting today. I want a pellet gun and "X-Box 360". Bring my momma a princess cap and some toys for the new baby. Bring my daddy a new .22 rifle so he can shoot some birds and deers. Bring my brother, Caleb, some cowboy clothes and boots and hat. I live in Grand Chenier behind the river in a tan house next to my Aunt Mae Mae's and Uncle Kent and Maw Maw Bessie and Paw Paw Red's. I will leave you some cookies and milk in the living room on the counter.

Kyler Little

Dear Santa,

My momma has to fuss at me a lot because I don't listen to her. Sometimes I go out to feed the horses and I am not suppose to do that. I am also lazy at school with my work, cuz my hands hurt and my head is sleepy, too in the mornings. I ain't gonna do it no more. Please bring me a "Butterscotch pony and a Barbie jeep that's purple and a real blue cell phone, so I can talk to my friends. Bring my momma a new picture frame and a new saddle and reigns for Candy's head so she can ride her to work cows. I live in Creole and my house is on a hill with brick at the bottom. It is a darkish brown with a Christmas bow outside on the porch. There will be some cookies and milk in the kitchen for you. I love you.

Santa.

Zole Boudreaux

Dear Santa,

I was bad one time because I did not clean my closet in my room and my momma yelled at me and she put me on my knees. I am going to start cleaning up today in my closet. I want a D.S. game to play on. I want some Bratz dolls and a toy bunny rabbit. Please bring my momma some new make-up and a new pair of purple shoes. Bring my sister, Morgan, a new cell phone case and Brynn a toy computer to play on. I live in Cameron almost by my GG's house. My house is tan with a Christmas decoration with a snowman. I will have you some rice and gravy in the kitchen.

Allie Hardie

Dear Santa,

I was bad only once in the lunch room at school and got fussed at, I will try and be better. I was bad at home cause I fuss at my Grandmaw Barbara and my Grandpaw Gerald, because they don't listen to me and then I don't listen to them. I am going to try to listen more. I want a rescue boat and I want a hot wheel set and I want a blue power ranger. Please bring my momma a pretty pink purse and my daddy a new belt and some tools for his boat. I live in Grand Chenier in a tan house by Grandpaw Gerald's. If you see some reindeer and a Santa Claus with presents outside that's my house. I will leave you some M & M cookies on the snack bar. I love you. Santa.

Brennen Bonsall

Dear Santa,

I know that I have been good because my mom and dad have not had to whip me. My granny even took me to the Dollar Store and bought me a Christmas tree. So I want a Barbie bike and a Care Bear, the "Sun" one. I'd like a big bag to put all my toys in and I want you to bring my new baby sister. Sophie a toy Elmo and a big stuffed animal. Bring momma a new pretty soft purple night gown and daddy some new jeans and a wheel barrel to carry some dirt for my castle. I live in Cameron, if you see the house that is almost finished with the tin roof and some Christmas lights, a little kitty cat outside, two scooters, and a sign that says "Merry Christmas" and a shed that says, "Poochies air conditioned dog house", that's where I live. I'll have a plate of angel cookies and milk for you. I love you Santa.

Laura Trahan

Dear Santa.

Santa I am very sorry for being bad, one day I burped in Kolby DeBarge's ear at school and I had to pull a card, then I got a sad face on my folder to go home, but I am very sorry for doing that. I am going to try and try and try to be good from now on. I want a "Barbie Scooter" and "Bratz roller skates". I want a "Bratz guitar" and the shoes that have rollers under them. Bring Momma a pretty dress and a pretty circle necklace. Daddy a new big brown shotgun and Ashley some new slippers for her puppy "Allie" and Maw Maw Lynn some new sewing things. I live in Oak Grove, my house has a

bunch of Christmas decorations outside. I will have some cookies and milk for you with some potato salad on the snack bar.

Shelby Welch

Dear Santa,

I am sorry for getting in trouble one day at school. I pulled a chair out from under Brennan Bonsall. I had to pull a card, but now it's OK. I have been good most of the time. Please send me a red "Power Ranger," Megazoid and a new choo-choo train track. Bring my momma some things for her garden, my dad a new deer stand, but for me to use and Devon my sister, a little pink bow to put in her hair. I live at Creole. I have some little snowmen in the ground in front of my house by the driveway. If you see a basketball goal under the shed, that's where I live. I will have you some chocolate cookies and milk on the little table by the fireplace. I can't wait to see you Santa.

Brayden Richard

Dear Santa,

I only got in trouble one time, when I kicked somebody in the leg at school, it was Laura Trahan and I am very sorry Santa. I will be better next year. I want a tree house and a 4-wheeler. I want some scooters to ride and a swing set. Please bring momma a new diamond ring because she really needs one, bring Daddy a brand new deer stand and a brand new gun, and bring Sadie a "Bratz doll". Santa, I live in Cameron by the tanks. My house has an eagle on the front with a little reindeer and some Santa Claus Christmas lights outside. I will leave you some cookies and milk on a little table. I love you. Santa.

Kolby DeBarge

Dear Santa,

I only got in trouble one time at school, just sometimes I be tattling on others and my momma gets mad for that. I will try to stop tattling and be better next year. I want a green 4-wheeler, a game with cars that race, and a dirt bike. Bring Momma a new gold ring and some new clothes, bring my MawMaw some new slippers cuz it's cold outside. I live in Cameron by the beach, you go by School-Boys Road, my house is blue and my Maw Maw has a big white house. I will leave you some cookies and milk on the table. I love you Santa.

Elijah Fountain

Dear Santa,

I used to cry everyday at school, but I don't cry anymore, because I like school now. I have been really good at home and school. Please bring me a "Barbie purse and Barbie phone". I also want some skates. Please bring mommy some cooking stuff, my daddy needs a new gun, cuz Dylan took all of his. Bring my little brother, Dylan, a tractor that can pull a wagon. Santa, I love you and I will have you some cookies with a glass of milk by the fireplace.

Sydney Carroll

Dear Santa,

I have been bad 2 times this year. I pushed my little brother, Eli, down and I am sorry for doing that now. I am going to try very much to behave. I would like a green

dirt bike, BB gun, and a crotch rocket. Bring my momma a new head band and a new belt. (laugh) Bring my daddy a new cowboy shirt with new shiny spurs. Bring my little sister a "Barbie Doll House" and my little brother some new brown cowboy boots. I live in Oak Grove, my house has some Christmas lights outside and my house is tan with a brown roof and chimney. Oh, yeah, I will have some pizza in the icebox for you to eat.

Jayden LeBleu

Dear Santa,

I have only been bad when I wake up because when I wake up, I don't like to get up in the mornings cuz I am very tired. I guess that I am bossy with my brother, Nathan, also. I will try to be nice to my brother and not be so grouchy in the mornings. Please bring me some drawing paper with pencils, markers, and colors, cuz I like to draw and color. I would like some toy makeup, too. Please bring mommy some house spray, she likes our house to smell good, bring my daddy a big shot gun and bring Bubba a 4-wheeler. I will have you some fried chicken and cookies on the table in the kitchen. I live in Cameron by another house. My house is white with some Christmas decorations outside.

Alyssa Constance

Dear Santa,

I was only bad one time, cuz I didn't listen to my momma. She had to fuss and point her finger at me. I will try and listen next year. Please bring me a pink cell phone with a pink purse to put my phone and other stuff in. I want a playhouse, too. Bring my momma a new microwave and my daddy a new shrimping boat so we can go shrimping for crabs and crawfish. Bring my sister, Madison, a Barbie jeep, a purple phone and purse like me.

Bring my brothers a new 4-wheeler to ride on. I live in Creole and my house is a big brown house high in the air with some bricks and white cement underneath. I will leave you a bowl of green grapes and apples on the snack bar.

Brianna Broussard

Dear Santa,

I have been good at school, but my sister, Brooklyn hits on me and I don't hit her back. I just tell my momma and daddy, then my daddy punishes her. I want a green 4-wheeler, bike, and an Elmo toy. Please bring my momma a new belt and some new white shoes bring my daddy some new tools so he can work on his truck. Bring my sister, Brooklyn a new bike, too. I live on B. J. Street in Cameron and my house is white. I will leave you some cookies and milk on my table. I love you, Santa.

Cage Dyson

Dear Santa,

I have been good this year. I am in the first grade. I live in Cameron, Louisiana. I had to have surgery on my left hand, but I am doing well. I would like you to bring me a bike, a remote control jeep, and two remote control lighting McQueen. I will leave you some milk, and some chocolate chip cookies.

Love you,
Nathan Richard



With thoughts of thanks and appreciation for your loyal support.

— HOLIDAY CLOSING NOTICE —

The Library will close at 1:00 p.m. on Friday, December 21 and will re-open on Thursday, December 27.

**Cameron Parish
Library Board
& Staff**

*May All Your
Christmases Be Bright*

Wishing you joy now and forever

Cameron Parish Tax Assessor
R. E. "Bobby" Conner
& Staff
Gary, Allyson, Ann & Mona

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*—The First
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the Apostle to
Timothy 4:4*

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(Inside DeQuincy News)

South Cameron 2nd graders write letters to Santa Claus

Mrs. Kathy Rowland's second grade class at South Cameron High School wrote letters to Santa. Here is their wish list.

Dear Santa,
I want a DS for me. I want a DS for my brother. My dog wants a bone. My paw paw wants a shot gun and I want some Tarpon shoes with "24" on it, a Saints football, an LSU helmet and my dad wants a .410 gun. Please bring my maw maw a ring.

Your friend,
Brandon Richard

Dear Santa,
This year I want a Nintendo DS and the twelve dancing princesses doll that dances like you and Bratz fashion pixies.

Your friend,
Erin Trahan

Dear Santa,
For Christmas I want a Tarpon shirt with "24" and "15" and "17" on it, a pink Nintendo DS. I also want a Bratz RC cruiser and a Bratz bike and the high school musical doll. I also want a Hannah Montana singing doll and a go cart and Hannah Montana tickets and I want a Bratz pixie.

Your friend,
Katie Mhire

Dear Santa,
I want a remote control truck and a DS Nintendo, an electric car, and a game cube, and Saints crocs. Merry Christmas, Santa.

Your friend,
Zeth James

Dear Santa,
I want a Bratz bike and I want a Bratz that is sitting in a chair and you can make her look cute. You can paint her fingernails and fix her hair. My brother wants a little bike but put it so he can reach the pedals because he is a baby. My mom wants an electric blanket. I also want Hannah Montana tickets.

Your friend,
Kate McDaniel

Dear Santa,
I want a DS Nintendo, the pink one. I want a Bratz the movie dolls, I want high school musical dolls. I want a Hannah Montana guitar so I can play in Brett's band. I want a Bratz the fashion pixie movie. I want a Wii. I want Hannah Montana concert tickets for me and Brittany. We'll have to ask Uncle Thomas, because he is the only one in our family with money. I want a Tarpon football jersey with the numbers "24", "17", and "15" on it. Bring my mama some pecans so she can make the teachers some sweets. Bring my daddy a champion hog. I love you Santa.

Your friend,
Brilee Baccigalopi

Dear Santa,
I want a pink Nintendo DS, and a Bratz, the movie and high school musical 2 movie. I want a Hannah Montana movie and a PSP. I want a high school musical guitar and Wii and Bratz fashion pixie.

Your friend,
Yahaira Contreas

Dear Santa,
I want a cell phone, a DS, MP3 player. I want a real dog. I want a Tarpon "24" jersey. Merry Christmas Santa Claus, I hope I have some cookies for you, Santa.

Your friend,
Angelica LeJeune

Dear Santa,
I want a shot gun and I want shot gun shells and a gun cabinet.

Your friend,
Brendon Doxy

Dear Santa,
I want a pink DS, a blue bike, a new 4-wheeler, a pink game boy, some wrestling men, Nintendo 64, a dirt bike, a twister and some money in the bank.

Your friend,
Kelan Nunez

Hackberry News

By GRACE WELCH

MCNEESE GRADUATION

Saturday, Dec 15, McNeese held the fall graduation at the Burton Coliseum. 783 graduates received degrees at the university fall commencement. Those students who received degrees from Hackberry were:

Chelsie Lynn Robles, Family-Consumer Science: Bachelor of Science, Mass Communication; Lindsay K. Labove, Bachelor of Science in Nursing; Leah Karli Billedeaux, and Associate of General Studies, Keisha Addison Constance.

CATHOLIC NEWS

Deadline for ordering pies for the Christmas Pie sale will be Saturday, Dec. 22. Any orders after the 22nd, cannot be guaranteed they will be filled. Pies will be ready for pick up on Dec. 24. The pie sale is for St Peter's Catholic Church.

Free fig trees are offered

Gabe Nunez of Sulphur again this year has offered to give free fig trees to Cameron Parish residents who were affected by Hurricane Rita. The trees vary in size from 6 inch to 5 foot.

The young trees may be picked up at 2002 Patton St. in Sulphur, but residents should call him in advance at 488-6781 to make sure someone is home.

Nunez, a retired attorney, has family ties to Cameron Parish. He grows the young trees in his greenhouse. Last year he gave away 150 trees to Cameron Parish residents.

Pageants to be held on Jan. 5th

Deb, Teen, Junior and Miss Cameron Parish Pageants will be held at the Rosa Heart Theatre in Lake Charles on Saturday, Jan. 5. Deb division is 10 to 12 years of age, Teen division is 13 to 14 years of age, Junior division is 15 to 16 years of age and Miss Cameron division is 17 to 22 years of age.

All age groups are as of Jan. 1, 2008. Anyone wanting an application for any of these pageants may contact Lena Hebert at 370-9103 or Debbie Duhon at 249-1400.

Deadline for applications is Monday, Dec. 31.

Dear Santa,
I want a computer, some gameboy games, a game for my DS, a football, a football game for my PS 2, a new pellet gun, and some Saints socks, an LSU jersey, LSU socks and some Saints shoes.

Your friend,
Devin Whittington

The Angel Tree is in the front of the church for those who want to participate.

THANKS

Special thanks to Santa's helpers (Salt Dome employees, Mona Murphy, Debra Cloud and Kenny Thomas) who brought a Christmas container of groceries to Grace Welch. Another surprise box of groceries was delivered by Mr. Bill Cryer and Kasey Crowell with the Church of Christ in Sulphur.

HONOR GRADS

Lindsay LaBove and Chelsie Robles were two of the top seven graduates.

Summa Cum Laude (grade point average between 3.9 and 4.0) were Lindsay LaBove and Chelsie Robles, Cum Laude (grade point average between 3.50 and 3.69) was Leah Billedeaux.

Corn and Crab Quesadillas

Creamy seafood and corn put a new spin on quesadillas that are ready in minutes.

