



WITH THE Cameron Parish Livestock Show scheduled to take place Jan. 16 - 18, some 4-Hers are taking advantage of the opportunity to prepare their animals and themselves for a productive show season by attending other area livestock shows. Pictured is Ty Little, a 4-Her from Grand Chenier, who competed in the Cajun Classic Beef Show held in New Iberia on Saturday, December 13th. Ty proudly exhibited the Grand Champion Braford Base Heifer at the show. (Photo by Melanie Little.)



Brett Richard

Richard on team winning in Kansas

Earning a spot on the Louisiana 4-H Meat ID Team was Brett Richard, senior 4-H member from Cameron Parish. Richard joined with four other 4-Hers from around the state to represent Louisiana in the National 4-H Meat ID Contest held in Manhattan, Kan.

The team members, who placed 3rd in beef and 5th in pork meat judging, were selected according to their placing during this past year's 4-H University meat judging contest.

Brett is the son of Jeff and Shari Richard of Grand Chenier and is a senior at South Cameron High. He has also competed for several years in the FFA meat judging competition and contributes much of his knowledge and skill to Mr. Nicky Rodrigue, Ag Teacher at South Cameron High.

Parish officials to be sworn in on Dec. 30

The following Cameron Parish public officials will be sworn in on Tuesday, Dec. 30, at 2 p.m., in the Courtroom at the Cameron Parish Courthouse:

Penelope Richard, District Judge; Cecil Sanner, District Attorney; Mona Kelley, Tax Assessor; Nolan Broussard, Ward 1 Constable; Freddie Theriot, Ward 2 Constable;

Davy Doxey, Ward 3 Constable; John "Buck" Stephenson, Ward 4 Constable; Timothy Trahan, Ward 5 Constable;

Gwendelyn Constance, Ward 6 Constable; Carrie Broussard, Ward 1 Justice of the Peace;

Nadine Richard, Ward 2 Justice of the Peace; Harold "Buddy" Hardie, Ward 3 Justice of the Peace; McKinley Guidry, Ward 4 Justice of the Peace; Connie Trahan, Ward 5 Justice of the Peace; Brian Desormeaux, Ward 6 Justice of the Peace.

The public is invited and there will be a reception following the ceremony.

Kingham out rest of season

(Lake Charles American Press)

Grand Lake's Kat Kingham is out for the remainder of the basketball season after suffering a knee injury last week at the Cameron Parish tournament, said head coach Danny Miller.

Miller said the 6 foot 2 Kingham, a second team Class B all state selection a year ago, tore the anterior cruciate ligament and partially tore the medial collateral ligament in her left knee in the first quarter of the tournament championship, a game Grand Lake went on to win 67-25 over South Cameron.

"You don't want to see this happen to anyone, but especially someone like her who has worked so hard to make herself better," Miller said.

Kingham, a senior who, along with her twin sister Liz, has committed to McNeese State, was averaging about 20 points per game, said Miller, and has led Grand Lake to a 22-1 record. The Lady Hornets' lone loss was to East Beauregard 64-57 on Dec. 2.

"It's just one of those things where the other girls have to pick up the slack,"

Miller said. "She was a returning all stater and the rest will have to step up and do a little more. The only thing we can't make up for is her height, but the other stuff we can.

"We still believe we have a shot at the Sweet 16 (state tourney) and at playing in the state championship game."

Kingham missed most of district last year with a broken thumb.

Parish youths on Dean's List

The Sowela Technical Community College Dean's List for the 2008 fall semester has been announced. Students on the dean's list have earned at least a 3.5 grade point average while carrying 12 or more semester hours.

The Dean's List is as follows:

Cameron: Jodi Michelle Billings.

Creole: Jamie Whitney Primeaux.

Grand Chenier: Matt Miller.

Hackberry: Jarin Matthew Brown, Kayleigh M Stansel.

La. income taxes lower in 2009

Lower individual state income tax rates will become effective on Jan. 1, 2009, due to the passage of Act 396 of 2008, which repealed provisions of a 2003 tax law known as the Stelly Plan.

For taxpayers in the affected income brackets, the lower rates under Act 396, also known as the Shaw Bill, will apply to their 2009 Individual Louisiana Income Tax Returns, to be filed no later than May 15, 2010.

Individuals who wish to estimate how the Shaw Bill will affect their paycheck withholding during the 2009 tax year can do so with the 2009 State Income Tax Estimator, available on the website of the Louisiana Department of Revenue.

Taxpayers who choose to temporarily reduce their income tax withholding can complete the Temporary Employee Exemption Certificate L-4 form.

For more information, visit the 2009 Income Tax Estimator Info page at www.revenue.louisiana.gov.



BRANDON LEPRETRE and Douaine Conner with Apache Corporation are shown presenting Sheriff Theos Duhon with a \$50,000 check which was donated Monday on the Cameron Parish Court House steps to help with the replacement of equipment lost in Hurricane Ike.

Truck driver killed in hwy. accident

By **CYNDI SELLERS**

Highway storm damage was a factor in the death of a Lake Charles man Wednesday, Dec. 17 near Hackberry. Bryan Skinner, 33, was driving a cement truck south on Hwy 27 around 7:30 a.m. when the vehicle veered off the roadway just north of Kelso Bayou according to Cameron Sheriff Officer investigator Terry Faulk. There is no shoulder at that point the trucks right rear tires were apparently blown out as they dropped off the roadway.

The truck then crossed the highway and rolled over on the opposite side landing upside down in the soft marsh. Skinner was trapped inside as the heavy truck began to sink into the mud. When finally extricated he was pronounced dead at the scene. The exact cause of death is pending from Calcasieu Coroner's officer.

Foggy conditions that morning may have contributed to the accident. Results of standard toxicology test are pending, but alcohol is not expected to be a factor.

Cameron Sheriff Deputies were assisted by Hackberry Fire Dept. and Cameron Ambulance Dist 2 crews. Deputy David French conducted the incident investigation at the scene.

Disaster Center to close at Hackberry

The Federal Emergency Management Agency (FEMA) has announced that the Disaster Recovery Centers (DRC) in Monroe and Hackberry will close on Saturday, Dec. 27. On Monday, Dec. 29, the U. S. Small Business Administration (SBA) will open a Disaster Loan Outreach Center (DLOC) at the Hackberry location.

Until close of business on Dec. 27, the DRCs will be in operation at the addresses below:

Cameron Parish, Hackberry Recreation District, 1250 Recreation Circle, Hackberry, LA 70656

The DRCs will observe the following holiday schedule:

Open Tuesday, Dec. 23, 9 a.m. until 6 p.m.

Open Christmas Eve, Wednesday, Dec. 24, 9 a.m. until 4 p.m.

Closed Christmas Day, Thursday, Dec. 25.

Closed Federal Holiday, Friday, Dec. 26

Open Saturday, Dec. 27, 9 a.m. to 6 p.m.

Starting Monday, Dec. 29, the Hackberry DLOC will observe the following schedule:

Open Monday, Dec. 29 and Tuesday, Dec. 30, 9 a.m. until 6 p.m.

Open New Year's Eve, Wednesday, Dec. 31, 9 a.m. until 4 p.m.

Closed New Year's Day, Thursday, Jan. 1

Open Friday, Jan. 2, 9 a.m. - 6 p.m. (The DLOC will permanently close at 6 p.m. on Jan. 2.)

FEMA will have an Applicant Services Specialist on site at the DLOC to con-

tinue to assist applicants. Disaster Recovery Center staff can answer questions about registration for disaster assistance and hazard mitigation, help with disaster loan applications and provide information and contacts for other programs.

Homeowners, renters and business owners affected by hurricanes Gustav and Ike needing further assistance may receive help by calling the toll-free registration line at 1-800-621-FEMA (3362) (TTY 1-800-462-7585), which is open 24 hours a day seven days a week. Applicants also may register on-line at www.fema.gov.

Cont. on Page 2.

Deadline extended for Ike

The Federal Emergency Management Agency has extended a deadline for Louisiana's victims of Hurricane Ike to register for federal aid.

A FEMA spokesman said that the agency has moved the registration deadline from Dec. 26 to Jan. 12. Residents of 20 parishes are eligible to apply for Ike-related federal assistance.

Last Wednesday was the deadline for victims of Hurricane Gustav to apply for temporary rental assistance and grants or loans to repair or replace damaged property.



Johnson Bayou is making recovery



JOHNSON BAYOU Fire and Ambulance services are headquartered at the Community Center on Hwy. 82. The center is also being used as the recreation center at this time. (Photo by Cyndi Sellers.)