Prep Time: 5 min
Start to Finish: 15 min
Makes: 6 servings
1 package (8 oz) cream cheese, softened

1 can (11 oz) whole kernel corn, drained

1/2 cup chopped fresh cilantro or parsley

1/3 cup sliced green onions (5 medium)

1 jar (2 oz) diced pimientos, drained

1/2 teaspoon pepper

1/4 teaspoon ground red pepper (cayenne)

1 lb chopped cooked crabmeat or imitation crabmeat (2 cups)

6 sun-dried tomato or spinach-cilantro flavored flour tortillas (8 to 10 inch)

1 tablespoon butter or margarine, melted

Sour cream and chopped fresh cilantro, if desired

In medium bowl, mix cream cheese, corn, cilantro, onions, pimientos, pepper and red pepper. Fold in crabmeat.

Spread 2/3 cup of the crabmeat mixture over each tortilla; fold tortilla in half, pressing lightly. Brush both sides of each tortilla with butter.

In 12-inch skillet, cook 3 tortillas at a time over medium-high heat about 5 minutes, turning once, until light brown. Garnish with sour cream and cilantro.

Variation
Need a quick appetizer? Cut the cooked quesadillas into bite-size wedges and serve with toothpicks.

Nutrition Information:
1 Serving: Calories 420 (Calories from Fat 180); Total Fat 20g (Saturated Fat 10g, Trans Fat 1g); Cholesterol 120mg; Sodium 660mg; Total Carbohydrate 36g (Dietary Fiber 3g, Sugars 3g); Protein 24g Percent Daily Value*: Vitamin A 30%; Vitamin C 20%; Calcium 20%; Iron 20%

Dec. 28 deadline to qualify for state savings program

Dec. 28 is the deadline for Louisiana families to qualify for the 2007 tax benefits provided by START, the state's 529 college savings program.

Deposits to new and existing accounts must be received by Dec. 28, to qualify for tax benefits and state matching contributions for the current calendar year.

START investors can exempt up to \$2,400 in deposits per account per year from income reported on their state tax returns. For married couples filing jointly, the exemption from income can be up to \$4,800 in deposits. If account owners are unable to make \$2,400 (or \$4,800) in deposits in one year, they can carry forward unused portions to subsequent years.

"START account owners should send in their deposits as early as possible, especially because of the holiday season," said Carol Fulco, START Director. "Deposits must be in by 4:30 p.m. on Friday, Dec. 28 to qualify as exemptions to income on 2007 tax returns."

In addition to a \$2,400 or \$4,800 annual tax exemption, START benefits include a state-paid match on deposits ranging from 2 percent to 14 percent, depending on the account's classification and

owner's adjusted gross income. Other benefits include a choice of investment options in fixed, variable and mixed portfolios; the flexibility to use funds at any accredited college or university for tuition, room and board, books, fees and more; and a tax exemption on earnings when used to pay these expenses.

START deposits can be made online at www.startsavings.la.gov or can be sent by overnight delivery to: START Saving Program, Louisiana Office of Student Financial Assistance, 1885 Wooddale Blvd., Baton Rouge, LA 70806. Postmarks or payments mailed but not received by 4:30 p.m. on Dec. 28, will not be credited until 2008 and will not be eligible for 2007 tax incentives.

Deposits will also be accepted in person at 1885 Wooddale Blvd., third floor until 4:30 p.m. on Dec. 28. For more information, contact the Office of Student Financial Assistance toll-free at 1-800-259-5626, ext. 1012.



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Merry Christmas CHECK OUT OUR PARTY SCHEDULE

Fri., Dec. 21: 8 p.m. - 1 a.m. Featuring "KARAOKE COWBOY"

Mon., Dec. 24: 8 p.m. - 1 a.m. "KARAOKE COWBOY"
Happy Birthday Alyssa!

Mon., Dec. 31: New Year's Eve Bash 9 p.m. - 1 a.m. "FAULK BAND"

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To Our Loyal Readers At Christmas

As we wrap up another holiday edition, we'd like to deliver an extra measure of thanks and best wishes to all of you.

Here's hoping all your news is good news this season

The Cameron Pilot

Jerry & Joy, Jeffra, Doug, Shirley, Annette, Carrol, Julie, Crystal, Dawn, Tina, Dustin & Bunnie

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Prepare ahead for family gatherings these holidays

It would be wonderful if we all had a warm cozy grandmother's house to go to for the holidays. But, we know that "home for the holidays" is not really about a place, but about being with family and friends. In the South, we are all about planning what we're going to eat, but the food represents so much more to us. It's about the long-standing traditions of gathering to share the bounty of the table and reconnect with loved ones.

Big holiday dinners get most of the attention, but don't forget to plan for leisurely visits around the kitchen table, too. Some of our best memories come from those moments when we can relax and have a quiet conversation, tell stories or reminisce about the past. At times like that, it's nice to have a few treats hidden away to pull out and serve.

Stash Holiday Treats in the Freezer

Many cookies, cakes and breads freeze well and will be nice to have on hand during the holidays. Family favorites are always a good choice and simple baked goods without frosting, glaze or decorations are easiest to pack up and freeze. Some frosted and decorated cakes and cookies may also be frozen, but require a little more preparation. (See freezing tips.)

Aunt Lois' Banana Nut Bread is a Martha White® Kitchen all-time favorite and perfect to have on hand dur-

ing the holidays. Always moist and flavorful, this recipe is easy to stir up and good served plain or with a cream cheese spread. Delicious with mid-morning coffee or for brunch, Sour Cream Coffee

Cake is similar to a pound cake except each slice reveals a ribbon of cinnamon sugar streusel. And you can never go wrong with bar cookies. Easy Chocolate Chip Blondies are so rich and delicious no one will ever guess you started with a chocolate chip muffin mix.

Tips for Freezing

Quick loaves, like banana bread - Cool completely. Wrap in foil or heavy duty plastic wrap pressing out all air from the package. Freeze up to 3 months. To thaw, let stand, wrapped at room temperature about 1 1/2 hours.

Cakes and Coffeecakes - Cool completely. Place on foil wrapped cardboard, wrap in foil or heavy duty plastic wrap pressing out as much air as possible. If glazed or frosted, place in freezer to harden before covering. (Butter cream frostings freeze best. Do not freeze egg white frostings or custard fillings.) Freeze unfrosted up to 6 months, frosted up to 3 months. Thaw unfrosted cakes, covered for 2 to 3 hours at room temperature. Thaw frosted cakes loosely covered in the refrigerator overnight.

And remember, those delicious treats you have in the freezer make thoughtful gifts for friends, co-workers and teachers, too. For more festive cookies, cakes and breads, go to www.marthawhite.com and click on the recipe section.

Aunt Lois' Banana Nut Bread

1 1/2 cups Martha White All-Purpose Flour
3/4 teaspoon baking soda
1/4 teaspoon salt
1 cup sugar
3/4 cup Crisco® Vegetable Oil
3 tablespoons buttermilk
2 eggs, beaten
1 cup mashed ripe bananas
1/2 cup chopped pecans
Heat oven to 325° F. Grease and flour bottom only of 8x4 or 9x5-inch loaf pan. In large bowl, combine flour, baking soda and salt; mix well.

Add sugar, oil, buttermilk and eggs; blend well. Add bananas and pecans; mix well.

Pour batter into greased and floured pan.

Bake at 325° F. for 1 1/4 to 1 1/2 hours or until toothpick inserted in center comes out clean. Cool in pan 15 minutes. Remove from pan; place on wire rack. Cool 1 hour or until completely cooled. Wrap and store in refrigerator.

12 to 16 slices
Crisco is a registered trademark of The J.M. Smucker Company.

Sour Cream Coffee Cake

Cinnamon Sugar Mixture
1/4 cup firmly packed brown sugar

1 teaspoon cinnamon
1/2 cup chopped pecans
1 tablespoon melted butter or margarine

Cake
1 cup butter or margarine, softened

2 cups sugar
4 eggs
2 teaspoons vanilla
3 cups Martha White All-Purpose flour

1 teaspoon baking powder
1 teaspoon salt
1/2 teaspoon baking soda
1 cup sour cream

1/2 cup milk
Heat oven to 350° F.
Grease and flour 12 - cup Bundt or 10-inch tube pan. In small bowl combine brown sugar, cinnamon, pecans and 1 tablespoon butter; mix well. Set aside.

In large bowl, combine 1 cup butter and sugar; beat until light and fluffy. Add eggs one at a time, beating well after each addition. Add vanilla; blend well.

In large bowl, combine flour, baking powder, salt and baking soda; mix well. Add to butter mixture alternately with sour cream and milk, beginning and ending with flour mixture and mixing well after each addition. Spoon half of batter into greased and floured pan. Sprinkle cinnamon and sugar mixture over batter concentrating mixture in center of batter. Spoon remaining batter over filling.

Bake at 350° F. for 55 to 60 minutes or until tooth pick inserted one inch from edge comes out clean. Cool in pan 10 minutes. Remove from pan. Cool about one hour or until completely cooled.

15 servings

Easy Chocolate Chip Blondies

2 (7.4 oz. pkg.) Martha White Chocolate Chip Muffin Mix

1/2 cup firmly packed dark brown sugar
6 tablespoons butter, melted and cooled

1 large egg, beaten
2 teaspoons vanilla

3/4 cup chopped pecans
Heat oven to 350° F. (325° F. for dark nonstick pan).

Grease bottom of 8-inch square baking pan. In large bowl, combine muffin mix and brown sugar; stir to blend

evenly. Add butter, egg and vanilla. Stir until well blended. Stir in pecans.

Spread evenly into prepared pan. Bake at 350° F. for 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool; cut into bars.

12 bars
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For Immediate Release
Contact: Linda Carman (615)780-3341 Dana Reece (615)780-3340 Color photos available at www.marthawhite.com/media

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With the holidays upon us once again, there's so much for which to be thankful. We count our many blessings, but we'd be remiss if we didn't say how

much we celebrate our friendship with you and we truly value your ever-loyal patronage.

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Dianne Wolfe



Pepe Vasquez



Nikki Fontenot

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Luke 2:11

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**MERRY CHRISTMAS AND HAPPY NEW YEAR!
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Cameron Outdoors

By LOSTON MCEVERS



2ND SPLIT OPENS

The second split of duck-coot season opened last Saturday, with 75 degree temperatures, strong south wind, lots of mosquitoes and lots of shooting in our marshes. Some of us made it out of the marsh in time for the strong cold front that came through, with heavy rain. Morning was a different story, we had strong northwest winds in the 20 mph range, and temperatures around 34 degrees.

Most hunters I talked to, had very good hunts Saturday morning, getting their limits early. I had to stay until 9 a.m. to get mine. It seems that the few days between the split put my site off you know where you shoot through an open barn door, you'll hit the back wall. Now my shooting Saturday was like if you had a front and rear door on the barn, you shoot and hit nothing.

Sunday hunters faced the strong north west winds, which really carries that steel shot off track. If your hunting a blind facing the north, ducks coming over head south are coming at you and when they get over the decoys, you start shooting, you hit, but the wind carries the ducks further into the canes and you end up with a lost duck.

I wished dove season would have been open Saturday, as 10 to 15 large doves were flying in flocks, it would have been good shooting. Maybe we'll get some fair hunting when the dove season opens this Saturday.

I saw quite a few flocks of geese in the Grand Chenier south marsh passing just out

of gun range, also noticed lots of geese in the Sweetlake area, as well on the Cameron Prairie Refuge.

FISHING

Rough waters have kept offshore anglers from going out, but before the cold front, anglers were doing great on Big Lake, fact is they're catching speckle trout from north to south, but also good catches of redbfish on the southern end of the lake, around the southeast weirs coming back toward Commissionary Point.

SCAUP ACTION

It seems there is a great decline from the 6.3 million Scaup (black jack) birds for the 70s to only 3.5 million for 2007.

There is the lesser scaup and the greater scaup then there's the true ringed neck, but down south we all call them blackjacks. I can always remember, you could always make your limit up by shooting a couple of blackjacks. They'll light in your decoys when you least expect it, braver than a teal duck.

The lesser scaup is the most widely distributed diving duck, from northern South America in winter and to the Alaska tundra in summer. Our Mississippi Flyway is an important fall migration route for scaups and then across the Great Lakes to the Atlantic Coast.

Oh, they're studying why, but can the population be turned around to have higher numbers, or is it too late to understand what the cause was, why are they not recov-

6 suggestions for feeding wild birds this winter

As cooler weather moves into Louisiana, many bird enthusiasts and homeowners will install bird feeders in their yards. Backyard bird feeding is an easy way to enjoy wildlife, as well as an exciting and educational project for the entire family.

While bird feeding can be a rewarding experience for the bird-watcher, several precautions need to be taken to ensure a satisfying event for the birds. Recent research has shown that neglected bird feeders can be a source of disease for the birds visiting them.

However, providing a safe and healthy feeding station for wild birds can be achieved with minor effort. Simply cleaning and periodically moving the feeders will ensure that avian diseases are not spread.

With this in mind, the Louisiana Department of Wildlife and Fisheries are recommending these six suggestions to ensure safe bird feeding stations:

1. Removing old seed. Decomposing hulls and wet birdseed may harbor bacteria that could potentially spread bird diseases. Leftover bits of birdseed can quickly become moldy in Louisiana's humid climate. Cleaning and disinfecting your bird feeders once a week is a simple solution for the prevention of moldy feed and disease. For best results wash your feeder thoroughly

ering. I don't think there's a duck hunter in our marsh that didn't enjoy seeing flights of "blackjack" and even shooting them.

It's always fun to chase a cripple blackjack, as this duck dives and can stay under water for quite a while. The fact is, I haven't seen a blackjack in my marsh this year.

in soapy water, then soak or rinse it in a solution of one part bleach to nine parts water. Dry the feeder thoroughly before refilling.

2. Limiting the bird feed. Try to limit feeders to a one-day supply, especially where raccoons, opossums, deer, and rodents are a problem.

3. Storing the birdseed. Store your seed in a clean, dry, air-tight container.

4. Cleaning the area around the feeder. Raking the ground below and around your feeder will prevent accumulation of waste. Moldy or spoiled food is unhealthy not only for birds, but for your outside pets. Bird food scattered on the ground also can attract rodents. Consider moving your feeders periodically to limit the accumulation of waste and unwanted visitors.

5. Removing dead birds. If you see a sick or dead bird at your feeder, stop your feeding for a few weeks to allow the healthy birds to disperse. This will lessen the possibility of disease transmission. Remove and discard any dead birds in the trashcan.

6. Washing your hands. Be sure to wash your hands after putting out seed and cleaning the bird feeders.

For more information on wild bird feeding, please visit the Cornell Laboratory of Ornithology Web site at <http://www.birds.cornell.edu/AllAboutBirds>.

Crawfish Cornbread

- 1 pound crawfish tails, chopped
- 2 cups shredded cheddar cheese
- 1 stick (one-half cup) real butter
- 1 teaspoon salt
- 1 15-ounce can cream-style corn
- 1/2 cup chopped onions
- 1/2 cup chopped green onions
- 1 package Jiffy cornbread mix
- 3 eggs
- 1 teaspoon baking soda
- 1 jalapeno pepper, chopped
- 1 bell pepper, chopped
- Tony Chachere's to your taste

Mix all together. Bake about 1 hour at 350° in 9 1/2" by 11" pan. Use a toothpick to test center. Should be lightly browned.