WHAT REALLY matters: the sign on the remains of the Johnson Bayou Baptist Church says "What lies behind us and what lies before us are tiny matters compared to what lies within us." (Photo by Cyndi Sellers.)



TEMPORARY BUILDINGS at Johnson Bayou School are nearly ready for occupancy. School is expected to open Jan. 5 at the school site. (Photo by Cyndi Sellers.)



GRAND LAKE High School Future Business Leaders of America Club recently participated in the Salvation Army's Angel Adoption program. Usually the club does a "Secret Santa" gift exchange within the group, but this year they decided to work with the Salvation Army and pull two angels from their tree. Enough money was raised to purchase two 20" bicycles for one boy and one girl. FBLA sponsor is Mrs. Dorothy A. Robinson. Club members are shown above with the bicycles.

Funerals



**ARCENEAUX
BERNARD
BOUDREAUX**

Arceneaux Bernard Boudreaux, 89, died Thursday, Dec. 18, 2008 in a local hospital.

He was a lifelong resident of Creole. He was a member of Sacred Heart Catholic Church in Creole.

Survivors include his wife, Artenise Marie Theriot Boudreaux; daughters, Emma Jean Miller of Cameron, Barbara LeBouf of Creole, Marianna Benoit and husband, Mike of Lake Charles, Judy Conerley and husband, Don of Mississippi, Sandra Gail Boudreaux of Cameron; sister Lovenia Schultz of Michigan; 10 grandchildren; 20 great grandchildren and two great great grandchildren.

He was preceded in death by his parents, Freole and Virginia Constance Boudreaux; brothers, Armogne, Eugene, Simon, Valsin, Leon and sister, Lorena Theriot.

His funeral was held Saturday, Dec. 20, at Hixson Funeral Home of Lake Charles. Father Vincent officiated. Burial was in Sacred Heart Cemetery in Creole.



**ALLIE MAE
NUNEZ**

Allie Mae Nunez, 95, passed away on Tuesday, Dec. 23, 2008 in Grand Cove care center. She was born in Cameron, and lived there all her life until Hurricane Rita. She was a member of Sacred Heart Catholic Church.

Survivors include her daughters, Frances Hebert and husband, Doris, of Maurice, Myra LeBoeuf and husband, Gerald, formerly of Cameron, Phyllis Swire and husband, Ralph, formerly of Grand Chenier; sister, Carrie LaBove of Silsbee, Tex.; daughter-in-law, Mary Louise Nunez; 13 grandchildren; 20 great-grandchildren and two great-great-grandchildren.

She was preceded in death by her husband, Archie Nunez; daughter, Janie Lou Nunez; sons, Wayne Nunez and James "Bozo" Nunez; and granddaughter, Carolyn Nunez.

Her funeral was held 9:30 a.m. Wednesday, Dec. 24, at St. Patrick Catholic Church. Rev. Vincent Vadakkedath officiated. Burial was in Sacred Heart Cemetery under the direction of Hixson Funeral Home of Lake Charles. Visitation was held

from 4-9 p.m. Tuesday and again at 8 a.m. until time of service on Wednesday.

Words of comfort may be shared with the family at www.mem.com

PERFECTO GALLEGOS JR.

Perfecto Gallegos Jr., 52, of Hackberry died Monday, Dec. 15, 2008, in Grand Junction, Colo.

He was a native of Hackberry. He was a graduate of McNeese State University. He worked as a project manager for a surveying company.

Survivors include his parents, Perfecto Gallegos Sr. and Hazel Gallegos of Hackberry; children, Kailey Gallegos, Kasey Gallegos and Kaitlyn Gallegos, all of Sulphur; brothers and sisters, Gloria Ellender, Juanita Nunez, Ricky Gallegos, and Marguerita Gallegos and Gabe Gallegos.

His funeral was held Saturday, Dec. 20, in St. Theresa Catholic Church of Carlyss. The Rev. Thomas Vellappallil officiated. Burial was in Mimosa Pines Cemetery in Carlyss.

DUSTIN RANDY REEVES

May 13, 1953 - Dec. 16, 2008

Funeral services for Dustin Randy Reeves were held at 3 p.m. Monday, Dec. 22, in Cherry Grove Baptist Church of Mittie, with the Rev. Ron Butler officiating. Interment was in Simmons Cemetery of Mittie under the direction of Rush Funeral Home of Oakdale.

Mr. Reeves, 55, of Sulphur entered eternal rest on Tuesday, Dec. 16, 2008 in his residence.

Dustin was an avid salt-water fisherman.

He was preceded in death by his parents, Russell and Neva Rae Reeves; and his grandparents, Raymond Trotti Sr. and Manilla Smith.

Those left to mourn his

It Seems Just Like Yesterday

By KEITH HAMBRICK



Cameron Pilot, Dec. 24, 1975 TRAPPER SHACK NEARS COMPLETION

The authentic trappers shack constructed at Rockefeller Refuge at Grand Chenier as the Bi-Centennial project of the Cameron Parish Bi-Centennial Commission was the subject of discussion at a meeting of the organization held this week in the Police Jury Annex.

Guthrie Perry, biologist at the Refuge, reported that the building is about 98 percent complete.

Howard Romero, Commission Chairman, pointed out that the committee is very anxious to furnish it with furnishings of the era and to have display cases in which early animal traps, fur

stretchers, stretched hides and stuffed animals can be displayed for tourists to view.

He said that the Commission also plans to try to secure early pictures of the trapping industry to hang on the walls.

The committee is accepting donations of traps or any other items of the era from anyone wishing to donate or load it.

When completed the trapper shack should be one of the prime attractions on the Creole Nature Trail, Romero said.

People are coming from all over the country to the refuge since the Nature Trail has been established and will be able to get an idea of trapping in the early days from the museum type building. The shack is constructed of cedar in a batting type construction, on wooden pilings and with outside doors opening out. Plans are also in the making to have an authentic pirogue on display.

D. CENTER

Cont. from Page 1

Officials remind affected residents who have already filled out damage report forms with the state, parish emergency managers or voluntary agencies that they must register with FEMA at the above numbers or Web site to be considered for federal assistance. All residents also are encouraged to get involved with the recovery process by helping spread the word about available assistance and the registration numbers.

In addition to receiving help from FEMA, the U.S. Small Business Administration (SBA) offers low-interest disaster loans to homeowners, renters, businesses of all sizes and private nonprofit organizations for losses not fully covered by insurance. The SBA may loan up to \$200,000 to repair or replace damaged or destroyed primary residences and up to \$40,000 to replace damaged or destroyed personal property. Businesses may borrow up to \$2 million for any combination of property damage or economic injury.

Residents and business owners can receive information about SBA disaster loans and help with the application process by calling the SBA at 1-800-659-2955 or visiting the SBA Web site at www.sba.gov.



FEMA holiday schedule

The Federal Emergency Management Agency (FEMA) has announced that all Disaster Recovery Centers (DRCs) in Louisiana will observe the following schedule for the Christmas and New Year's holidays.

Christmas Eve - Wednesday, Dec. 24, 9 a.m.-4 p.m.

Christmas Day - Thursday, Dec. 25, Closed.

Federal Holiday - Friday, Dec. 26, Closed.

New Year's Eve - Wednesday, Dec. 31, 9 a.m.-4 p.m.

New Year's Day - Thursday, Jan. 1, Closed.

Staff at Disaster Recovery Centers can answer questions about registration for disaster assistance and hazard mitigation, help with disaster loan applications and provide information and contacts for other programs.

Homeowners, renters and business owners affected by Hurricane Ike are encouraged to register for assistance by calling the toll-free registration line at 1-800-621-FEMA (3362) (TTY 1-800-462-7585) which is open 24 hours a day seven days a week. Applicants also may register on-line at www.fema.gov.

Cheese Wafers

Yield: Makes 4 dozen wafers.

1/2 pound sharp cheddar cheese, grated
4 tablespoons butter
3/4 cup flour
1/8 teaspoon Tabasco sauce
1/2 teaspoon salt
Cream cheese thoroughly with butter and add the flour. Add seasonings and form into a roll one inch in diameter. Wrap the roll in wax paper and chill thoroughly.

To bake, cut the roll in slices 1/8 inch thick. Bake in a 475 degrees F oven for 8 minutes or until golden brown.



From The Family of JUSTIN SCOTT PICOU

We would like to express our utmost appreciation and gratitude to all of those who have supported our family during this great time of grief. The love, friendship and caring gestures that have been bestowed upon us have been true blessings. It has been remarkable how many people have been touched by Justin's life. We would like to thank you from the bottom of our hearts for the kindness, concern and sympathy you all have given. It will never be forgotten.