Hot Cocoa

- 2 cups powdered sugar
- 1 cup cocoa (Dutch-process preferred)
- 2 1/2 cups powdered milk
- 1 teaspoon salt
- 2 teaspoons cornstarch
- 1 pinch cayenne pepper, or more to taste
- Hot water

Combine all ingredients in a mixing bowl and incorporate evenly. In a small pot, heat 4 to 6 cups of water.

Fill your mug half full with the mixture and pour in hot water. Stir to combine. Seal the rest in an airtight container, keeps indefinitely in the pantry. This also works great with warm milk.

Friendship Tea Mix

- 1 18-ounce jar of Tang
 - 1 cup sugar
 - 1/2 cup presweetened lemonade mix
 - 1/2 cup instant tea
 - 1 package apricot jello
 - 2 1/2 teaspoons ground cinnamon
 - 1 teaspoon ground cloves
- Mix ingredients together and store in an airtight container. To make tea, spoon two or three spoonfuls into a cup and pour boiling water over it. Stir and enjoy!

Hot cocoa mix in a jar

- 6 1/2 cups powdered milk
- 1 (5 ounce) package non-instant chocolate pudding mix
- 1 cup powdered chocolate drink mix
- 1/2 cup powdered non-dairy creamer
- 1/2 cup confectioners' sugar
- 1/2 cup unsweetened cocoa powder

DIRECTIONS

In a large bowl, combine powdered milk, chocolate pudding mix, chocolate drink mix powder, creamer, confectioners' sugar, and cocoa. Divide the mixture between two 1 quart jars. Seal, and decorate as desired. These can be stored in a dry area for up to 3 months.

Attach a tag with the following instructions: Hot Cocoa: Dissolve 1/3 cup cocoa mix in 1 cup boiling water.



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Basketball

By CHRIS & LAURIE MUELLER

BOYS

Hackberry 77, Grand Lake 66 - Judd Addison scored 21 points as the Mustangs won the boys championship of the Cameron Parish Tournament held at Johnson Bayou. Ian Blue and Dillon Thibodeaux added 19 points each and Steven Miller scored 11 points.

Grand Lake's Brett Griffith led all scorers with 24 points. Jace Hebert chipped in 16 points and Sam Johnson added 10 points.

Johnson Bayou 72, South Cameron 33 - The Rebels won third place in the Cameron Parish tourney with the victory over the Tarpons. Dustin Badon was the leading scorer for the Rebels with 18 points.

Aaron Jinks and Jonathan Trahan added 14 points each. Daniel Kelly led the Tarpons with 13 points.

Grand Lake 67, South Cameron 52 - Brett Griffith chipped in 23 points for the Hornets and Jace Hebert added 12 points. Lance Braxton scored 13 points for the Tarpons.

Hackberry 54, Grand Lake 51 - Leading scorer for the Mustangs was Dillon Thibodeaux with 16 points. Steven Miller added 13 points and Judd Addison chipped in

11 points.

Aaron Jinks led the Hornets with 19 points and Dustin Badon added 15 points.

GIRLS

Grand Lake 44, Johnson Bayou 30 - Liz Kingham scored 14 points as the Lady Hornets won the girls championship of the Cameron Parish tourney. Kat Kingham added 11 points.

The Lady Rebels were led by Charmayne Barrentine with 13 points and Shelby Trahan with 12 points.

South Cameron 52, Hackberry 45 - Haley McCall scored 20 points for the Lady Tarpons in the 3rd place contest of the Cameron Parish tourney.

Whitney Richard added 13 points. Allison Sanner and Erica D scored 16 points each for the Lady Mustangs.

Grand Lake 48, South Cameron 40 - Tasha Fontenot chipped in 18 points for the Lady Hornets and Kat Kingham added 12 points.

The Lady Tarpons' Whitney Richard led all scorers with 23 points.

Johnson Bayou 35, Hackberry 34 (OT) - Charmayne Barrentine scored 16 points for the Lady Rebels.

Kayla Sanner scored 9 points for the Lady Mustangs.

Cornbread skillet recipe combines all elements

No self-respecting Southerner would spend a New Year's Day without black-eyed peas to insure good luck in the coming year. And it won't hurt your luck to add some greens to the menu, too. "Instead of cooking a pot of peas, a pot of greens and a skillet of cornbread, try putting it all up together with some smoked sausage in a cast iron skillet," suggests Linda Carman, the Martha White® baking expert. Festive Good Luck Cornbread Skillet will cover all the bases for good fortune in the New Year!

Festive Good Luck Cornbread Skillet

- Filling**
- 1 pound smoked sausage
 - 1/2 cup chopped onion
 - 1 to 2 cloves garlic, minced
 - 2 (15 oz.) cans black-eyed peas, drained
 - 1 (14.5 oz.) can ready-to-serve fat free chicken broth, with 1/3 less sodium
 - 1 (10 oz.) pkg. frozen chopped collard or turnip greens, thawed and drained
 - 1/2 teaspoon hot pepper sauce
- Topping**
- 1 cup Martha White Self-Rising Corn Meal Mix
 - 2 teaspoons sugar
 - 3/4 cup buttermilk
 - 1/4 cup Crisco Vegetable Oil
 - 1 egg, beaten
 - 4 ounces shredded

Cheddar cheese

1/4 cup finely chopped fresh parsley, or cilantro

Heat oven to 400° F. Cut sausage in half lengthwise; cut crosswise into 1/4-inch slices. In 12-inch cast iron or ovenproof skillet, combine sausage, onion and garlic; cook until sausage is browned and onion is tender, stirring occasionally.

Add all remaining filling ingredients; mix well. Bring to a boil. Reduce heat to low; simmer 10 minutes.

In large bowl, combine all topping ingredients; stir until smooth. Pour batter around edge of sausage mixture in skillet.

Bake at 400° F. for 25 to 30 minutes or until golden brown.

8 servings

Crisco is a registered trademark of The J.M. Smucker Company.

For Immediate Release Contact: Linda Carman (615)780-3341 Dana Reece (615)780-3340

Color photos available at www.marthawhite.com/media

Chocolate Eclair Cake

Yields 1 - 9x13 inch pan.
Prep Time: 15 Minutes
Cook Time: 1 Minute
Ready In: 1-2 Hours 20 Minutes

- 1 (16 ounce) package graham crackers
- 2 (3.5 ounce) packages instant vanilla pudding mix
- 4 cups milk
- 1 (16 ounce) package frozen whipped topping, thawed
- 1 (16 ounce) package prepared chocolate frosting (your choice of flavor)

Directions:
Line the bottom of a 9x13 inch baking pan with graham crackers break them to fit. In

a large bowl, combine the milk and vanilla pudding according to directions on box. Spread a layer of the pudding mixture over the graham crackers. Alternate the graham cracker and pudding layers up to the top of the pan ending with graham crackers. Cook the container of prepared frosting, uncovered in the microwave for 1 minute on half power, after 30 seconds, stir. Should not be hot just melted enough to pour over the top of the cake and spread. Refrigerate for at least 1-2 hours before serving.

Makes 24 servings

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Decorate safely for holidays; here are suggestions

Holiday decorations, especially candles and electrical lighting, can be fire hazards, and Safe Kids Louisiana reminds parents and caregivers to take a few precautions when decorating for Christmas, Hanukkah, Kwanzaa and other winter festivities.

"Never, never leave lit candles unattended," says Sarah Martin, Safe Kids Louisiana Executive Director. "Don't put candles on a tree or a natural wreath, or near curtains or drapes. Keep matches and lighters locked out of reach." In 2002, candles started 18,000 home fires in the United States, and twice as many home fires in December as in any other month, according to the National Fire Protection Association.

"Decorative lighting should be labeled with the UL seal of approval from Underwriters Labs," says Sarah Martin. "If it's not labeled for outdoor use, don't use it outdoors." If you decorate a tree, Safe Kids Louisiana recommends these precautions:

Never leave a lit Christmas tree or other decorative lighting display unattended. Inspect lights for exposed or frayed wires, loose connections and broken sockets. Do not overload extension cords or outlets and do not run an electrical cord under a rug.

Natural Christmas trees always involve some risk of

fire. To minimize the risk, get a fresh tree and keep it watered at all times. Do not put the tree near a fireplace, space heater, radiator or heat vent. LED lights burn cooler than incandescent lights and pose a lower risk of fire.

Decorate with children in mind. Do not put ornaments that have small parts or metal hooks, or look like food or candy, on the lower branches where small children can reach them. Trim protruding branches at or below a child's eye level, and keep lights out of reach.

Do not burn Christmas tree branches, treated wood or wrapping paper in a home fireplace.

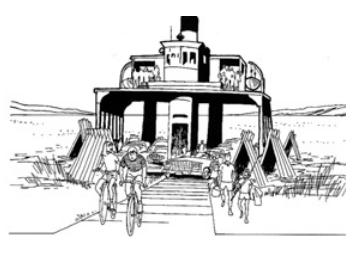
Safe Kids Louisiana also offers these tips to prevent accidental poisoning: Keep alcohol (including baking extracts) out of reach and do not leave alcoholic drinks unattended.

Color additives used in fireplace fires are a toxic product and should be stored out of reach. Artificial snow sprays are also harmful if inhaled.

Holly berries, mistletoe berries, poinsettias, amaryllis, boxwood, Christmas rose, Crown of Thorns, English ivy and Jerusalem cherry are all potentially harmful if eaten. For more information, or to find out whether other decorative plants and products are hazardous to children, call the national Poison Control Center at 800-222-1222.

For more information about home safety, call 225-342-7077 or visit the fire prevention and safety tips pages at www.usa.safekids.org.

Safe Kids Louisiana works to prevent accidental childhood injury, the leading killer of children 14 and under. Safe Kids Louisiana is a member of Safe Kids Worldwide, a global network of organizations dedicated to preventing accidental injury. Safe Kids Louisiana was founded in 1996 and is led by Louisiana Office of Public Health Maternal Child Health Program and Children's Hospital.



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The 2008 Grand Lake JV Cheerleaders are shown above: (top row, from left) Madeline Russell, Calley Conner, Baleigh Hampton, Sara Richard, Rebecca Monceaux; (second row) Victoria Breaux, Callie Brevette, Kylie Davidson, Sydney Myers, Erica Williams, Audrey Harris; (third row) Blair Little, Alexa Conner, Morgan Fontenot, Darbi Montie, Carli Saltzman, Julianne Lannin, Jenna DiBartolo; (bottom row) Chanler Borel, Halie Stevens, Jillian Derouen, Paige Vedder, Chelsea Guidry, and Allie Thibodeaux.

The 2007 - 2008 Grand Lake JV Cheerleaders would like to thank the following sponsors for their support and generosity: Foreman's Marine; Vac Central; Greg Richard's Classic Homes; Dollar Electric; Sylvan Special Systems; Cameron Communications; J. Bryan Jones, III, Attorney at Law; Resthaven Nursing and Rehabilitation Center, L.L.C.; Nash Fence & Supplies, Inc.; Stine; Lake Area Plumbing, Inc.; Southern Home Health Lake Charles, Rosenberger Leoni Site Solutions, L.L.C.; The Sweet Lake Land and Oil Co., Inc.; Carson and Thompson Accounting and Tax Service; John D. Myers & Associates, Inc.; Signs Now, and Photographs by Laini Kiser.

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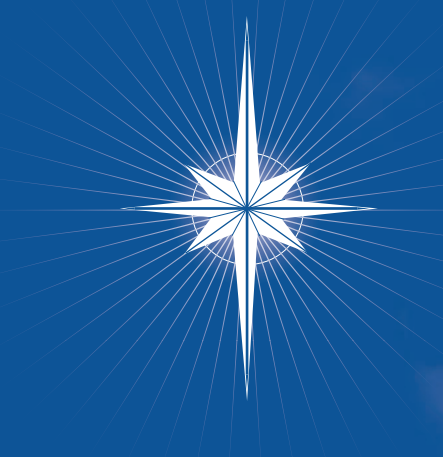
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PEACE
ON
EARTH

*From our family to each of you
we wish you a very Merry Christmas*



CATHOLIC CALENDAR.

A page devoted to local Catholic interests

December 20, 2007

Vol. 34, No. 1

Lake Charles, La.

Internet Address: <http://lcdioocese.org>



Several Catholic Schools participated in food drives to aid Catholic Charities of the Diocese of Lake Charles with food baskets for those in need. In the top picture members of the eighth grade student council at Immaculate Conception Cathedral School and administration are Caroline Solari, Rose Viau, Dinah Bradford, principal, Deacon Edward Lavine, Randall Credeur, Nicole Aquino, Hunter Thibodeaux, and Jacob Ieyoub. Members of the St. Louis Catholic High School National Honor Society spearheaded the effort in the middle photo, from left, Jonathan Harless, Quinn Pharr, Tyler Vincent, Sharon Monteaux, campus minister, Leslie Guillory, National Honor Society student project coordinator, and Richard Shetler. In the bottom photo Sacred Heart/Saint Katharine Drexel Catholic School fifth graders Angelo Budwine and Romante Lewis are shown with Deacon Lavine.



THE DIOCESE OF LAKE CHARLES

December 21, 2007

My dear People of God,

"And the Word became flesh and made his dwelling among us" (John 1:14). Christmas is a time to be struck with particular awe at the mystery of the Incarnation. God entered the world of His creation, its movement and its history. At every turn the writers of the Gospels remind us of this important point. The Eternal Word of God took human flesh for our salvation, and He did this in time and history.

St. Matthew begins his Gospel with a genealogy of Jesus, tracing Jesus' lineage from Abraham, the Patriarch of the Jewish People. St. Luke extends the genealogy even more by pointing out that Jesus is descendant from Adam. However we might view these marvelous chronicles of timing, the holy Evangelists want to place Jesus in historical perspective and at a significant moment of sacred history.

The Evangelists remind us that Jesus enters the world at a particular time. It is a period called the "Pax Romana", the "Roman Peace" when the world seemed to be under the peaceful yoke of Rome. Caesar Augustus was emperor. "Quirinius was governor of Syria" (Luke 2:2). Herod was king of Judea (Matthew 2:1). Here at this moment the real Prince of Peace came into the world.

There are many today who think that history has no purpose. They see the course of human events as futile and pointless at times. Man is the master of his own destiny, they say. Only man can give meaning to his life and create his proper end. This is pure folly, a madness that can only isolate man further. The great Catholic theologian, Henri de Lubac once observed: "It is not true, as is sometimes said, that man cannot organize the world without God. What is true is that, without God, he can ultimately only organize it against man. Exclusive humanism is inhuman humanism." The truth of that observation has been demonstrated countless times in the course of human events.