May God's Blessing Be With You All...
**Latricia & Ray George,
Jerome, Josh, Emily & Aubrey Picou**

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By COOT McINNIS

Cameron Parish.

When I rode through Hackberry Dec. 17 just north of Kelso Bridge. On Friday the team of reconstructionists from the Cameron Sheriff's Office were investigating. I didn't stop to take any pictures only because of what they were doing.

The DOTD sign stating the speed limit of 45 mph that used to be in the same area of the accident has been moved. The new location is now near the Cameron Parish line on Hwy 27.

The reason for the sign is because of the damage to the roads in the area have not been fully repaired.

In the spirit of the holiday, let us all remember that Christmas is celebrating Jesus Christ's birthday. Don't give to receive, just give to give. The rewards are priceless.

There was a fatality in Hackberry Dec. 17 just north of Kelso Bridge. On Friday the team of reconstructionists from the Cameron Sheriff's Office were investigating. I didn't stop to take any pictures only because of what they were doing.

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Have A Bright & Beautiful Christmas Season

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Make resolution to read to your children more

A wise New Year's resolution for parents is to talk more to their young children by reading aloud to them, according to LSU AgCenter family and child development expert Dr. Rebecca White.

Researchers have found that the more parents talk during a child's first three years of life, the more the child's vocabulary and IQ improve. The children also become more prepared for school. Additionally, the more parents speak encouraging words, the better the children become.

Books can be a means of talk, according to White.

"Committing to and developing the habit of reading every day can go a long way in helping your child be more successful in life," the child expert said.

Children benefit when parents take them in their arms, cuddle them and talk to them through the magic of books. Reading aloud strengthens parent-child bonds. Books are a natural way to expose children to new words and positive conversation. They guide children to more complex thinking, and they help children discover new thoughts and ideas.

"Children who have lots of books read to them are

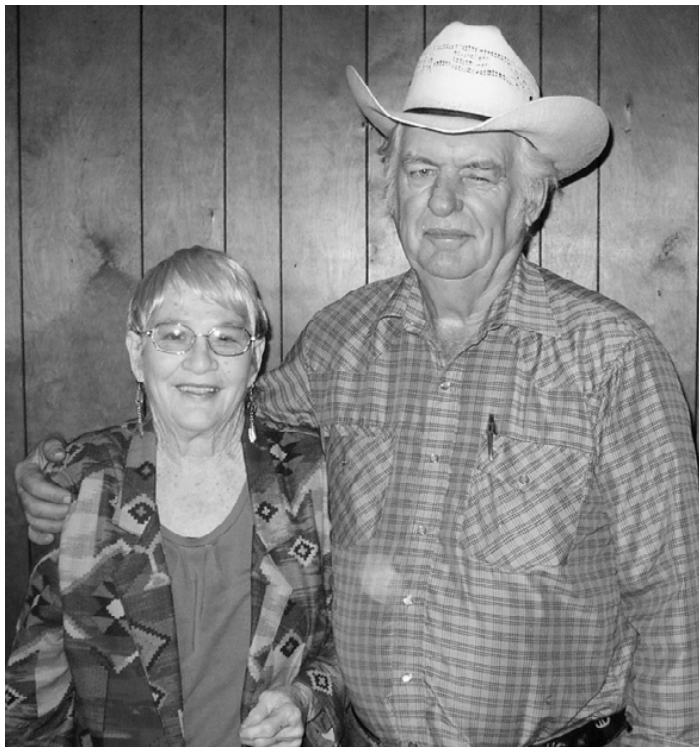
more likely to develop an enhanced vocabulary and IQ by the time they enter school," White said. Also, children's books are usually encouraging and positive.

"When parents use a greater proportion of words that are affirming, approving and encouraging, it makes a vast difference for their child's future," the child expert noted.

Reading is a purposeful way parents can increase their child's exposure to words. White recommends daily reading. A simple way to incorporate daily reading is by reading a book each night at the youngster's bedtime.

Reading a short book also is a great way to help a child "wind down" and prepare to sleep. Let this become a daily routine for you and your baby, White advises. Over time, this will become a favorite time for you and your child.

"Parents make the big difference in the success of their children - more than school teachers do, more than early child caregivers do," White said, adding, "Daily reading is one way parents can really help their children have a great future."



Sis and Robert Penny

DeQuincy couple teach area kids how to rodeo

By SUE CRISE

For the past 34 years, a DeQuincy couple, Robert and Sis Penny, have been putting on youth and benefit rodeos to teach area youngsters how to ride and rope. They have also helped raise funds to help with the medical needs of local youths and others. Although they recently celebrated 50 years of marriage, they have no plans to quit their rodeo activities any time soon.

Robert and his brother, Billy, spent their young years in Oakdale breaking horses. They were able to earn \$5 to \$10 a head, which was a lot of money in the 1940s. After graduating from high school in 1953, he attended McNeese, where he served on the rodeo team.

Upon graduation, he taught math and science for two years, one year at Johnson Bayou and one year in Jennings. In order to supplement his family's income, Robert participated in the professional rodeos during the weekends.

Beginning in 1974, when Robert was working at City

Service, now Citgo, he decided to start a rodeo program for youth in the DeQuincy area. At that time, there were no arenas for practice or rodeo events. In 1980, he started raising breaking stock for use in Little Britches rodeo events. Currently, Robert has 20 bulls and 20 horses that he uses for rodeo events and also leases to rodeo producers for their use.

In 1985, at the age of 48, Robert took early retirement. He contacted the National Little Britches Rodeo Association in Colorado Springs, Colo., and started the first franchise in Louisiana and served on the executive board for three years.

In 1986, he hauled his rodeo animals to Booker, Tex., in a double decker 18-wheeler truck, to compete in the rodeo events. They went on to National Finals in the Bucking Horse and Bucking Bulls events.

Over the years, Robert has coached hundreds of youth who wanted to learn to ride bucking horses and bucking bulls and partici-

pate in the fun and excitement of rodeo.

The Penny Arena at 1029 Pilgrim's Rest Road is open on Wednesday nights at 7 p.m. and Sundays at 2 p.m.; Robert coaches kids who show up for practice. This is the only remaining arena in the area. He charges a nominal fee which basically covers feed costs for the animals.

Rodeo injuries do happen in bull riding. Robert dislocated his collar bone in 1958, and has also broken his back and several ribs. He knows of several bull riders who have been seriously injured and also a few who have died from injuries. Even though it seems a dangerous sport, it is still very popular.

Nowadays, youth are required to wear protective helmets and gear when bull riding. Robert quit bull riding at age 41, after deciding to focus on coaching youth and breeding bulls.

In 2007, Robert gave up his franchise for the Little Britches Rodeo in order to have more time to devote to breeding bulls. Several of the bulls he sold in 1993 have since made it to the National Finals events. Robert purchased two bulls from a Texas stock contractor, both are registered with American Bucking Bull, Inc. to prove their lineage.

One of the bulls is a grandson of Little Houdini and the other is a son of Houdini, both famous stud bulls. During the storm that came through on Dec. 4, two bulls were struck and killed by lightning.

The Pennys have sponsored a benefit each year for someone in need. Last year, a benefit was sponsored for Lisa Baldwin, who has lupus. The funds that were raised were used to help pay for treatments, which were \$300 every two weeks.

Recently, a benefit was held for the family of Myles Dickerson. The Pennys underwrite the cost of the event and supply the horses and bulls. They also helped with the prize money that was given for the top bull riding event.



Every creature of God is good...

-The First Epistle of Paul the Apostle to Timothy 4:4

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 Good Will To Men*

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Luke 2:11 & 14

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Cameron Outdoors

By LOSTON MCEVERS



UPS & DOWNS

Last week was an up and down week for myself and other families of Cameron Parish. I made a couple of trips to visit my son, Rufus, in the Golden Age Nursing Home and attended a Christmas party there. I played a little music and enjoyed myself along with family members.

Cameron Parish has lost one of its guides in a hunting accident. Patrick Herbert, whose family I knew, had a brother as a wildlife & fisheries agent and a sister, who stayed in Creole for a time.

Mr. Arceneaux Boudreaux, dear friend of mine, passed away this week. Mr. Boudreaux was a true outdoorsman for all his 89 years. A hunter, trapper, fisherman, gardner and fruit tree expert, he enjoyed life and the outdoors to its full extent.

DUCK HUNT NEWS

As we go into our second week of the second split of duck season, we're still looking for more ducks. We did have some new ducks down after these last two cold fronts, but not much number wise. Most hunters tell me,

hunting is bad.

I do know that hunting in the Pecan Island marshes in Vermilion Parish has slowed down. I do know my blind has really slowed and the water is very, very low. We did get a chance to kill 3 snow geese one day along with 4 ducks and a snow goose the next day and one duck. This was on the foggy mornings. Mine like most blinds are lacking the reliable teals.

TAKE A KID HUNTING

I got a chance to take a kid hunting, however I also had to take grandpa Jerome Rutherford and daddy Eric Rutherford, seven year old Chancellor Rutherford really was "A-OK", listened very well and yes shot the youth 20 gauge Blue Color Remington shotgun. With the help of Grandpa's coaching, he did kill a limit of ducks.

He was amazed at the beautiful Drake Wood Duck and the Black Mallard with a tagged ring on its leg. He got a chance to see the pelican fly and dive for fish as well as the Cormerant. He'll have his stories to tell when he

gets back to Houston, Tex. where he attends school.

BRIEFS

I noticed on the two trips to Jena, how last week, there were lots of ducks on the east side of I-49, that weren't there the week before, so some ducks got that far, but they make it all the way down to us.

Every year I send in my money to the Louisiana Wildlife & Fisheries for my La. Conservationist magazine and yearly wildlife calendar, however, this year's budget didn't put in the calendar.

I also found out that I won't get the December duck count either. We usually have the duck count and survey by the start of our second split. I was really interested to see if our duck count had risen from the November count, that was very low.

I seems that airplane troubles, then they had lots of bad weather in the north central, north east part of our state, to include snow. Beside mechanical problems, small aircraft's were grounded because of the weather.

As you can remember the November duck count was the worst we had since the start of this duck count 39 years ago.

I would like to thank our readers, those who are back and those who are still relocated. Thanks for reading my articles and for the information you give me. May you all have a very, very Merry Christmas. Enjoy what God gave us, family, friends, and the outdoors.

Chenier Ecology

By KEVIN SAVOIE

There is some confusion among local oyster harvesters over recent renewal notices received in the mail. As is customary, the Louisiana Department of Wildlife and Fisheries (LDWF) sends out license renewal notices to fishermen involved in seafood harvesting.

LDWF began selling oyster seed ground vessel permits on Nov. 17. This new permit was established as an oyster industry initiative by Act 922 of the 2008 regular legislative session and will be required by Jan. 1, 2009, for boats harvesting oysters for commercial purposes from the public oyster seed grounds or reservations, except those public areas in Calcasieu and Sabine lakes.

The permit will be issued in the name of the vessel owner, who must identify the permitted vessel by the state registration number or U. S. Coast Guard documented number. Qualifying criteria for obtaining a permit was outlined by the new law, and there are three ways a vessel owner can qualify to purchase a permit:

1. Vessels owners who owned a vessel that was properly licensed and had trip-ticket recorded oyster landings between Jan. 1, 2004, and May 31, 2007.

2. Vessel owners who purchased or constructed a vessel and licensed that vessel

between Jan. 1, 2004, and April 30, 2008, and that vessel had trip-ticket recorded oyster landings between the time of construction/purchase and July 1, 2008.

3. Vessel owner who was/is constructing a vessel and that vessel is verified as being at least 50 percent complete in its construction by July 1, 2008.

Permits are only required for those taking oysters from the public grounds for commercial purposes. A board is being established to hear appeals of previously denied permit applications and appeals based on hardship. Act 922 prohibits LDWF from accepting new applications for the oyster seed ground vessel permits after Dec. 31, 2009.

The permit is \$15 for residents and \$60 for non-residents. The taking of oysters from the public natural reefs, oyster seed grounds or reservations without an oyster seed ground vessel permit will result in a class two violation.

For more information or applications, contact the licensing section at 225-765-2898. To review notices of intent passed by the Louisiana Wildlife and Fisheries Commission relative to this permit, visit www.wlf.louisiana.gov/education/commissionactions.

Savoie is a natural resources and fisheries agent based in Lake Charles for the Louisiana Sea Grant Program and the Louisiana State University AgCenter. He can be reached at ksavoie@agcenter.lsu.edu. His column can also be found at <http://www.seagrantsfish.lsu.edu/resources/index.html>.

Basketball Roundup

By CHRIS & LAURIE MUELLER

BOYS

Johnson Bayou 80, South Cameron 60 - Dustin Badon led the Rebels with 30 points. Michael Trahan added 14 and Damien Jinks scored 11 points. The Tarpons' Ross Rowland chipped in 28 points and Kyle Litte added 21 points.

Grand Lake 55, Hackberry 31 - Sam Johnson scored 12 points for the Hornets and Jayce Hebert chipped in 11 points. Mason Hicks scored 10 for the Mustangs.

GIRLS

Grand Lake 69, Hackberry 33 - Kat Kingham scored 28 points for the Lady Hornets and Liz Kingham added 12 points. Amber Trahan chipped in 10 points. Allyson Sanner scored 9 points for the Lady Mustangs.

South Cameron 52, Johnson Bayou 32 - The Lady Tarpons' Shelby Willis led all scorers with 26 points. Skylar Barnett added 14 points. Tabitha Harrington scored 13 for the Lady Rebels.

Murphy named to All-State

By CHRIS & LAURIE MUELLER

South Cameron's Dex Murphy was named to the Class 1A All State football team. Murphy, who is a senior, was named to the first team as a defensive back. Team mate Tony Bacciagalopi was named as an honorable mention.

a Christmas wish...


My wish for Christmas would mean a lot you see, if all my children and families would call or visit me.

Some think I make a difference I want all of them to know I ask God to watch over all Everywhere they go.

When I am by myself, I cry when all alone. Hope and pray they'll visit me before God calls me home

Coot McInnis

Christmas Blessings




May the light of His Love dwell in your hearts this Christmas Season and all the year round.

Wishing You A Merry Christmas & A Happy New Year!

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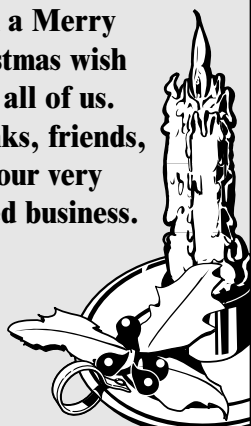
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Holiday Wishes

With the holidays upon us once again, there's so much for which to be thankful. We count our many blessings, but we'd be remiss if we didn't say how much we celebrate our friendship with you and we truly value your ever-loyal patronage. Here's to hoping that we continue to share more wonderful moments ahead.



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Christmas on the Chenier recalled by former resident

(Cameron Pilot Dec. 25, 1975)

By BERNICE STEWART

The Christmases of my childhood on the Chenier remain vivid memories. The observance of the holiday season then, as now, was quite similar to that of the nation as a whole; yet there were phases of it unique to Cameron alone.

Because of the isolated position of the parish, nearly all of the shopping for gifts was done through mail-order catalogs. True, a few Cameron people traveled on the Rex from Cameron to Lake Charles or on the gasoline launches in the Mermentau from Grand Chenier to Lake Arthur to shop. The majority of the population patronized Sears Roebuck and Montgomery Ward since local stores carried limited stock.

Jim Bonsall, the mail carrier from Cameron to Grand Chenier for many, many years, was one of the most faithful assistants that St. Nicholas ever had. He transported mail over miry roads if at all possible.

SANTA'S DELAY

One Christmas morning we raced to our stockings to find fruit, candy, and two silver dollars in each, along with a note explaining that the roads had become impassable and that as soon as they were better Santa would bring our other gifts. We could not understand why bad roads should deter a sleigh drawn by flying reindeer. Our mother explained that it required more energy to fly than to travel on land and that ever now and then Santa's deer had to pull the sleigh over the ground. Then, how had Santa

reached our house to write the note?

It was fairly easy to fly lightly, came the answer. We were satisfied. A couple of nights later the loaded sleigh must have arrived for we found a wealth of gifts at dawn.

On Christmas Eve our grandfather solved the problem of no chimney for Santa to come down by taking out a window screen so that he might lift the window and enter. It stood to reason that the good saint could never have walked through an open door.

The children of my great-aunt and her husband, Jane and John Eagleson, usually spent Christmas during my earlier childhood with us. My first recollection is of mother and Cousin Lela writing each person's name on a box (since my grandfather ran a one-room department store there were plenty of boxes) and setting them around the living room.

Later when my mother and I were the only children in the home, we hung up our long black ribbed stockings. Once my brother suggested using Mother's hose since they were larger, but Grandmother vetoed that idea by giving us a small lesson in that Christmas was for giving and not for grabbing.

DECORATION

Decorating for the holiday season was elaborately done. Holly and mistletoe, red haw berries and greenery were brought in from the woods to be used in every room in the house. For days we children strung haw berries and plump white popped kernels of corn alternately or one of a kind into garlands to be

looped along walls, across curtains or on the tree.