Christmas reminds us that history does have purpose, or God would not have entered it. God has a plan for us. That plan is love and a peace the world cannot give. We are not alone. Jesus is the Lord of history. As the Letter to the Hebrews states it, "In times past, God spoke in partial and various ways to our ancestors through the prophets; in these last days, he spoke to us through a son, whom he made heir of all things and through whom he created the universe" (Hebrews 1:1-2).

Christmas is a time to celebrate hope. Through that hope comes peace. May it be so for your families and friends as you rejoice in the Word of God made flesh.

Sincerely in the Prince of Peace,

+Glen John Provost
Bishop of Lake Charles

Office of the Bishop

414 Iris Street • Lake Charles, Louisiana 70601
P. o. box 3223 • Lake Charles, Louisiana 70602
Phone (337) 439-7400, Ext. 204 • FAX (337) 439-7413

January Forty-Hours Devotions sites, times

LAKE CHARLES – The January 2008 schedule for Forty-Hours Devotion before the Blessed Sacrament in the Diocese of Lake Charles will involve churches in the Central Deanery. The purpose of the Devotion is to promote vocations to the priesthood and the religious life in the Diocese of Lake Charles.

Christ the King Church, Lake Charles 9 a.m. to 9 p.m., Tuesday, Jan. 8, Wednesday, Jan. 9, and Thursday, Jan. 10, and noon to 5 p.m., Friday, Jan. 11. **St. Theodore Church**, Moss Bluff, 6 a.m. Thursday, Jan. 17 to 10 p.m. Friday, Jan. 18. **St. Martin dePorres Church**, Lake Charles, Monday, Jan. 21 and Wednesday, Jan. 23, 8:30 a.m. to 6:30 p.m., Tuesday, Jan. 22, and Thursday, Jan. 24, 7 a.m. to 5 p.m., **Immaculate Heart of Mary Church**, Lake Charles, Tuesday, Jan. 29, 9 a.m. to 7 p.m.; Wednesday, Jan.

30, 9 a.m. to 7 p.m. **Sacred Heart of Jesus Church**, Lake Charles, Thursday, Jan. 31, 9 a.m. to 7 p.m. and Friday, Feb. 1, 9 a.m. to 7 p.m.

Men's Prayer Breakfast Jan. 4

LAKE CHARLES — Bishop Glen John Provost will host the Jan. 4 "First Friday Men's Prayer Breakfast" at 7 a.m. in the Ave Maria Hall of the Cathedral of the Immaculate Conception.

Catholic men who wish to attend should call 439-7400 to register.

The offices of the Diocese of Lake Charles will be closed beginning at noon Friday, Dec. 21 and will reopen on Wednesday, Jan. 2 at 8:30 a.m. The next issue of the Catholic Calendar will be Jan. 10.

Did you know ...

Msgr. Hubert Cramers served as pastor of Immaculate Conception Church from 1902 until 1935. He died on August 10, 1935 and was interred in a special vault just outside the sanctuary in the main aisle of the church.

Two former pastors of the Cathedral Church of the Immaculate Conception were later named Bishops. Do you know who they are? Find out in the January 11 issue.

Diocese of Lake Charles Christmas Mass Schedule

Bell City
St. John Vianney (7120 Hwy. 14 E.)
4:00 p.m. (Eve); 7:00 a.m., 9:30 a.m. (Day)

Big Lake
St. Mary of the Lake (11054 Hwy. 384,
4:00 p.m. (Eve); 8:00 a.m. {St. Patrick Chapel} (Day)

Cameron
Our Lady Star of the Sea (135 Our Lady Rd.)
4:00 p.m., 12:00 Midnight (Eve)

Carlyss
St. Theresa (4822 Carlyss Dr.,
4:00 p.m., 10:00 p.m. (Eve), 8:00 a.m. (Day)

DeQuincy
Our Lady of LaSalette, (203 S. Grand Ave.)
12:00 Midnight (Eve); 9:00 a.m. (Day)

DeRidder
St. Joseph (1125 Blankenship Dr.)
6:00 p.m., 12:00 Midnight (Eve); 9:00 a.m. (Day)

Eltion
St. Paul/St. Joseph (1100 St. Mary St.)
7:00 p.m. (Eve), 7:00 a.m. 8:30 a.m.
10:00 a.m. (Day)

Fenton
St. Charles Borromeo (804 3rd Ave.)
7:00 p.m. (Eve); 8:45 a.m. (Day)

Grand Chenier
St. Eugene (5035 Grand Chenier Hwy.)
5:00 p.m. (Eve); 8:00 a.m. (Day)

Hackberry
St. Pete the Apostle (1210 Main St.)
4:00 p.m. {Assumption Chapel, Johnson Bayou}

6:00 p.m. {St. Peter the Apostle} (Eve);
9:00 a.m., 2:00 p.m. Latin Mass (Day)

Iowa
St. Raphael (211 Thompson Ave.)
6:00 p.m. (Eve); 8:00 a.m. (Day)
{St. Joseph, LeBleu Settlement}, 10:00 a.m. (Day)

Jennings
Our Lady Help of Christians (710 N. State St.)
4:00 p.m. (Church & St. Mary Center), 7:00 p.m.
(Eve);
8:30 a.m. (Day)

Lake Arthur
Our Lady of Perpetual Help (920 S. Broadway)
12:00 Midnight (Eve),
9:00 a.m., 4:00 p.m. (Day)

Lacassine
Immaculate Conception (705 S. Lake Arthur Ave.)
6:00 p.m. (Eve); 8:00 a.m. (Day)

Kinder
St. Philip Neri (607 4th Ave.)
4:00 a.m., 6:00 p.m. (Eve); 9:00 a.m. (Day)

Lacassine
St. John the Evangelist Chapel (306 Ann St.)
4:00 p.m. (Eve); 7:00 a.m. (Day)

Lake Arthur
Our Lady of the Lake (203 Commercial Ave.)
12:00 Midnight (Eve); 7:00 a.m., 9:00 a.m. (Day)

Lake Charles
Cathedral of the Immaculate Conception
(935 Bilbo St.)
4:00 p.m., 12:00 Midnight (Eve);
9:30 a.m. (Day)

Oakdale
Sacred Heart of Jesus (1102 Mill St.)

4:00 p.m. 7:30 p.m. (Eve);
8:00 a.m., 10:00 a.m. (Day)

St. Margaret of Scotland (2500 Enterprise Blvd.)
4:00 p.m., 6:00 p.m., 9:00 p.m. (Eve);
7:00 a.m., 8:30 a.m., 10:00 a.m. (Day)

Immaculate Heart of Mary (2031 Opelousas St.)
4:00 p.m., 12:00 Midnight (Eve);
8:30 a.m., 11:00 a.m. (Day)

Our Lady Queen of Heaven (3939 Lake St.)
4:00 p.m., 6:00 p.m., 12:00 Midnight (Eve);
7:00 a.m., 9:00 a.m. (Day)

St. Henry (1021 8th Ave.)
7:00 p.m. (Eve); 8:00 a.m., 10:30 a.m. (Day)

Our Lady of Good Counsel (221 Aqua Dr.)
4:00 p.m., 6:00 p.m., (Eve); 9:00 a.m., (Day)

Christ the King (7680 Gulf Hwy.)
4:00 PM, 6:00 PM (Eve); 8:00 AM (Day)

St. Martin dePorres (5326 Elliott Rd.)
4:00 p.m., 6:30 p.m. (Eve); 8:00 a.m. (Day)

St. Patrick Hospital Chapel (524 S. Ryan St.)
9:00 a.m. (Day)

Moss Bluff
St. Theodore (785 Sam Houston Jones Pkwy.)
5:30 p.m. {St. Pius X Chapel, Ragley}, 4:30 p.m.,
12:00 Midnight {St. Theodore} (Eve);
8:30 a.m. {St. Pius X}, 9:00 a.m. {St. Theodore};
(Day)

Oakdale
Sacred Heart (1208 E. 7th Ave.)

6:00 p.m. (Eve);
8:00 a.m. {St. Frances of Rome Chapel, Elizabeth};
10:00 a.m. {Sacred Heart} (Day)

Oberlin
St. Joan of Arc (112 S. 7th St.)
5:00 p.m. (Eve); 9:00 a.m. (Day)

Raymond
St. Lawrence (5505 Pine Island Hwy.)
5:00 p.m. (Eve); 7:00 a.m., 9:00 a.m. (Day)

Sulphur
Our Lady of Prompt Succor (1109 Cypress St.)
4:00 p.m., 6:00 p.m., 10:00 p.m. (Eve);
8:00 a.m., 10:00 a.m. (Day)

Immaculate Conception (2700 Maplewood Dr.)
4:00 p.m., 6:30 p.m. (Eve); 9:00 a.m. (Day)

Our Lady of LaSalette (602 N. Claiborne St.)
4:00 p.m., 8:00 p.m. (Eve); 9:00 a.m. (Day)

Vinton
St. Joseph (1502 Industrial St.)
4:00 p.m., 6:30 p.m. (Eve); 8:00 a.m. (Day)

Welsh
Our Lady of Seven Dolors (209 N. Adams St.)
4:00 p.m., 7:00 p.m. (Eve); 8:00 a.m. (Day)

St. Joseph (310 N. Sarah St.)
10:00 a.m. (Day)

Westlake
St. John Bosco (1301 Sampson St.)
4:00 p.m. (Eve); 8:00 a.m., 10:00 a.m. (Day)

(This page paid for by the Diocese of Lake Charles.)



STUDENTS at Grand Lake participated in the Christmas program on Dec. 12.



STUDENTS at Grand Lake participated in the Christmas program on Dec. 12.



Grand Lake school holds its annual Christmas program

Grand Lake held its annual Christmas Program on Wednesday, Dec. 12. It was a huge success, thanks to all the students, teachers, and parents. The Pre-K through 5th grade classes performed.

The Grand Lake Choir sang under the direction of Mr. Scotty Poole. The Art students created a life size gingerbread village that greeted

quests in the foyer. The FFA students added a Christmas tree.

The Ag I students have been creating ornaments in the shop to decorate the tree. Candy canes were given to children and guests by Junior Beta students. A special thanks goes out to PTA for purchasing the candy canes and decorating the gym.



STUDENTS at Grand Lake participated in the Christmas program on Dec. 12.

G. Chenier Library's Christmas party to be held Thursday

Grand Chenier Library's "Christmas Party with Santa" has been moved to Thursday, Dec 20, after school dismisses at 2 p.m. The schedule of events was inadvertently printed in error last week in

the Pilot. "Crossword Daze", 10 a.m. Daily.

Thursday, Dec 20, "Christmas Party with Santa"; Santa's Key Craft; Storytime "The Night before



SANTA VISITED Pack 202 in Creole at their Christmas party and distributed gifts to the cub scouts at the Creole Fire Station.

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Christmas". Come and have your picture taken with Santa Claus. After school dismisses at 2 p.m. Friday, Dec 21, The library

branch will close at 1 p.m. Please plan your drop-offs and pick-ups accordingly for this day. We will re-open on Thursday, Dec 27. Have a safe

and Merry Christmas.

Thursday, Dec 27, "My Little Pony: A Very Minty Christmas", Rated G, 66 minutes w/ cookies and punch, 1 -

3 p.m.

Friday, Dec 28, "Shrek the Third", Rated PG, 92 minutes w/ popcorn and punch, 1-3 p.m.

We've Got the Perfect Recipe

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The holidays are the most wonderful – and busiest – time of the year. Cameron State Bank is ready to **jingle your bells** with a delicious offer: open a **Simply Free Checking** account and receive a free copy of the new *Marshes to Mansions* cookbook. Making your life easier is what we're all about.

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Enjoy the freedom of our **Simply Free Checking** and indulge in the flavorful history and delicious dishes found in the beautiful *Marshes to Mansions* cookbook, published by the Junior League of Lake Charles.

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To qualify for the cookbook, you must open a new checking account with a minimum opening balance of \$300.00 and initiate a repeating direct deposit. The first direct deposit must be completed within 60 calendar days of account opening. The cookbook will be mailed to you within 2 - 4 weeks after the initial direct deposit. The cookbook is considered interest and will be reported on IRS Form 1099-INT.

Cajun corn pudding spices up your holiday meals

Meal planning usually starts with a meat or main dish, but often it's the side dishes that add a special flair. If your menu is a bit bland, add a little punch with this rich and creamy corn pudding. "The good thing about this recipe is that it can be tailored to your families' taste. If you like it spicy, add more cayenne and even a dash of hot pepper sauce. Or if you prefer a mild flavor, leave out the cayenne and pepper sauce completely. It is absolutely delicious either way," observes the Martha White® baking expert Linda Carman.

Cajun Corn Pudding

1 tablespoon Crisco® Vegetable Oil
1 cup chopped onion
1 cup chopped green bell pepper
2 eggs, beaten
1/2 cup butter or margarine, melted

8 ounces sour cream
1 (7 oz.) pkg. Martha White Sweet Yellow Cornbread Mix
1/2 to 1 teaspoons ground red pepper (cayenne)
1 (14 3/4 oz.) can cream-style corn
1 (11 oz.) whole kernel corn, drained
1 cup chopped country ham or baked ham
Heat oven to 375° F. Grease 8-inch square (2 quart) baking dish. Heat oil in large skillet over medium-high heat. Add onion and bell pepper. Cook about 3 minutes or until slightly wilted, stirring occasionally.
In large mixing bowl, beat eggs. Add melted butter, sour cream, cornbread mix and red pepper; stir until well blended. Stir in cream-style corn, whole kernel corn, ham and cooked vegetables. Pour into greased baking dish. Bake at 375° F. for 48 to 55 or until set and golden brown.
10 servings

Focus on fiber to help lower your cholesterol

(NAPSA)-An easy way to lower or maintain your cholesterol may be to focus on fiber-and there are plenty of tasty ways to incorporate healthy fiber into your diet.

Fiber Facts

Dietary fiber, found in plant foods, is generally defined as any part of a plant not digested by human enzymes secreted into the small intestine. Fiber varies widely in its chemical make-up, but it can be broadly classified into two types: soluble fiber, which dissolves in water, and insoluble fiber, which does not dissolve in water.

"Most fruits, vegetables and grains have both soluble and insoluble fiber," says Lynne Ausman, DSc, R.D., nutrition professor at the Friedman School of Nutrition Science and Policy at Tufts University. "Both types of fiber benefit the body, but soluble fiber is more closely associated with lowering cholesterol."

Good sources of soluble fiber include:

- oats
- nuts and seeds
- beans and peas
- fruits, especially those with a gel-like pulp (berries, peaches, plums, etc.).

"Much of the cholesterol in our bodies is made by the body itself, but we add to it through foods we eat," says Ausman. "Since cholesterol usually increases with age, eating fiber-rich foods can help lower or maintain cholesterol by binding to cholesterol in the intestines and flushing it from the body. In addition to eating a diet low in saturated fat and cholesterol, fiber is important for promoting healthy cholesterol levels."