Cutting the tree and decorating it was a momentous occasion. On Christmas Eve morning my grandfather rode horseback to the woods to procure the shapeliest and greenest oak of a suitable size. As soon as my brother was old enough to handle a horse, he accompanied him. Once I rode along too, quite flattered at having been invited.

THE TREE

The tree was always set up in the northeast corner of the big southeast room. An oak was chosen because no other suitable evergreen grew on the Chenier. Ornamented with haw and popcorn strings or with red and green roping and silver tinsel, brightened with baubles, purchased or home-made, the oak was beautiful as any fir or pine of today.

Since there was no electricity in the parish, candles in metal holders sputtered and flared on the tree for a few nights. As the foliage grew drier, it became too hazardous to light the tapers.

After dark on Christmas Eve the family gathered about the tree. Grandfather read the Christmas story from the Bible, usually from the gospel of St. Luke and led in prayer. The gifts piled under the tree were opened. Later, we children hung our stockings in the living room for Santa to fill. Milk and cake were placed on a table for repast. A note of thanks for what we expected to receive was propped beside the food.

Our tree was always taken down on New Year's Day and hauled away with almost as much ceremony as had been used in putting it up.

CHRISTMAS BAKING

During the week prior to Christmas my grandmother and mother scoured and shined, waxed and polished the house from top to bottom. They baked from dawn till long after dark. I can still see the tall round cakes of five or six layers iced to perfect smoothness; the big square devil's food, lush with caramel frosting, the pecan cake, my grandfather's favorite, standing proudly on its crystal stand; the white coconut that was labeled mine since my birthday falls three days after Christmas.

The pounds and pounds of fruit cake had been made and packed away weeks earlier.

I can see the raisin and mince meat pies, the lemon and butter. I recall my fascination as I watched the tiny ruby beads form on the meringue of the butter pies and wishes that I might lift them out and keep them as real gems.

A big juicy pork roast was cooked on Christmas Day. Whether it was due to the oven of the old wood stove, to my grandmother's baking technique, or to a combination of the two, for me there has never been a roast so mouth-watering as that.

A gobbler was dressed and slid into the oven long before daylight so that it might bake slowly with frequent basting in its own juice. Oysters direct from reefs in the gulf were shocked and prepared.

Dressings and salads were made, vegetables cooked; fresh rolls baked; jellies and preserves, cucumber and fruit pickles opened. With the juice of the wild muscadine, from our own woods and canned by Mother the summer before, as a base, punch was made.

All through the day uncles and aunts, cousins and friends came by to drink coffee and eat cake, to catch the unaware with a joyous "Christmas gift" and to admire all presents that had been received by members of the household. The young were overwhelmed that the great day had finally arrived. The old were heard to remark again and again how grateful they were that God had brought them safely through another year. Peace and Joy seemed everywhere.

Each year the school presented a program on the last day before the holidays commenced. On it teachers and pupils had practiced for weeks. Often, elaborate costumes had been made. The diversified entertainment included songs, plays, recitations, drills, and tableaux. It was the goal of the instructors to include every child in the program.

An immense oak had been set up in the auditorium. Once Santa's beard caught fire from the lighted candles as he leaned over to pick up a gift. His eyebrows and lashes were ripped off, and he was slightly burned. Everyone was horrified at the near tragedy. From that season on candles were barred from school trees as a safety measure.

Mistletoe was always hung in school hallways. Teenaged girls, pretending unawareness, coquettishly paused beneath it while teenaged boys treated to be daring enough to kiss them. Then there followed giggling and scuffling and running away.

The Christmases of the past have all run away too but are all huddled in the niches of memory.

Homebound for the holidays: Here are some suggestions

Are you or members of your family homebound for the holidays? Many families are limited to their homes, hospitals rooms or nursing homes this year.

Even if the circumstances are temporary, restrictions take their toll on individuals and families who are unable to leave their confines, according to LSU AgCenter family sciences professor Dr. Diane Sasser. For them there's no party-going, no shopping for half-off sales.

"Homebound families would give anything to enjoy 50 percent off the stress or sadness they feel when they are restricted to their environments," Sasser said.

The homebound feel a certain loss of control over their environment no matter how pleasant the surroundings. That loss compounds during holidays. They may feel like less of a person. They also may feel guilty because they are limiting the rest of their families as well.

If you are the one who is homebound, reach out to others. Let others know how you feel. Your sadness can hinder your recovery or otherwise take a toll on your health. Don't be afraid to ask for help, and allow yourself to accept help.

If you are a friend or family member of someone who is homebound, you can help by bringing the holidays to that individual. But first check to see if that person is allowed visitors and that any food gifts are compatible with the individual's diet or medications.

Help the homebound remember they are wonder-

ful people regardless of their physical or mental health. Focus on what they can do rather than what they can't. Check to see if they can leave their environment for a short time for a meal in a restaurant or a ride in the car to view Christmas lights. Any chance to change their environment even for a brief time can be great morale booster.

Offer to relieve family members who are caring for the homebound. Give them time to go out for a cup of coffee with old friends or to take a trip to the grocery store. Illness or injury ultimately affects the whole family, not just the individual.

But don't just stop at visiting during the holidays. Sasser says homebound individuals need frequent visits or calls to keep them feeling they are part of life. Be observant and watch for changes in their disposition, such as extreme sadness, threats to end their lives, aches or pains unrelated to their current health situation or other changes. These may be signs of depression and should not be ignored.

"Your time and respect for homebound individuals and families could be the greatest gift for the holidays," Sasser said, adding, "You'll feel better for it, too."






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Luke 2:11

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and
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yours, wishing you all
a joyous
holiday season.

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Christmas!*

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have helped us through the year.
Let us continue to work together.
May God bless each and every
one of us. Merry Christmas &
Happy New Year! Let us all keep
Christ in Christmas.


Thank You!
Cameron Parish Branch NAACP,
Chapter President, LOUISE COLE

**Christmas
Blessings**


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make this a beautiful
holiday filled
with good
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you and
your
family.

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Holidays!**


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Letter to the Editor

Dear Editor:

Will Cameron Parish, Louisiana exist in the next decade? It may exist but not as we know it today and definitely not as it was in the past! Since Hurricane Rita and all of the insane regulations forced upon the people of Cameron Parish it has forever changed, if not destroyed Cameron Parish.

For instance FEMA comes to town shortly after Hurricane Rita, they bring with them the FEMA Cookie Jar of money and lots of promises. Such as we will fund this or that project BUT only if you agree to 100% compliance with ALL FEMA regulations.

You know for every citizen in the United States if you use leverage or threats of repercussions against some-

one in an effort to force them to comply with your desires its called extortion. But apparently its okay for FEMA to say, these are our recommendations for you Cameron Parish, but if you do not adopt them we will cut Federal Funding to Cameron Parish or kick you out of the Federal Flood Program.

Call it extortion, Call it Communism or whatever you want to call it. But this is not the Democracy that John Adams, Thomas Jefferson, Benjamin Franklin and George Washington set out to establish. I believe the United States Constitution is the greatest document ever written! But FEMA has taken our freedom away and trampled on OUR Constitution.

Where is our freedom of

choice? As long as I comply with the state building code and build as strong a house as possible, If I don't want flood insurance and don't want to comply with FEMA or their regulations why can't I?

I know all about FDIC and the rules regarding loans. But there are many former residents of Cameron who would come back and build as they could afford if allowed to do so. I know that common sense says that if I had two feet of water in my home for Hurricane Rita, the smart thing to do is elevate above that water level. But it's the way that FEMA wants you to elevate.

If you elevate the way they recommend it would cost \$100,000 to elevate a \$45,000 dollar mobile home. There is no other way to describe that other than INSANE.

The Cameron Parish School Board wanted to build the New South Cameron High School to an elevation that would have allowed the buses to drive under the building to load and unload students. They proposed to FEMA that they could do this in a way as to protect the students from the weather elements and it would also allow them to make a more secure campus. This would have put the New South Cameron High School above the tidal surge of Hurricane Rita. FEMA refused.

At the elevation that the new South Cameron High School is being constructed, for the next Hurricane Rita there will still be 9' feet of water in the building and once again the front wall will be blown out and all the desks and lockers will be on the football field.

Where is the intelligence in this. If you are going to force me to elevate and your paying the bulk of the construction cost would it not make sense to elevate above the water level of "Hurricane Rita"?

First FEMA says that you can bring in Park Model Trailers without elevating, now they say you have to elevate. Where is my guarantee. If I elevate 18' feet above sea level where is my guarantee that the next storm surge won't be 20' feet?