Ausman notes that most people are only eating about half the fiber they need each day. "Aim to consume about 14 grams of fiber for every 1,000 calories consumed," she suggests. You can also follow the guidelines from the Institute of Medicine:

Women:
Under 50: 25 grams per day
Over 50: 21 grams per day

Men:
Under 50: 38 grams per day
Over 50: 30 grams per day

Beans typically have the most fiber, as evidenced by the impressive 19 grams of fiber in a cup of navy beans. One cup of raspberries has about eight grams of fiber; instant oatmeal about four; and one ounce of almonds has around three.

Still curious about how much fiber your favorite foods have?

"Check nutrition labels to learn how many grams of fiber you are consuming," says Ausman. "You can also use online programs to find fiber content of foods without labels."

Fill Up On Fiber

Increase your fiber intake slowly. "Too much fiber too quickly may cause cramping, gas or bloating," cautions Ausman. "Drink plenty of water and other beverages. Fiber absorbs water, and without enough fluids, may cause constipation."

Ausman also stresses that it is essential to discuss cholesterol and related dietary changes with a doctor, as cholesterol is not only influenced by diet, but also by genetics. Help keep your cholesterol in check by trying some of these easy and tasty fiber-filled foods:

- Eat oatmeal or oat cereal for breakfast. Top with berries or eat a side of fruit.
- Make a strawberry-banana smoothie with whole fruit and low-fat milk or 100 percent fruit juice.
- Spread peanut butter on apple slices.
- Toss walnuts, peanuts or sunflower seeds with raisins, dried apricots or plums for energy on the go.
- Snack on sliced fruit or veggies with a low-fat dip, such as yogurt or Italian dressing.
- Complement sandwiches with broth-based vegetable soups containing beans or peas.
- Top salads with kidney beans, chickpeas, slivered almonds or sesame seeds.

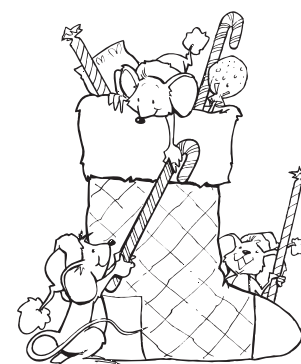
The Cameron Parish Pilot will have early deadlines for the Dec. 26th and Jan. 3rd issues. Please check Page 15 for details.

Cranberry nut bars make good snacking food

Cranberry Nut Bars

Makes 16 servings.
Visit www.oceanspray.com or call Ocean Spray's Consumer Affairs line at (800) 662-3263 to request a copy of the "12 Months of Cranberry" booklet filled with recipes, cranberry facts and craft ideas.

2 eggs
1 cup sugar
1 cup flour
1/3 cup butter or margarine, melted
1 1/4 cups Ocean Spray(r) Fresh or Frozen Cranberries
1/2 cup chopped walnuts
Preheat oven to 350° F. Grease an 8-inch baking pan. Beat eggs in a medium mixing bowl until thick. Gradually add sugar, beating until thoroughly blended. Stir in flour and melted butter; blend well. Add cranberries and walnuts, mixing gently just until combined. Spread evenly in pan. Bake for 40 to 45 minutes or until golden brown and a toothpick inserted into the center comes out clean. Cool and cut into bars.



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Happy Holidays

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Praise Him!

Behold the glad tidings. A Savior is born who is Christ the Lord.

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To All Our Family & Friends. . .

The Kelley family of 4K Services wishes all a very Merry Christmas and a safe, happy and prosperous New Year.

We hope your Holiday is filled with family, friends and good times.

May Joy surround you this Blessed Season!

THANK YOU FOR YOUR BUSINESS AND YOUR CONTINUED SUPPORT!

4K Services, Inc.
802-7930

Jimmy, Mona, Kayla & Daniel Kelley

Peace On Earth

As we celebrate the birth of our Savior, we extend our warm wishes and heartfelt thanks to each and every one of you. It fills us with cheer to recount all the good times we've shared this past year. May your Holiday be filled with Love, Peace & Joy!

The Family Of

Jonathan Perry

State Representative Elect

www.perry4louisiana.com



Behold the Glory of Our Lord!

May you celebrate a joyous and peaceful Christmas with those you hold close to your heart.

We truly appreciate your friendship and devotion.

CAMERON PARISH CLERK OF COURT

Merry Christmas From

Carl Broussard & Staff

A Christmas Wish List

May all your holiday wishes and dreams come true and may you and your family experience the warmth and joy of the season.

I hope all of you will have a wonderful Christmas with your families. If you go to holiday parties, please be careful afterwards while driving home.

My deputies and I are dedicated to serving you, the people of Cameron Parish, and feel free to call on us if we can be of help to you in any way.

MERRY CHRISTMAS & HAPPY NEW YEAR

Theos Duhon
Sheriff, Cameron Parish

Suggestions on relieving headache pain given

(NAPSA)-Pressure around the eyes, throbbing pain, a tight band around your head-we can all recognize the onset of common headache symptoms, but did you know that different types of headaches should be treated differently?

"Headache pain can be disabling and make it difficult to accomplish the simplest of tasks," said Lindsey Stephens, pharmacist and director of best practices for Medicine Shoppe International, Inc. "Consulting your pharmacist with your headache symptoms will help ensure that you select the right medication and dosage to relieve your pain."

Medicine Shoppe Pharmacists offer the following information to help headache sufferers determine the type of headache they suffer from and how to treat it:

Tension Headaches:

Symptoms: Constant or throbbing pain, often accompanied by tight muscles in the neck or head.

Causes: Tension, stress, eye or muscle strain, depression, sleep changes, weather

changes, certain foods and medications

Treatment: Over-the-counter (OTC) pain relievers, including aspirin, acetaminophen or ibuprofen

Migraine Headaches:

Symptoms: Depending on the type of migraine, warning signs include flashing lights, colors and a prickly, hot or weak feeling on one side of the body followed by head pain, nausea, tiredness, depression or restlessness

Causes: Tension, bright lights, loud noises, strong smells, weather changes, fatigue, missed meals, smoking, emotional upset and certain food triggers

Treatment: OTC migraine medications that include a combination of aspirin, acetaminophen and caffeine and/or prescription medications for migraines

Sinus Headaches:

Symptoms: Deep and constant pain in the cheekbones, forehead or bridge of the nose that usually intensifies with sudden head movement or straining

Causes: Sinus congestion

Tips for boosting the body's immune system

(NAPSA)-The human body is constantly under attack from millions of microorganisms with which we share the planet, which is why it is important not to take your immune system for granted.

What can you do to help keep your immune system healthy and ready to shield your body from infection? To answer this question, Shaklee Corporation recently formed the Center for Immune Research, which offers these important tips:

1. Find ways to relax. Because stress produces many different effects on the endocrine systems, scientists believe that immune function may be diminished by chronic stresses. There are a number of techniques to help you relax, such as deep breathing

and inflammation

Treatment: Focuses around relieving sinus pressure and possible infection with antibiotics, antihistamines, decongestants or anti-inflammatory medications

Because headaches can be caused by an underlying health problem, it is important to consult a physician if headache pain persists or becomes severe.

As with all OTC medications, side effects are possible. In some cases, possible side effects can be the same as headache symptoms. Your pharmacist can help you choose a pain reliever that will help relieve your symptoms without causing additional suffering. Your doctor or pharmacist can also counsel you on lifestyle changes, including stress management and relaxation therapy, to help diminish the frequency and severity of headaches.

To access the Medicine Shoppe medication database or to find a nearby Medicine Shoppe Pharmacy, visit www.medicineshoppe.com.

or yoga, which can reduce mental and physical stress as well as lower blood pressure and slow down your heart rate.

2. Sleep matters. Besides leaving you feeling sluggish, irritable and forgetful, not getting enough sleep can temporarily reduce the activity of certain cells in your immune system by up to 50 percent. Strive to get seven to eight hours of sleep each night.

3. Feed your immune system well. Not getting enough calories and getting too much dietary fat may weaken immune response. This is one important reason why nutritionists recommend a well-balanced diet that includes plenty of fruit, vegetables, low-fat dairy products and whole grains.

4. Get physically active. Regular exercise helps to strengthen your immune system, cardiovascular system, heart, muscles and bones. Being active also stimulates the release of endorphins, improves concentration and other mental functioning, lowers cholesterol and blood pressure, and may lower cortisol and other stress hormones.

5. Learn about interferon. Although most Americans have never heard of interferon, this natural protein helps protect the body from the daily exposure to millions of germs that can lead to serious infection. Activated when an invading virus attacks a cell, interferon signals neighboring cells into action and triggers their resistance mechanisms. Interferon also activates other immune cells that kill invading pathogens.

For more information from the Center for Immune Research about enhancing and strengthening the body's natural defense systems, visit www.immunityfacts.com.



Christmas
is a special time,
a warm and cheery season.

*It's the season to be joyful,
The season to believe.*

*It's the season to be grateful
for the blessings we receive.*

*It's the season of gladness,
the season of good cheer.*

*All this we wish for you,
and a wonderful new year.*




To MY KEY CUSTOMERS AND FRIENDS



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WARM THOUGHTS AT CHRISTMAS.

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Protect your skin this winter

(NAPSA)-Each day, our precious skin wages battles against harmful forces, from the sun and age to blemishes. Helping your skin win the fight is easier than you think. Giving your skin the daily attention and care it needs will help keep your largest (and most visible) organ healthy and glowing.

The cornerstone of any skin care regimen is using the right moisturizer, especially an extra emollient formula containing the highly potent ingredient shea butter. Use this skin-loving ingredient to counter the effects of environmental elements, while quickly reducing the appearance of unsightly skin blemishes, banishing dryness and improving skin's elasticity.

Shea butter, the key ingredient in Palmer's Shea Butter Formula skin care product line, provides an added punch when combined with a variety of natural healing ingredients, including vitamin E and vegetable fats. These intense formulations go head to head with pesky skin woes, leaving behind hydrated, healthy skin.

Palmer's, the "butter" experts, recommends following these tips to achieve soft, touchable skin:

• Tap into the fountain of youth-Nourish your skin from the inside out by drinking plenty of water every day. Eight glasses a day is recommended to keep skin supple

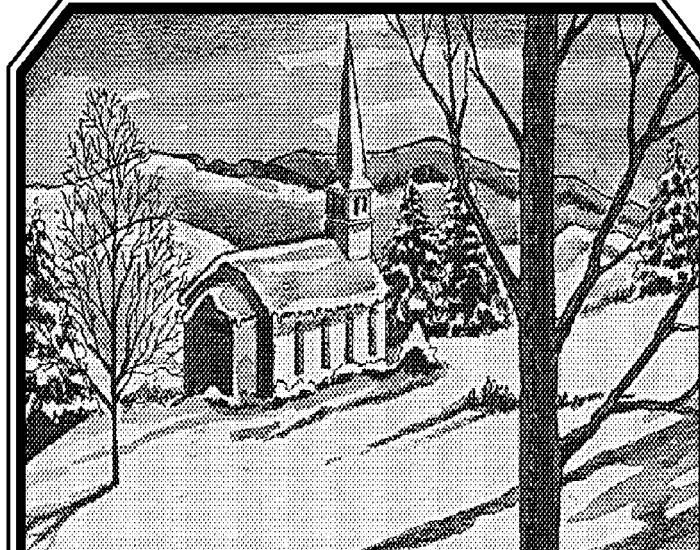
and moisturized.

• Shower your skin with moisture-Apply your moisturizer directly following showers and baths, as this is the optimal application time for retaining the maximum amount of moisture. Use a therapeutic formulation such as Palmer's Shea Butter Formula Lotion, ideal for healing desert-dry patches and leaving behind a long-lasting glow.

• Take your vitamins-Vitamins A, B, C, E and K all help improve skin's health. Whether you are ensuring these nutrients are in the food you consume or taking a potent multivitamin on a daily basis, these nutrients play a huge role in radiant skin.

Learn More

You can find more information about skin care online at www.etbrowne.com or by writing to the E.T. Browne Drug Co., Inc., P.O. Box 1613, Englewood Cliffs, N.J. 07632.

"For unto you is born this day in the city of David a Saviour, which is Christ the Lord."
— Luke 2:8

Hallelujah!

Wishing you a world of peace and joy at the celebration of His birth.

Brown's Food Center
Hackberry, LA

Brown's Neighborhood Market
Grand Lake, LA

A Message Of PEACE



May the Lord's bounty be opened to you and yours in this and every holiday season.

LAKE ARTHUR BUTANE Co.

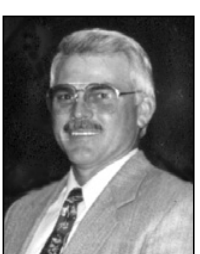
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We Wish You A Merry Christmas And A Happy New Year!




Wilson "Boogie" Lejeune,
LUTCF, Agency Mgr.



Tim Dupont,
LUTCF, Special Agent

MAIN OFFICE:
10419 Gulf Hwy.
Lake Charles, LA
Hours: Mon.-Thurs.
8 a.m. - 4:30 p.m.
Friday -- 8 a.m. - 4 p.m.
337-905-4807

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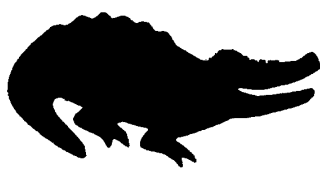
BE A PART OF THE PROGRESS AS WE SEE OUR NEW STATION BEING BUILT!

LET'S TALK!!!

Call Ron Johnson At:
(337) 274-1837




LEGAL NOTICES



Sabine's Wetland Walkway to be reopened on Dec. 22

Individual Seafood Casseroles

The Sabine National Wildlife Refuge's Wetland Walkway will be open to the public beginning at sunrise Saturday, Dec. 22. The long awaited repairs to the hurricane Rita damaged Wetland Walkway, the refuge's famous walking trail along the Creole Nature Trail All American Road, are finally complete.

"It took quite a while, over two years in fact, to complete all the repairs, but they were quite extensive", said Terry Delaine, Refuge Manager. "Visitors can now look forward to a completely replaced boardwalk and observation tower, five replaced rest shelters with new benches, a completely refurbished restroom, a re-paved and re-stripped parking lot, and extensive cement and dirt work," added Delaine.

The dirt work along the cement walkway was just completed and planted with grass seed this month, so it is important not to step off the cement walkway. Wildlife is abundant throughout the refuge marshes and there are lots of ducks, geese, and wading birds to see from the walkway.

Just a couple weeks ago a flock of black-bellied whistling ducks was standing on the walkway itself near the observation tower. On warm days alligators can be seen sunning along the trail and other areas within the refuge.

Manager Delaine invites everyone to visit the newly reopened Wetland Walkway beginning this Saturday morning. The Sabine National Wildlife Refuge Wetland Walkway and the Blue Goose Trail are both wonderful walking trails to share with friends and family

during the holidays.

They provide great opportunities to view and photograph wildlife as well as a place to just get out of the house and get a bit of sunshine. Please remember to keep your pets on a leash and to carry out everything that you carry in.

The U.S. Fish and Wildlife Service is the principal federal agency responsible for conserving, protecting, and enhancing fish, wildlife, and plants and their habitats for the continuing benefit of the American people.

The Service manages the 95-million-acre National Wildlife Refuge System that encompasses more than 540 national wildlife refuges, thousands of small wetlands, and other special management areas.

It also operates 70 national fish hatcheries, 64 fishery resource offices and 78 ecological services field stations. The agency enforces federal wildlife laws, administers the Endangered Species Act, manages migratory bird populations, restores nationally significant fisheries, conserves and restores wildlife habitat such as wetlands, and helps foreign governments with their conservation efforts.

It also oversees the Federal Aid program that distributes hundreds of millions of dollars in excise taxes on fishing and hunting equipment to state fish and wildlife agencies.



Restoration of Holly Beach Drainage Facilities pursuant to the certain contract between K.A.S. Construction, LLC and said Cameron Parish Jury recorded under File No. 305685 in the Book of Mortgages, Cameron Parish, Louisiana.

NOTICE IS HEREBY GIVEN that any person or persons having claims arising out of the furnishing of labor, supplies, material, etc., in the construction of the said work should file said claim with the Clerk of Court of Cameron Parish, Louisiana on or before forty-five (45) days after the first publication hereof, all in the manner and form as prescribed by law. After the elapse of said time, the Cameron Parish Police Jury will pay all sums in the absence of any such claims or liens.

BY: BONNIE W. CONNER, SECRETARY
Run: Dec. 6, 13, 20, 27, Jan. 3, 10, 17 (D 18)

NOTICE FOR BIDS CAMERON PARISH WATERWORKS DISTRICT NO. 10

Sealed bids will be received by the board of Directors of Cameron Parish Waterworks District #10 at the Johnson Bayou Waterworks Office until 3:00 p.m. on January 8, 2008 for official journal.

Please submit bids to 159 Berwick Road, Cameron, Louisiana 70631.

The Board of Directors reserves the right to reject any/all bids and to waive formalities. Waterworks District #10 Run Dec. 13 & 20 (D 22)

PUBLIC NOTICE CAMERON PARISH WATERWORKS DISTRICT NO. 10

In compliance with Act #467 of the 1999 Legislature regarding open public meeting laws, regarding meetings of Cameron Parish Waterworks District #10 for the year 2008, are to be held as follows:

A. Meetings will be held on the 2nd Tuesday of each month.

B. Meetings will be held at the Johnson Bayou Gravity Drainage office, unless otherwise advertised.

C. Time of meeting is set for 6:00 p.m.

D. Change of meeting or call of Special meeting will be published at the office at least twenty-four (24) hours prior to such meeting.

E. In case of an extraordinary emergency, such notice shall not be required, however, the public body shall give such notice of the meetings as it deems appropriate and circumstances permit. Board of Commissioners Cameron Parish Waterworks District #10 Run: Dec. 13 & 20 (D 23)

PUBLIC NOTICE Summary Available of Fiscal Year of 2008 Budget

All interested persons are hereby notified that a summary of the Fiscal Year 2008 budget of the Cameron Parish Waterworks District #10 is available for public inspection at 159 Berwick Road, Johnson Bayou, Louisiana, 70631.

The budget summary and documentation necessary to support the summary are available at the Waterworks office from 8:00 a.m. to 3:00 p.m., Monday - Friday. Run: Dec. 20 (D 33)

PUBLIC NOTICE

Sealed bids will be received by Cameron Parish Police Jury until 11:30 a.m., Wednesday, January 9, 2008 in the Police Jury Administrative Office, 122 A Recreation Center Lane, Cameron, Louisiana, for the purchase of limestone.

All bids must be submitted on bid forms which may be obtained from the Police Jury Administrative Office by calling (337) 775-5718.

BY: /s/ Bonnie W. Conner, BONNIE W. CONNER, Secretary Run: Dec. 13 and 20 (D 34)

PROCEEDINGS

Minutes of the Regular Meeting of the Cameron Parish Gravity Drainage District No. 3, held on Tuesday, October 16, 2007, at 2:30 p.m. at the Cameron Parish Water District #1 Building, Cameron, LA.

Members Present: Scott Henry, Edward Racca, Jr., and Mike Johnson.

Members Absent: Joe Dupont and Coy Mudd.

Others Present: Carl Faulk and James Savoie.

A motion was made by Edward Racca, Jr., seconded by Mike Johnson, and unanimously carried to approve the minutes of the September 18, 2007, regular meeting as written.

A motion was made by Scott Henry, seconded by Mike Johnson, and unanimously carried to approve the Financial Report for the month of September, 2007, and approve the following bills for payment:

1. Paul Alexander, \$1,000.00
2. AK Construction & Development, LLC, 9,960.00
3. A Daisy A Day, Inc., 54.50
4. Red Man Pipe & Supply Company, 33.43
5. Ready Rental & Supply LLC, 5,462.00
6. Louisiana Companies, 337.50
7. L & L Oil & Gas Services, LLC, 4,998.07

Mr. Carl Faulk presented current pictures of his property as well as pictures immediately following Hurricane Rita. He suggested that the Board obtain the services of a dozer to remedy the problem and get the levee back to pre-Hurricane Rita condition. A motion was made by Mike Johnson, seconded by Edward Racca, Jr., and unanimously carried to approve this work to be done, including the entire length of the School Board Lateral from

the Beach Road to Davis Road. It was also agreed to schedule an assessment to clean up the Bolo Lateral from Cam Mart to the Gulf Motel.

It was reported that a culvert on the North Cameron Levee is leaking at a high rate and needs to be replaced as soon as possible, pending weather conditions. The replacement culvert with flap is in stock. This work was approved by consensus of the Board.

Scott Henry advised the Board that a 24" culvert with flapgate was installed on Ruby Lane at the north end of the road. This was a cooperative endeavor agreement between the District and the Cameron Parish Police Jury. Also, work was completed on Bonsall, Thomas, Pierre, and Louise Streets, as well as the Leesburg Lateral and A. R. Mudd lateral. It was reported that Paul Alexander will finish up the vegetation control spraying for the year at the weather turns cooler.

Scott Henry advised the Board that he, Edward Petersen, Rusty Welch, and Coy Mudd met with Mr. Richard Snelling and Mr. Ryan Stamer of the Legislative Auditor's Office on October 15, 2007, at their request.

A motion was made by Mike Johnson, seconded by Scott Henry, and unanimously carried to transfer \$100,000.00 from a Certificate of Deposit maturing on November 1 to the Maintenance Account.

Mr. Edward Racca, Jr., regrettably resigned from the Board, effective the end of October, 2007, due to increasing responsibilities of his job. The Board unanimously accepted the nomination of Lisa Stewart by Police Juror James Doney to fill the vacant position on the Cameron Parish Gravity Drainage District No. 3 Board of Commissioners, thus vacated by Mr. Racca. If her appointment is approved by the Police Jury at its next meeting, Mrs. Stewart will take the oath of office and take her position on the Board, effective with the November regular Board Meeting.

There being no further business, the meeting was adjourned.

E. Scott Henry, President
A. Edward Racca, Jr., Secretary-Treasurer
Run: Dec. 20 (D 37)

GRAND CHENIER FIELD 08-34

LEGAL NOTICE STATE OF LOUISIANA, OFFICE OF CONSERVATION, BATON ROUGE, LOUISIANA

In accordance with the laws of the State of Louisiana, and with particular reference to the provisions of Title 30 of Louisiana Revised Statutes of 1950, a public hearing will be held in the Hearing Room, 1st Floor, LaSalle Building, 617 North 3rd Street, Baton Rouge, Louisiana, at 9:00 a.m. on WEDNESDAY, JANUARY 16, 2008, upon the application of LLOG EXPLORATION COMPANY LLC.

At such hearing the Commissioner of Conservation will consider evidence relative to the issuance of Orders pertaining to the following matters relating to the 15,000' Zone, Reservoir B, in the Grand Chenier Field, Cameron Parish, Louisiana.

1. To establish rules and regulations governing the exploration for and production of gas and condensate from the 15,000' Zone, Reservoir B.

2. To create a single drilling and production unit and to force pool and integrate all separately owned tracts, mineral leases and other property interests within the unit so created in accordance with Section 10, Title 30 of the Louisiana Revised Statutes of 1950, with each separate tract sharing in unit production on a surface acreage basis of participation.

3. To designate a unit operator and unit well for the proposed unit as may be appropriate.

4. To provide that future wells drilled to the 15,000' Zone, Reservoir B, within or outside of the proposed unit shall be located in accordance with the provisions in LAC 43:XIX.1901 et seq. (Statewide Order No. 29-E).

5. To provide that the Commissioner of Conservation may reclassify the 15,000' Zone, Reservoir B, by Supplemental Order and without the necessity of a public hearing should be such reclassification be warranted based upon evidence furnished to the Commissioner of Conservation.

6. To consider such other matters as may be pertinent.

The 15,000' Zone, Reservoir B is hereby defined as that gas and condensate bearing zone encountered between the depths of 14,878' to 16,053' (electrical log measurements) in the LLOG Exploration Company, LLC - B.P. America Production Company No. 1 Well (WSN 234427), located in Section 25, Township 14 South, Range 5 West.

A plat is available for inspection in the Office of Conservation in **Baton Rouge** and **Lafayette, Louisiana.**

www.dnr.state.la.us/CONS/CONSEREN/hearings/pubhearings.htm

All parties having interest therein shall take notice thereof. BY ORDER OF:

JAMES H. WELSH COMMISSIONER OF CONSERVATION

Baton Rouge, LA 12/11/07; 12/14/07 L lck
IF ACCOMMODATIONS ARE REQUIRED UNDER AMERICANS WITH DISABILITIES ACT, PLEASE ADVISE THE OFFICE OF CONSERVATION-ENGINEERING DIVISION AT P. O. BOX 92475, BATON ROUGE, LA 70804-9275 IN WRITING WITHIN TEN (10) WORKING DAYS OF THE HEARING DATE. Run: Dec. 20 (D 38)

PROCEEDINGS Cameron Parish Public Library Board of Control October 15, 2007

President, Cyndi Sellers called the Cameron Parish Public Library Board of Control meeting to order on Tuesday, October 15, 2007 at the Grand Lake Library at 4:30 p.m. The following members were present: John Calzada, Stephanie Rogers, Wanita Harrison and Cyndi Sellers.

Absent were: Kenny Trahan, Gail Delcambre and Darryl Farque, Police Jury ex-officio member.

Wanita Harrison led the prayer and Gail Delcambre led the Pledge of Allegiance.

On the motion of Mr. Calzada, seconded by Mrs. Rogers and carried the board unanimously voted to accept the September 17, 2007.

On the motion of Mr. Calzada, seconded by Mrs. Harrison and carried the board unanimously voted to accept the financial report.

On the motion of Mr. Calzada, seconded by Mrs. Rogers and carried the board unanimously voted to accept the Cheniere tax plan schedule for annual participation.

On the motion of Mr. Calzada, seconded by Mrs. Rogers and carried the board unanimously voted to accept the proposal for the Hackberry Air Conditioner.

Ms. Troclair explained she had received word from Matthews Specialty Vehicles that the new bookmobile provided by the Bill & Melinda Gates Foundation has been delayed.

On the motion of Mr. Calzada, seconded by Mrs. Harrison and carried the board unanimously voted to make no changes to the Grand Chenier Library square footage.

There was no information to report on the Johnson Bayou Library possible change of location.

On the motion of Mr. Calzada, seconded by Mrs. Harrison and carried the board unanimously voted to use the technology grant funds to install a satellite on the new bookmobile.

On the motion of Mr. Calzada, seconded by Mrs. Rogers and carried the board unanimously voted to allow Ms. Troclair and one staff member to attend the Public Library Conference.

The next meeting was set for November 27, 2007 at 4:30 p.m.

There being no further business and upon motion of Mrs. Rogers and seconded by Mrs. Harrison the meeting was adjourned.

APPROVED: /s/ Cyndi Sellers, Cyndi Sellers, Board President

ATTEST: /s/ Charlotte Troclair, Charlotte Troclair, Secretary Run: Dec. 20 (D 40)

NOTICE BY OWNER OF ACCEPTANCE OF WORK

This is to advise that the contract between Water Works District No. 2, Ward 6, and Bergeron Welding, Inc. dated January 29, 2007, in the amount of \$347,571.36, which was filed and recorded on January 29, 2007, bearing File #302388, of the Records of Mortgages for Cameron Parish, Louisiana, is substantially complete and was accepted by Water Works District No. 2, Ward 6, on November 27, 2007, and was recorded at the Cameron Parish Clerk of Court on November 29, 2007.

Any person or persons holding a claim against said contract for New Administration/Shop Building; Cameron Parish, Louisiana; LEI Project No. 06-030; should file a claim with the Clerk of Court of Cameron Parish, Louisiana, on or before January 13, 2008.

Water Works District No. 2, Ward 6 /s/ Alton Schexnider, President Run: Dec. 6, 20 & Jan. 3 (D 5)

NOTICE TO BIDDERS

Bids are being solicited as follows and sealed bids will be opened and publicly read by the Purchasing Section of the Department of Natural Resources, Room 1263, 12th Floor, 617 N. 3rd St., Baton Rouge, La. 70802 at 11:00 a.m., on January 03, 2008.

Bid Proposal Number 431-2003-PA08-010

Abandonment of oil field sites located in Hackberry, East, and Wildcat Fields, Cameron Parish.

Only those contractors on the list of contractors approved by the Oil Field Site Restoration Commission as of December 06, 2007 the first public notice of solicitation, will be eligible for consideration. (Reference: Louisiana Oilfield Site Restoration Law, R. S. 30:80 et seq., ACT 404 of 1993)

A notice to bidders will be mailed to eligible contractors. Bid proposal form and specifications will be presented at the mandatory site visit to pre-registered contractors. Additional information may be obtained from the Department of Natural Resources, Office of Conservation, P. O. Box 94275 (617 N. 3rd St. - 9th Flr), Baton Rouge, LA. 70804-9275, Attention: Oilfield Site Restoration Division (or call Oilfield Site Restoration Division at 225-342-6397).

Evidence of authority to submit the bid will be required in accordance with R. S. 38:2212 (A)(1)(c) and/or R. S. 39:1594 (C)(2)(d).

This notice published to comply with Public Bid Law. Run: Dec. 6, 13 & 20 (D 12)

LEGAL NOTICE

This is to advise that the Cameron Parish Police Jury meeting in regular session convened on the 3rd day of December, 2007 accepted as complete and satisfactory the work performed under Project Number 2007-09: Post Rita

— JOB AD —

The Cameron Parish School Board is accepting applications for the position of Office Clerical. Minimum Bachelor's degree from accredited technical school, college or university. Experience in computerized data entry, filing, telephone, reception and other office skills preferred.

Starting Salary: Non-degreed - \$26,087.10; Associate's - \$27,587.10; Bachelor's - \$28,587.10, (increases accrued per verifiable years of applicable experience; all full-time benefits available).