Most displaced Cameron Parish people could and would come back if they were allowed to build what they can afford. Where are our rights to choose. I should have the right to build my home, to the elevation that I want to build to. How I construct my home should have no bearing on my neighbor. If my neighbor wants to comply with all FEMA regulations and can afford it that's great, and that is his choice. But if I don't want to, that is my choice.

Every day people buy cigarettes. Eventually they will have Emphysema, COPD or even worse Cancer. Will FEMA some day stop them from buying cigarettes. NO, because they have freedom of choice. They chose to smoke. To what lengths will FEMA go to protect us. Maybe they will move the entire United States population to the Moon. They don't have hurricanes, tornados, earthquakes or floods there. But there may be a small problem with lack of oxygen but FEMA will work that out I'm sure.

The next question is what if FEMA doing? That is easy to answer. Ask any military strategist this question, "If your going to attack an enemy where would you attack?" The answer is where the enemy appears to be the weakest. Everyone on

the Gulf coast from Brownsville, Tex. to the Atlantic coast at New York Harbor better listen good. Cameron Parish, Louisiana is under FEMA attack because it is not only the largest parish in Louisiana, but it is also the largest coastal parish in Louisiana. But also the least populated.

That FEMA invasion force is attempting to get a foothold on the Gulf Coast and we are That foothold. We are going to be that example, the precedent for what will be the entire Gulf Coast. We are FEMA's Normandy. What ever regulations they can force on Cameron Parish they will do so on the entire Gulf Coast!

Where will it end? Where is all that FEMA help now that Ike has hit. Let's face facts Cameron Residents FEMA is not here to help anyone but FEMA! Can't anyone else see what their long range goal here is? If you get everyone to elevate to FEMA Code their hope is that they will never have to pay out a FLOOD POLICY EVER AGAIN! So now you get the privilege of attempting to make your homeowners policy pay up.

How many people are still waiting since 1957 and 2005 for that check to come in? And if you don't believe that FEMA is forcing their insane requirements on Cameron Parish you're sadly misinformed. If you attempt to apply for an SBA loan they will tell you right up front that they can't help you, because Cameron Parish is in a V-Zone. Well how can that be? The Cameron Parish Police Jury has not adopted the DFIRM maps because they are disputing FEMA's assessment. Does it really matter what the Police Jury does? FEMA is strong-arming Cameron Parish and forcing us to comply with their Flood Regulations whether the Police Jury approves it or not. Where is our right to appeal, where is our right to due process? If this does not fit the definition of Communism I don't know what does!

Let's play devil's advocate, let's assume everyone on the Gulf Coast elevates to FEMA requirements and we never get inundated with tidal surge ever again. We will still be required to keep flood insurance to satisfy FDIC. There for paying FEMA for a service we will never utilize. But what about people in Denver, Colo. Denver is called the mile high city.

When they take out a loan do they have the added expense of flood insurance? Of course not that would be silly. But seriously now what about the people in tornado alley? They have their own type of natural disaster. If FEMA attempting to force those people to build tornado proof homes. Of course not there is no way to build a tornado proof home! Just as there is no way to build a hurricane proof home!

Things are about to get even worse. In 2010 the next census will be taken. Get ready people, Cameron Parish Residents, you will be reapportioned in a way you would have never imagined it could be. The majority of the population now lives in the Hackberry, Grand Lake, Sweet Lake areas of Cameron Parish. After the next reapportionment the Police Jury will only have 5 members and not one of them will be elected from south of the Intracoastal Canal. Then with our declining population I have this question. How many people do we have to lose before the Louisiana Legislature dissolves Cameron Parish and divides it between Calcasieu, Jefferson Davis and Vermillion Parishes. This is the sad future of Cameron Parish. Everyone is fighting against us.

Don't get me wrong we have support in the Legislature and the Governor's Office, but not enough. There are people outside of Cameron Parish who don't care about us and quite frankly, want and are waiting for us to fail. That's why regardless of what the Cameron Parish Police Jury is doing or attempting to do we must stand up together and fight for Cameron Parish. We can no longer sit idly by and watch everything happening and say nothing. This is not England and FEMA is not King. I live in Cameron Parish because I love it! Not because FEMA says I can or cannot.

FEMA started a fight with the True Acadians. We were exiled once but NEVER AGAIN. The Police Jury said in a local newspaper article that they were out of options. I strongly disagree. We still have options we still have the state and federal courts

left. And lastly there is always opting out! FEMA started this fight not us. But are we going to roll over and play dead?

Let's contact the ACLU. Sit down with an attorney let's see what our options are. If we as a Parish cannot get our people to return we are in trouble and every Police Jury Member knows it. We need a work force. Our own government will NOT help out with housing, temporary or otherwise. So now we have residents in limbo. FEMA wants to use a Presidential Decree signed by President Carter as their basis for not bringing in housing for lower Cameron Residents. They brought in housing after Rita and Katrina. If it's wrong now it was wrong then.

This just further illustrates how FEMA makes up the rules as they go. As each day passes we are losing our residents, which is our work force and our backbone. Fishermen cannot afford to return to the fishing industry because they cannot afford to build to FEMA

Requirements. So now this Nation is on the brink of losing what was once one of the most productive seaports in the United States. And all for What? So FEMA never has to pay a flood policy again!

What I don't understand is why the insurance industry is not standing before Congress screaming because FEMA is attempting to put all of the burden on them!

We as a community need to start attending the local Police Jury meetings. The Police Jury needs to move the meeting time back to 5 p.m. so that the working people can attend and stop those 3 p.m. meetings.

Now is the time to write letters even though you think they will not get read, write them anyway. Write the news programs. Fox News, MSNBC, Rush Limbaugh, anyone you can think of including Congress and the President. We can either fight for Cameron Parish or watch it die!

Sincerely,
/s/ Milton A. Collins
Grand Chenier

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Merry Christmas


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The Library will close at 1:00 p.m. on Tuesday, December 23 and will re-open on Monday, December 29.

Cameron Parish Library Board & Staff

Merry Christmas - Feliz Navidad - Joyeux Noel



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A Christmas Wish List



May all your holiday wishes and dreams come true and may you and your family experience the warmth and joy of the season.

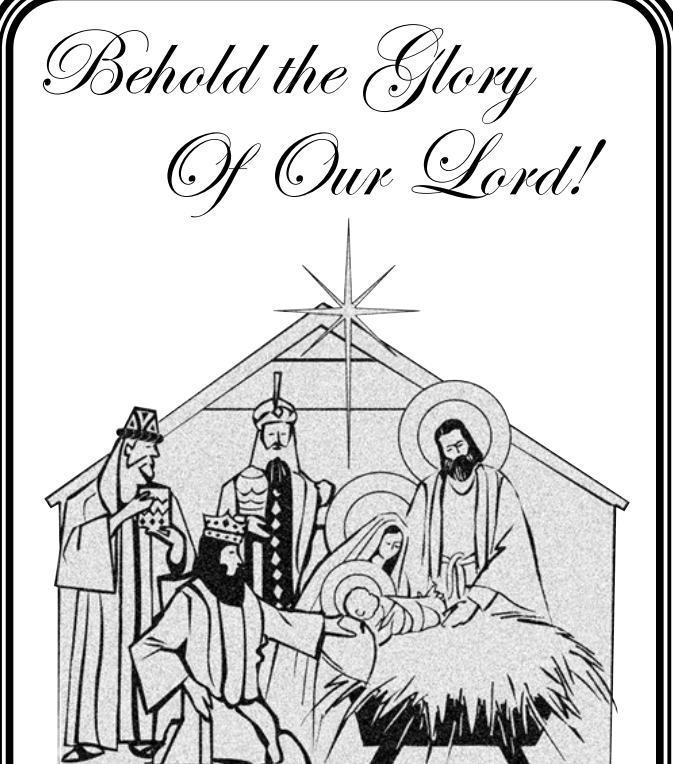
I hope all of you will have a wonderful Christmas with your families. If you go to holiday parties, please be careful afterwards while driving home.

My deputies and I are dedicated to serving you, the people of Cameron Parish, and feel free to call on us if we can be of help to you in any way.

MERRY CHRISTMAS & HAPPY NEW YEAR

Theos Duhon, Sheriff, Cameron Parish

Behold the Glory Of Our Lord!



CAMERON PARISH CLERK OF COURT

Merry Christmas From
Carl Broussard & Staff

Perennial plants are hardy and live for years

By LSU AgCenter Horticulturists

Perennials are plants that live for three years or more and often require two years or more from seed to flower. Technically, trees, shrubs and lawn grasses are all perennials, but gardeners use the term perennial as an abbreviation for "hardy, herbaceous perennial" - a group of nonwoody plants that reliably survive winter cold and grown for their attractive flowers or foliage.