Applicants must provide the following:

- Certified copy of college/university transcript(s)
- Copy of current driver's license
- Complete resume of professional accomplishments and educational preparation, proficiency in specific computer programs, and including a minimum of three (3) letters of recommendations

Please mail application to: Stephanie Rodrigue, Superintendent, Cameron Parish School Board, P. O. Box 1548, Cameron, LA 70631, or hand deliver to Superintendent Stephanie Rodrigue: 1027 Hwy. 384, Grand Lake, LA 70607 (in temporary building on west side of Grand Lake High School)

Application Packet Receipt Deadline: January 4, 2008.

RUN: Dec. 13, 20, 27 & Jan 3 (D-35)

— JOB AD —

The Cameron Parish School Board is accepting applications for the position of Business Manager (2 to be hired). Minimum Bachelor's degree from accredited college or university required. Experience in accounting, finance or related areas preferred.

Starting Salary: BA or BS - \$42,034.76; Master's - \$42,579.76; PhD or CPA - \$42,961.26, (increases accrued per verifiable years of applicable experience; all full-time benefits available).

Applicants must provide the following:

- Certified copy of college/university transcript(s)
- Copy of current driver's license
- Complete resume of professional accomplishments and educational preparation, proficiency in specific computer programs, and including a minimum of three (3) letters of recommendations

Please mail application to: Stephanie Rodrigue, Superintendent, Cameron Parish School Board, P. O. Box 1548, Cameron, LA 70631, or hand deliver to Superintendent Stephanie Rodrigue: 1027 Hwy. 384, Grand Lake, LA 70607 (in temporary building on west side of Grand Lake High School)

Application Packet Receipt Deadline: January 4, 2008.

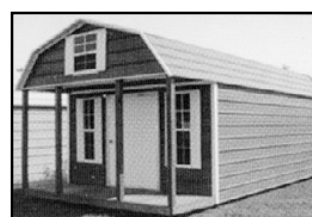
RUN: Dec. 13, 20, 27 & Jan 3 (D-36)

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Lake Charles, La.

Hackberry residents want relief from the mosquitoes

Dear Editor:

Who do you turn to for answers? I am a resident of Cameron Parish (Hackberry). We are plagued with an infestation of mosquitoes.

I have contacted Julian Robicheaux, of Cameron Parish Mosquito Control several times in the past three months, to NO avail. The trucks that spray do absolutely no good. The only relief we get is from aerial spraying. I have asked to the point of begging to get the plane up. I was informed last week that five other residents of Hackberry had called with the same request. One of those residents has a mosquito trap positioned on his property. . . this trap has had several mosquitoes test positive for West Nile in the past.

What I was told by the head of Cameron Parish Mosquito Control was that I (and my 3 year old granddaughter who loves to be outside) should simply "stay inside". As everyone knows,

this is not a feasible response. The mosquitoes are as bad throughout the day, as they are at dawn and dark.

When the plane does fly. . . we are mosquito free for almost a month. Surely the cost of aerial spraying this parish is comparable to the expense of hiring the truck drivers, gas, and chemicals.

I do understand that weather conditions are not always conducive for the plane to fly. . . fog and high winds are indeed a factor. However, we have had many beautiful evenings the plane could have flown.

I have contacted my Parish Police Juror, the Hackberry Mosquito Board Member, our State Representative, DHH, The American Press, and others. Charles Boustany's office is looking into the matter.

Hopefully Mr. Robicheaux will listen to the residents eventually.

/s/ Amy Hebert
Hackberry

Keeping joint problems in check is very important

(NAPSA)-While many tend to associate daily exercise programs with energetic lifestyles, the truth is that adults are often just as active when they're engaged in hobbies, vocations and their regular routines.

For the 66 million Americans, young and old, who experience stiffness and joint discomfort, the physical activity associated with tasks such as house and garage cleaning, cooking, shopping, decorating and entertaining can present a real challenge.

The good news is that with a little bit of planning and foresight, you can organize everything and still keep yourself shipshape and moving. Here are some tips from Move Free® Advanced, a leader in joint health supplements:

- Plan ahead. Organize tasks in ways that conserve energy and are less likely to promote joint discomfort. For example, break your projects down by floors and focus on all the projects you need to tackle on each floor of your house in turn.

- Turn big jobs into smaller ones. Do a load of laundry every other day instead of trying to do all the laundry in a single day.

- Eat right to feel right. Many believe that eating a balanced diet can help to prevent achy joints from occurring. That's because a bal-

anced diet can provide the body with natural vitamins and nutrients required by the body's joints.

- Keep moving. Moderate exercise can help to strengthen joints and promote flexibility. Losing weight or maintaining a healthy weight can also help to lessen the stress or strain on the joints, especially the knees.

- Consider a dietary supplement to round out your diet and exercise regimen. Since the GAIT (Glucosamine/Chondroitin Arthritis Intervention Trial) study, funded by the National Institutes of Health, endorsed glucosamine and chondroitin as an alternative treatment for sore joints, they have been widely recommended for relief of joint discomfort.

Glucosamine and chondroitin are used by the body to help make and maintain cartilage, providing skeletal support and improving joint mobility. One of the latest developments in the category is Move Free Advanced, a combination of glucosamine, chondroitin and two unique ingredients.

These special ingredients protect joints and cartilage from breaking down and also replenish your joints, signaling the body to produce more fluid.

To learn more, visit www.keepmovingwithmovefree.com.

Eye exams help students to succeed in school

(NAPSA)-Although 80 percent of what children learn comes through their eyes, many do not have a comprehensive eye exam during the school year. According to a recent survey by VSP Vision Care, two-thirds of children under 18 haven't had an eye exam in the last year, and more than half have never had a comprehensive exam.

With increased computer and video game use these days, there's more reason than ever to make sure your child's eyes are getting the care they need.

Computers + Increased Use = Eyestrain

The U.S. Census reports that 54 million U.S. kids spend more than four hours a day on computers. What's the result? Many children experience Computer Vision Syndrome (CVS), which causes headaches, eyestrain and blurred vision. This can hurt a student's classroom performance and can lead to behavioral problems.

Five Tips To Help Prevent Children's CVS:

1. Take your child for a comprehensive eye exam.

2. Apply the 20/20 rule- every 20 minutes have your child take a break and look away from the computer screen for at least 20 seconds.

3. Change the viewing angle of the monitor for your child's use: Keep it 20 inches away from their eyes, with the center 15 degrees below their eyes.

4. Reduce glare on the screen by lowering bright overhead lighting.

5. Encourage your youngster to blink often. Blinking bathes the eyes in tears, which reduces dryness.

Student + Eye Exam = Many Benefits

The benefits of an eye exam can extend far beyond the classroom, say the experts at VSP Vision Care. Healthy vision lets kids succeed on the playground or at home reading their favorite book.

Ultimately, an eye exam may even help unlock a struggling student's potential and send him or her to the head of the class, while improving the child's everyday life.

For more information on preventing CVS or to find an eye doctor nearby, visit www.vsp.com.

Feel younger longer with some suggestions

(NAPSA)-A healthy lifestyle can help you improve with age. Here are a few steps to consider.

Be Proactive

- Reduce your risk of heart disease with a cholesterol screening every five years, starting at age 35 for men and 45 for women.

- Starting at age 40, women should have a mammogram every one to two years.

- Diabetic adults are two to four times more likely to suffer a stroke than those without this disease, which a doctor can detect before symptoms occur.

Stay Active

- Make fitness a priority. Studies show loss of function has more to do with lack of exercise than with age.

- Muscles lose strength when not used and joints tend to weaken with age. Aim for 30 minutes of daily exercise.

- Plant a garden, play golf or rally on the tennis court. An active lifestyle can provide arthritis relief, sleep improvement and a reduced risk of heart disease and cancer.

Eat Well

- Studies show that a healthy diet provides up to a 16 percent decrease in mortality rate.

- Healthier eating could reduce cancer deaths in the U.S. by 35 percent, according to the U.S. Department of Health. Eat 2 1/2 cups of vegetables every day.

- Eat 2 cups of fruit a day. One medium-size fruit is

equal to half a cup. Help lower blood pressure by eating potassium-packed food such as bananas, oranges and cantaloupe.

- Studies show grains reduce the risk of type 2 diabetes 30 percent. Aim for 6 ounces a day.

- Most Americans consume only half of the fiber they need. To help reduce the risk of heart disease, eat fiber-rich foods such as black beans, citrus fruits and nuts.

Take Care

- Take care of yourself emotionally. The Harvard School of Public Health says having family and friends can help maintain cognitive function.

- The American Medical Association says brain health is much like your muscles: Use it or lose it. Exercise your mind by reading the newspaper or writing a letter daily.

- Try a new hobby or travel to new places. Researchers include a sense of meaning and purpose among the top factors in determining the pace of aging.

Learn More
To learn more, visit www.healthsaver.com or call (800) HEALTH.

- During her career as a figure skater, Peggy Fleming earned five U.S. titles, three world titles and a 1968 Olympic Gold Medal. She was the first skater invited to perform at the White House and was honored by Sports Illustrated as one of seven "Athletes Who Changed the Game."

Your "Check Engine" light on? No need to panic

(NAPSA)-You're driving alone late at night and you're miles from home when suddenly, without warning, your "Check Engine" light comes on.

What should you do?

Immediately pull over to the side of the road, turn off the engine and call for emergency road assistance?

Keep driving in the belief that it's something trivial such as a loose gas cap and you'll tend to it when you have a minute?

Ignore it, thinking it's a minor "glitch" that will fix itself, hoping to avoid costly repairs-especially if your car is out of warranty?

According to auto-industry statistics, more than 8 percent of all vehicles on the road today have their "Check Engine" lights on. The most common reason for this is a loose gas cap. In fact, about 17 percent of vehicles have either gas caps loose, damaged or missing.

An illuminated "Check Engine" light, however, can be caused by several problems-from loose gas caps to engine misfires to more serious matters. So it's nothing to be taken lightly. At the same time, it's not something one should panic about.

Automotive vehicles dating from 1996 to the present, including cars, light trucks, minivans and SUVs, are equipped with an onboard diagnostic system.

Mandated by the U.S. government to limit a vehicle's emissions output, this sophisticated computer system monitors and adjusts dozens of components and processes. It won't tell you your tires are wearing thin, but it will monitor about 80 percent of your car's operating systems.

When the computer finds a problem that it can't correct, it turns on your "Check Engine" light, thereby serving as an early warning device.

If the light remains illuminated while you are driving, there is no need to panic. It's simply an indicator that you should have your vehicle checked.

You should not continue driving for prolonged periods, nor should you embark on a lengthy road trip without seeing your mechanic. Also, if your vehicle is due for a state emissions test, an illuminated light is a good indicator that your car will fail. In some states, it's an automatic failure.

A blinking or flashing "Check Engine" light requires more prompt attention as it may indicate a more serious problem. If that occurs, minimize driving at high speeds or under heavy loads and see a trained service technician to prevent costly damage to your vehicle.

A good rule of thumb is to refer to your vehicle's service manual for what to do. There are other easy ways to diagnose hidden problems yourself and ensure that your car remains road-trip ready. One of these is the CarMD (www.CarMD.com) diagnostic device that employs the same basic technology used by mechanics to diagnose and remedy light problems.

The handheld device plugs into a vehicle's OBD II port (usually found beneath the dashboard) and quickly scans for potential problems. The software that comes with the tool helps decode those problems in easy-to-understand language, along with probable causes, probable fixes and estimated repair costs.

Considering that most mechanics generally charge upwards of \$100 or more to run similar tests, a device like CarMD, priced at \$89.99, can save both time and money. Additionally, it gives you the upper hand in knowing the problem and estimated repair cost before your mechanic presents you with a detailed and most likely costly repair estimate.

So next time your light comes on, don't become alarmed. It's there for a purpose-to help you drive safer.

For more information, visit www.CarMD.com or call (888) MyCarMD (888-692-2763).



Merry Christmas & A Joyful New Year

To ALL of Cameron Parish
From
Your Registrar of Voters Office
Suzanne Sturlese, Registrar
Michelle Richard, Chief Deputy

Christmas Blessings

May the light of His Love dwell in your hearts this Christmas Season and all the year round.

Wishing You A Merry Christmas & A Happy New Year!

Loston & Glender McEvers

Merry Christmas to all!

"Glory to God in the highest, and on earth peace, good will toward men."
-Luke 2:14

Wishing you exceeding great joy as we celebrate the birth of our Savior.

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A Blessed Christmas!

We thank all of the people who have helped us through the year. Let us continue to work together. May God bless each and every one of us. Merry Christmas & Happy New Year! Let us all keep Christ in Christmas.

Thank You!
Cameron Parish Branch NAACP,
Chapter President, LOUISE COLE

May Faith Be Your Guide

During this holy season, may you follow your heart to a place of peace, contentment and joy.

Wishing Everyone A Merry Christmas & A Happy New Year

Paul & Cyndi Sellers

Large Fresh Harvest Basket
Includes 2 pounds of our famous mammoth pecan halves, 2 pounds of our seedling native pecans and 2 pounds of our pecan pieces. All are packaged in our bold red harvest basket. Item 901-043 \$74.99

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Sheriff's Report

The following arrests were made by the Cameron Parish Sheriff's office Dec. 11-18:

Elaina Faye Dixon, 29, 2517 Stingray, Lake Charles, Bench Warrant.

John Paul Chesson, 20, 193 Chesson Rd., Lake Charles, Out of Parish Warrant.

Aaron Daniel Broussard, 22, 102 Kellogg St., Lake Arthur, Bench Warrant.

Steven K. Boullion, 47, 150 Mildred St., Cameron, DWI, Careless Operation.

Migrel Angel Chimal-Arteaga, 36, Vinton, Public Intoxication.

Keith Joseph Hebert, 52, Waggaman, Out of Parish Warrant.

Stephen Michael Beard, 40, Oakdale, Driving Under Suspension, Speeding, Careless Operation.

Custodio E. Quiroz-Gutierrez, 52, Houston, Illegal Carrying of a Weapon, No Drivers License for the U.S.A., Speeding, No Insurance.



GRAND LAKE 4-H Winners at the Fall 4-H day held in Hackberry are shown above, from left: Landon Jinks, Luke Miller, Jarrett Nunez, Jensen Bertrand, and Abby Miller. In Pick-A-Career, Landon Jinks and Jarrett Nunez received Honorable Mention and Blair Little placed first. Abby Miller placed first in both apron sewing and in sewing craft. In the cookery category of seafood-shrimp, Luke Miller placed first. In seafood cookery-crab, Abby Miller placed first. In Sugar Cookery, for the category of "other desserts", Landon Jinks placed second in the elementary division; in the junior division, Luke Miller placed second, and Jarrett Nunez placed first. In Sugar Cookery-baked items, Abby Miller placed first. For Beef cookery-One Dish, Abby Miller placed first and Luke Miller placed second.
(Photo by Jarrett Nunez.)