Some perennials are evergreen and never go completely dormant, while others lose their leaves and essentially disappear at certain times of the year, usually winter.

Because they live for years, perennials reduce maintenance in the landscape compared with annuals. Perennial beds do not have to be cleaned out, prepared and replanted twice a year the way annual beds must be handled. Well-established perennials also generally need less watering to get by, particularly those that are drought-tolerant (such as many ornamental grasses, lantana, black-eyed Susan

and coneflower). These enduring plants are being rediscovered by Louisiana gardeners for their dependable seasonal effects. Perennials are easily used as ground covers, mixed with annuals, grown in containers, used as accents or specimen plants and included with other landscape plants as part of an overall design. Because many perennials bloom for a short period (a few weeks), it is best to combine various perennials that bloom at different times to extend the colorful display.

Also, consider the site before selecting your plants. Some perennials grow in virtually any of the growing conditions found in the typical landscape, from full sun to full shade and well-drained to boggy areas. But, you must carefully match the preferred growing conditions for a perennial with the location where you plant it. Air circulation is important for avoiding diseases - stagnant, warm and humid air creates ideal conditions for diseases. Perennial plants also require properly prepared soil, and a few have

specific drainage and fertility requirements.

Although most perennials may take a couple of years to flower from seed, many are started as easily started as annuals. The quickest way to have blooming plants, however, is to purchase transplants at local nurseries. Perennials may not look like much when you purchase them.

This is a reason newer gardeners, accustomed to buying annuals in full bloom, are slow to appreciate perennials. You must be able to imagine how they will look when they bloom. Pictures on labels, online and in garden references can help with this.

Gardeners also can create new plants from ones they already have by vegetative propagation, such as dividing old plants or rooting stem cuttings. Plants produced vegetatively have all of the traits of the original plant.

To divide perennials, first dig up the entire clump using a shovel or garden fork. Study the clump carefully and note the crowns or shoots present. Decide how many pieces to divide the clump into. Generally, each division should have several crowns or shoots. Decide where to make the cuts so that you avoid cutting through crowns or damaging shoots. Finally, cut apart the clump with a large, sharp knife. Be careful and wear leather gloves.

Perennial plants with shallow roots may be pulled apart by hand. Replant or pot up the divisions immediately. Try dividing monkey grass for experience; then move on to daylilies, and before long, you will have the hang of it.

In general, it is best to divide perennials during their dormant season; divide spring bloomers in the fall or winter and fall bloomers in winter or spring. Some faster-growing perennials may need dividing every two or three years or they will become crowded and bloom less or outgrow their location.

Many perennials may be propagated from stem cuttings. Take stem cuttings during the spring or early summer, choosing stems that are mature and firm but not yet hardened and woody. Cut off 4- to 6-inch segments using a sharp knife or shears and pinch off the succulent tip and any flower buds to force the cuttings to concentrate their energy on producing roots.

Remove the lower leaves that will be below the surface of the rooting medium (such as potting soil) but leave a few leaves to provide a source of energy for root initiation and growth.

You may not think about planting perennials in this time of year, but the success of fall-through late-winter planting is good. Recommended herbaceous perennials for Louisiana

Knowing soil nutrients will give you a better crop

Knowing what nutrients are in your soil and what nutrients are needed is a basic step towards good plant health. Soil nutrient balance must be managed for best plant growth, according to LSU AgCenter horticulturist Dr. Tom Koske.

"Early winter is a great time to do a soil test," Koske said, explaining that doing so now beats the spring rush and allows time to find and apply what is needed. For example, if lime is required to raise the soil pH, it must be applied several months before it is actually needed to support good spring growth. Lime takes several months to reduce soil acidity completely and may cause plant burning if applied when the weather is very warm.

A late-season soil test also can show how well you came through the past growing season. Test values should come out mid-range to show that your fertility program was adequate and not too strong or weak.

Too strong of a fertility program will cause a buildup of nutrients and a high or very high test result.

"A nutrient surplus is not

include lantana, perennial verbena, liriopse, Mexican heather, coneflower, cast iron plant, guara, chrysanthemum, yarrow, rudbeckia, perennial salvia, Louisiana iris, daylilies, Shasta daisy and coreopsis among others.

Be sure to select perennial flowers appropriate for your particular site and growing conditions. Whenever possible, select varieties that have proven superior in LSU AgCenter trials. Come to LaHouse in Baton Rouge to see our herbaceous perennial planting efforts and other sustainable landscape practices in action.

The home and landscape resource center is located near the intersection of Burbank Drive and Nicholson Drive (La. Highway 30) in Baton Rouge across the street from the new LSU baseball stadium. Go online to www.louisianahouse.org and www.lsuagcenter.com/lyn for more information.

like money in the bank," Koske said, explaining, "A buildup actually can lead to growth problems or ground-water pollution."

Too weak a program, on the other hand, registers low to very low test values. Low values indicate you had run out of good fertility before the end of the growing season and may have weakened the plants.

A routine LSU AgCenter soil test lists values for potassium, phosphorus, calcium, magnesium and pH among others. These major nutrients along with nitrogen fuel growth. Because nitrogen is so temporary, it's not included in the soil test.

"We just advise on its use, based on soil type and crop," Koske said.

If your soil is similar throughout the property, one sample from a 4- to 6-inch profile can be used to make recommendations for several plants. List all the plants for which you want fertilizer recommendations.

"Be crop-specific," Koske said, "because just listing

Bermuda grass, for example, could result in recommendations for a pasture, not a lawn."

Soil samples may be brought to your local parish LSU AgCenter office or delivered to the LSU soil test lab in Sturgis Hall on the AgCenter campus in Baton Rouge. The charge is \$7, and results can be e-mailed back to you. Go to <http://www.lsuagcenter.com/stpal> or contact your local county agent for more information.



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Sun. - 8 a.m. - 9 p.m.

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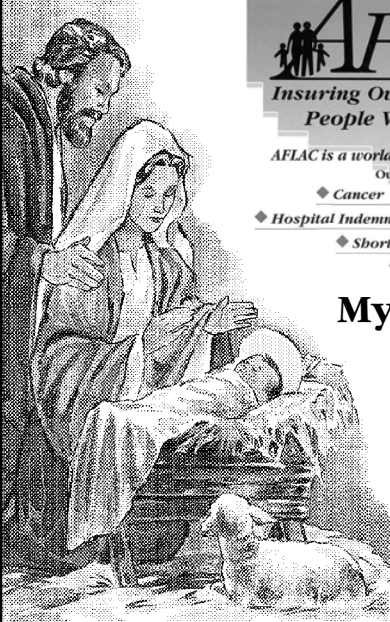
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-Luke 2:14

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Holiday Wishes

From All Of Us...

May Your Christmas Be Blessed With Family, Friends, Love And Warmth.

Merry Christmas & Happy New Year!!