South Cameron High Student Council sponsored a Toys for Tots drive and raised \$615. Making the donation to Deputy David Hebert are Raj Patel, Lakin Labove, Devon Richard and Thomas Lee Trosclair.

Deadlines have changed for holidays

The Cameron Pilot will be closed Monday, Dec. 24 and Tuesday, Dec. 25 for the Christmas holidays. The deadline for news articles, pictures, display advertising and classified ads is Friday, Dec. 21 at 4 p.m.

If you have any questions about the deadlines, call 800-256-2373 or 786-8004.

The staff wishes you and yours a safe and Merry Christmas.

Blooming flowers tend to make people bloom

By **DR. BRIDGET K. BEHE, PhD**

(NAPSA)-Can flowers make people bloom? A Rutgers University study showed that having flowers around evokes many positive emotional, physical and psychological benefits. Here are some tips to prolong the enjoyment you get from flowers:

- **Cool Off**-While preparing to put the flowers in a vase, store the blooms in a cool place.
- **Keep it Clean**-Vases, floral clippers and knives should be clean. How clean the tools and container are can truly affect the presentation and life of the flowers. Wash the tools and selected flower container with a detergent or antibacterial cleaning solution.
- **Food for Thought**-Commercial flower food solution is a must. Follow the mixing instructions on the flower food packet. Most packets should be mixed with either a pint or a quart of water. Flower foods should not be diluted with more water than is specified.
- **Leaf 'Em Out**-If the leaves on the stems will fall below the water line, remove. Leaves in water will promote bacterial microbial growth that may limit water uptake by the flower.
- **Under the Knife**-Recut

stems by removing one to two inches with a sharp knife or floral shears while under warm water. Place the flowers in the vase solution you've prepared.

- **Climate Control**-Keep fresh flowers out of direct sunlight and away from drafts.

Maintenance Musts-

- **To prolong the life of fresh-cut flowers, simple maintenance is a must.** It is important to recut stems and change water often. The Flower Doctor offers these other things to consider:
 - **Do Downsize**-The once appropriately sized vase may be too big once the stems are cut. Move to a smaller vase and rearrange.
 - **Divide and Decorate**-Don't be afraid to separate flowers into different groupings and move them into different rooms of your home as the stems get shorter and the vase gets smaller.
 - **Maximum Enjoyment**-When flowers are coming to the end of their life cycle, cut the stems 1/2" from the blooms and float them in a bowl of water (maybe accompanied by some floating candles, stones or marbles).
- **Dr. Behe is a professor of horticulture at Michigan State University.** You can ask her questions at www.flower-possibilities.com/ask.html.

Brain food for kids

- **Omega-3 fatty acid: DHA.** An important player in supporting cognitive function and an important building block for the brain, DHA is easily incorporated into your child's diet with Horizon Organic Milk Plus DHA Omega-3. Kids can enjoy milk fortified with DHA at every meal, and it doesn't taste any different than regular milk.
- **Choline.** Found in eggs and nuts, this nutrient is important for the creation of neurotransmitters within the brain and nervous system. Start the day with some scrambled eggs with veggies. Kids won't eat eggs? Try French toast sprin-

kled lightly with powdered sugar.

- **Antioxidants.** Strawberries and blueberries are packed with antioxidant vitamins such as A and C. Work in fruit at mealtimes and snacks. Get frozen berries and help kids make their own smoothies using organic milk or yogurt.
- **Whole Grains.** Whole grains are rich in folate and other B vitamins that help support a healthy nervous system. Whip up a batch of kid-friendly whole wheat pancakes and make sandwiches using 100 percent whole grain bread or tortillas for lunch.

List of top tech gadgets

(NAPSA)-The holidays are here and the shopping craze is in full swing. There's something special about watching someone's eyes light up when opening your gift. But finding the perfect gift becomes more difficult every year, especially when it comes to shopping for family. And though you mean well, you don't want to become known as the person whose gifts get returned.

This year, there are lots of fun technology products and accessories that make excellent holiday gifts and stocking stuffers for everyone in the family. Consumer electronics top wish lists year after year, and here are some ideas to get you started.

For a friend: Abbi New York Laptop Bags

Your girlfriends will love these gorgeous and affordably priced laptop bags that combine functionality and stylish elegance that cater to every woman's taste. www.abbinewyork.com

For a significant other: iPhone

This year's hottest tech gadget, the iPhone integrates a cell phone, PDA and MP3 music player into one sleek device. It even allows users to surf the Web. It sports a stunning display, beautiful design and innovative multitouch user interface that you would only expect from Apple. Enough said. www.apple.com

For Grandparents: Presto

Presto lets grandparents receive e-mail and digital photos without a computer or Internet connection. The Presto Service transforms your messages and pictures

into beautiful, full-color Presto Mail that is retrieved and printed by the HP Printing Mailbox via an existing phone line. Now it's easy for the extended family and friends to include grandparents in family e-mails. www.Presto.com

Jitterbug Cell Phones

For consumers who have no need for fancy bells and whistles, Jitterbug makes it simple and affordable to connect with family and friends while away from home. Developed to provide consumers with a simple, personalized cell phone experience, each phone features large, backlit buttons, simple "yes" and "no" action buttons and a live, 24-hour Jitterbug operator. www.jitterbug.com

For the kids: iPod nano

The world's most popular digital music player just got better. Apple's iPod nano now lets users enjoy TV shows, movies and music. Video capability, together with an improved display, makes the nano an ideal holiday gift for your kids. www.apple.com

Xbox 360

Microsoft's Xbox 360 might just be the perfect gift for those kids who are willing to tear themselves away from their IM buddies long enough to play a few video games. Whether they want to challenge a few football greats in "Madden NFL" or save the human race in "Halo 3," Xbox 360 is the next generation of gaming and entertainment. www.xbox.com

If you want to find out more about any of these gift ideas before purchasing, current users are a great source

Classifieds

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CENTURY21 BESSETTE Realty, Inc., 3025 Lake Street, Lake Charles, La. 70601 USA, Office: 337-474-2185, Grace Robideaux, Realtor Direct line: 337-310-2167, Cell: 337-496-1611, SWLA Association of Realtors, Harvey Bessette, Owner, & Tara Demarie, Broker:

HEBERT CAMP Road lots: Tract 3 & 4 located on corner of Hebert Camp Road and Tract 1 is situated West of home at 115 Hebert Camp Road. Survey in file. Call Grace @ 496-1611 for more details.

•115 **HEBERT Camp Road:** Precious 3 yr old 3/2 home in Big Lake about 2 minutes from Hebert's landing. Tastefully decorated with open floor plan and custom wood cabinetry. Vaulted ceiling in living room. Master has Jacuzzi and walk-in closet. Nicely landscaped yard plus outdoor storage room. Call C21-Bessette Realty, Inc. @ 474-2185 and ask for Grace Robideaux-Cell-496-1611.

•10962 **HWY 384:** Beautiful 8 yr old modular home with huge 16 x 24 addition and sunporch all situated on 17.5 acres m/l. Loaded with 24 producing pecan trees and a variety of fruit-bearing trees. Property goes all the way to the lake. No abstract but owner to provide clear title. Owner says to bring an offer. \$275,000.00 Call C21-Bessette Realty, Inc. @ 474-2185 and ask for Grace Robideaux-Cell-496-1611. 12/5tfc.

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FOR SALE: 10X57 Trailer, 1 bedroom, 1 bathroom, living room and kitchen is remodeled. Bathroom and bedroom being remodeled. Comes with stainless steel stove & ice box, and a queen size sleigh bed. \$5000 or best offer. Contact (337) 309-5901 or (337) 630-9224. 12/13 & 12/20p.

(NAPSA)-A cup of blueberries has just 80 calories and provides fiber, vitamin C and manganese. For nutrition information and great recipes, visit www.blueberry.org or send a stamped self-addressed envelope to: Blueberry Recipes, U.S. Highbush Blueberry Council, 2390 E. Bidwell St., #300, Folsom, CA 95630.

of information. Check out the product reviews at Amazon.com or see if there is an online community for the gift you are considering.

HELP WANTED

PROFESSIONAL SERVICES of business consultants needed by the Louisiana Small Business Development Center at McNeese State University and LSBDC State Office at the University of Louisiana/ Monroe to assist with a work program. The work program objectives are to provide quality technical assistance to qualified existing businesses, pre-venture entrepreneurs, micro businesses, and non-profit organizations to revitalize the economy in southwest Louisiana through business stabilization, expansion, and new start-ups. LSBDC at MSU and LSBDC State Office are now accepting qualification packages in response to this Request for Qualifications. This is an on-going process. For an RFQ package, please respond by email only to lsbdc.msu@lsbdc.org. 12/20C

IN MEMORY OF



In Memory of Jesse "Cannonball" Gibbs, Sr. On this day makes one year since God opened his arms and told you to come here.

He took you very unexpectedly, but the beautiful scene of him could not be rejected.

As every day passes by, we still miss you the same, and we all know why.

Family, friends and cooking were your lifeline, but deep inside, being a true cowboy was your greatest past time.

Jesse, Dad, Paw-Paw or Cannonball, you had all these names, and all of them carried cowboy fame.

So until the day we meet you again, deep in our hearts is where we will keep you are friend.

We love you Daddy, Your kids & grandkids

Go to mealsmatter.org to find recipes that include dairy and other nutrient-rich foods. It's a free, interactive, meal-planning and nutrition website sponsored by the Dairy Council of California, staffed by registered dietitians and dedicated to promoting healthy food choices.

CHOICES. Two-thirds of cancer deaths can be prevented by healthy lifestyle choices. The American Cancer Society suggests seven choices: Cut out tobacco. Hold the fat. Opt for high-fiber fruits, vegetables and grains. Use alcohol only in moderation. See your doctor for regular checkups. Exercise every day. Safeguard your skin from the sun.

FROM THE GARDEN. In the vegetable realm, only asparagus and rhubarb can reproduce on their own for several growing seasons. All other vegetables must be replanted every year.

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JOHNSON BAYOU Baptist Church held its Children's Christmas Pageant Sunday evening, Dec. 9. Over 40 children participated in the event.



FIRST BAPTIST Church of Cameron will hold a Christmas Carol Singing this Sunday, Dec. 23 at 6 p.m. in the newly restored Fellowship Hall. Refreshments will be served after the singing. The public is invited to attend and celebrate the true meaning of Christmas. (Photo by Cyndi Sellers.)



LIBRARY BOARD President, Cyndi Sellers, is shown reading "The Legend of Papa Noel" to small rotations of children as they waited for their pictures to be taken with Santa at the Cameron Branch Library Christmas Party.

Many children turn out for Cameron Library party

The Cameron Branch Library had its Children's Christmas Party Dec. 13, at their temporary building at 469 Marshall Street in Cameron. The children attending enjoyed making gingerbread houses with supplies donated by El Paso Production Cameron Shore Base, making reindeer puppets, coffee filter snowflakes, and paper Christmas stockings and other crafts with supplies donated by Crain Brothers Inc., and enjoyed refreshments and an outdoor movie under a tent supplied by Cameron Communications.

Inside the library, free photos with Santa were taken, celebrity readers Chief Deputy Ron Johnson and Library Board President Cyndi Sellers read Christmas stories, and free Christmas gifts were given to the children courtesy of Cheniere Energy. Cameron Lions Club gave each child a bag of candy. Louisiana Spirit Team volunteers assisted children with crafts About 300 people attended the event. The library hopes the Christmas Party will become an annual event in Cameron.

"Cameron Library was able to reach many age groups with this celebration. Some children had never made a gingerbread house before. We were able to entertain those older children as well as the younger children who wanted to sit on Santa's lap.

The Cameron Branch Library would like to thank all the families that attended as well as the community businesses and civic organizations that supported our very successful Christmas program." The library would also like to announce to everyone that they have a selection of Christmas movies and books available for free checkout.

All families that took pictures with Santa are reminded to pick up their free photos and letters from Santa this week at the Cameron Library.

The library is open 8 a.m.-6 p.m. Monday through Thursday and 8 a.m.-4 p.m. on Fridays. The library will be closed for the Christmas holiday at 1 p.m. on Friday, Dec. 21 and reopen on Thursday, Dec. 27. They will also be closed on Monday, Dec. 31 and Tuesday, Jan. 1.



MINDY LITTLE, of Grand Chenier, helps her boys Caleb and Kyler construct a gingerbread house and trees with supplies donated by El Paso Production at the Cameron Branch Library's Christmas Party.



SOUTH CAMERON High School Jr. Beta members participated at the District Conference on Saturday, Dec. 8. Members placing were Lakin LaBove, fourth Poster Competition; Taylor Manuel, sixth place Special Talent; and Shelby Wolfe, fourth place Poster Competition.

S. Cameron High News

BLOOD DRIVE

On Tuesday, Jan. 8, there will be a LifeShare Blood Drive at South Cameron High School from 9 a.m. to 3 p.m. The community is invited to participate. You must provide picture ID. The drive donations will be deposited into Ms. Carolyn Rutherford's blood bank.

SCHOOL CALENDAR
Dec. 20, Basketball, Bell City (away)
Dec. 24-Jan. 3, Christmas Holiday
Dec. 27-29, Girls Basketball (Sulphur Tournament)
Jan. 7, Return to School



KEITH LEE WELCH, a graduate of Hackberry High School, recently graduated from the Calcasieu Parish Regional Law Enforcement Academy. He is employed by the Sulphur Police Dept. He is the son of Robert (Bo) Welch of Reeves and Dottie Monceaux of Sulphur and the grandson of Grace Welch of Hackberry.



A TEAM OF electricians traveled from Missouri two weeks ago to spend two days finishing the wiring for the First Baptist Church Fellowship Hall. Matt Webber and Greg Walls are shown. (Photo by Cyndi Sellers.)

Have A Safe & Happy Holiday Season!



— NOTICE —

The Johnson Bayou Recreation Center will be having their monthly board Meeting on Thursday, December 20, 2007 at 6:30 p.m. The meeting will be held on the recreation center grounds in the temporary trailer located at 135 Berwick Road, Johnson Bayou, LA, 70631.

RUN: Dec. 20 (D-39)

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Life@Home agency in DeRidder is seeking Personal Care Attendants to sit with the elderly in the Cameron Parish areas.

Training and orientation will be given in DeRidder.

Serious inquiries only. Must have reliable transportation and willing to work.

Please call (337) 463-3595 for application information.

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West Calcasieu Cameron Hospital has immediate openings for the following:

- Johnson Bayou Clinic:
- Nurse Practitioner - Full time
- Housekeeper - Part time
- Runner / Courier - Part time

We offer an excellent benefits package, on-site daycare, and competitive salary. You may submit your application or send your resume in one of the following ways:

In person:
Mon. - Thurs. 7:30am - 4:00pm
Friday 7:00am - 3:00pm
Human Resources Department

Email:
employment@wcc.com

For more information, call 527-4372.

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