538-2411

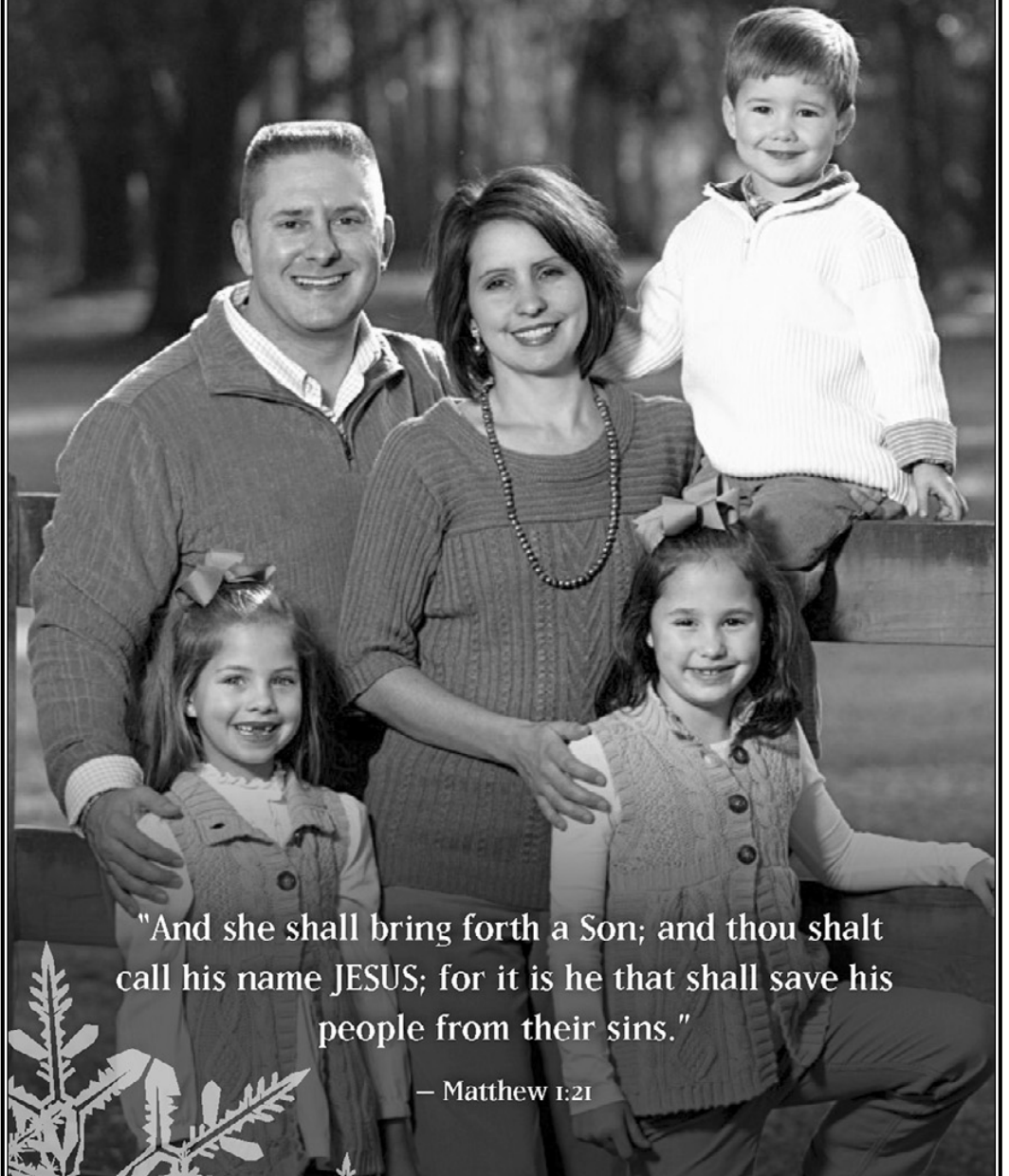


24 HOUR SERVICE

Merry Christmas

from the Perry Family

Jonathan, Christine, Major, Molli and Meredith



"And she shall bring forth a Son; and thou shalt call his name JESUS; for it is he that shall save his people from their sins."

- Matthew 1:21

Have a Blessed and Joyful Christmas

Paid for by Jonathan Perry for State Representative

Yes, Virginia, they do exist - the holiday blues, that is. How can you feel blue with all the glitz of decorations, party invitations, cheerful TV ads and so on? LSU AgCenter family sciences professor Dr. Diane Sasser says feeling blue is common, but it doesn't have to be.

Many people have the holiday blues for the same reasons others find the occa-

sion so joyous: sensory overload and a desire for magazine-ad perfection. Others have the blues from a sense of loss - of family members, of finances or of days gone by.

How do you know if you have the blues? Sasser says the blues typically last only a short time. If they last every day for more than a couple of weeks, you may have serious depression.

Feelings of fatigue, sadness, tension, hopelessness or helplessness, difficulty concentrating or making decisions, irritability, headaches or other pains may be signs of the blues. If these feelings persist, however, you may need to seek professional help. Don't ignore your mental health. You would see a doctor if you were physically ill; seek help for depression, too.

How do you cope with the blues? Sasser says, first, be realistic about the holidays. Those homes decorated in the magazines are done by dozens of professionals and their staffs months in advance. If you find a "real person" with a picture-perfect home, chances are there's a closet or garage somewhere hiding the extraneous "stuff" and one exhausted homeowner.

Another way to overcome the holiday blues is to concentrate on the present and what you have rather than what you don't have. Consider the significance of the holidays for you and your family rather than striving for the media image of the season. Come up with new holiday traditions - ones that don't involve much money and that focus on family togetherness. For example, you might create new and inexpensive holiday decorations and gifts.

Honor those who are no longer with you by focusing on those who are around you. If you know someone without family during the holidays, invite them to be part of yours. If you feel alone, reach out and let someone know. Don't suffer in silence.

Find activities to do together as a family, such as visiting displays, attending parades and viewing Christmas lights. Instead of focusing all your efforts on celebrating one big day when you struggle to get meals prepared, gifts wrapped, trees trimmed and such, spread more leisurely, less stressful activities over many days.

Volunteer to help others if possible. Taking the focus off your own concerns and putting it on others can make you feel better. This will go a long way in adding meaning to your holidays.

Delegate responsibility to other family members. Only do what you know you can do in a realistic amount of time.

Don't make comparisons. This holiday may not be like holidays gone by. Things change, and you can make that change better. Don't compare what your family does for the holidays with what others do. Behind the Jones' Christmas cruise may be hiding a trip to save their marriage.

Your mental health can affect your physical health and vice versa. Eat healthy foods. Don't skip breakfast. And don't overindulge. Overeating can cause stress. Drinking alcohol can trigger depression. Get plenty of rest. Don't try to make every holiday event that you are invited.

Talk to someone you trust or to a professional. You'd be surprised how many people are experiencing the same type of feelings!

Some resolutions for your driving in the new year

At this time of year, everyone hopes to close the book on bad habits and resolve to do better. Experts agree that many people break their New Year's resolutions because they set unrealistic goals for themselves. However, there are common driving behaviors that drivers can resolve to improve, which are not only attainable but can make it a safer year for everyone.

"Bad driving is often just a habit you get in to," said Ray Palermo, director of public relations for Response Insurance. "It can take as few as 21 days for people to adopt a new habit. So, drivers can help ensure that 2009 is safe for themselves and others on the road in a relatively short period of time." He offered a few New Year's Resolutions for drivers.

***Use your turn signals.** Letting other drivers know where you are heading avoids crashes.

***Stay calm.** Don't compound another driver's foolish driving maneuver by making your own. Don't overreact to events that can lead to road rage.

***Know where you are going.** And, if you do make a wrong turn, just keep going. More often than not, you can return to the correct road pretty quickly and do it without endangering others.

***Maintain your car.** Check all fluid levels, change the oil if it's due, clean the car's windshield, windows and headlights, make sure your lights and directionals are working properly, check the tire tread and air pressure.

***Sleep.** Rest can be your best defensive driving weapon. Long hours behind the wheel, particularly at night, make you drowsy, less alert to danger and increase your response time.

***Stop multi-tasking.** Eating, reading, and talking on a cell phone (even hands-

free) while driving are distracting.

Never drink and drive. And, be alert for drivers who may not be as safe as you.


Get an emergency kit. A first aid kit should minimally include bandages, tape, wash & dry cloth and a topical antiseptic. A car kit should include oil, anti-freeze, transmission and brake fluids, basic tools, signal flare, flashlight (with fully charged batteries) and duct tape.

Additional information on this and other car and homeowner topics is available at the Response Insurance Safety Information center: www.response.com/safety.

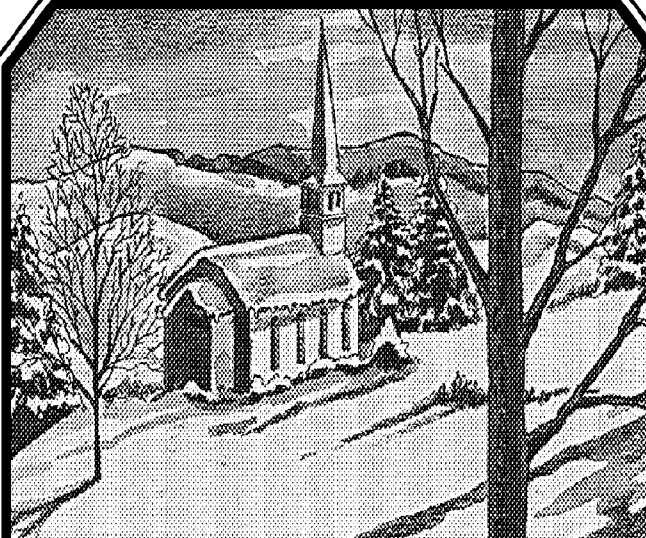
Saltine Toffee Cookies

4 ounces saltine crackers (1 stack)
 1 cup butter
 1 cup packed dark brown sugar
 2 cups semisweet chocolate chips
 3/4 cups pecans
 Preheat oven to 400°F. Line cookie sheet with saltine crackers in single layer. In a saucepan combine the sugar and butter. Bring to a boil and boil for three minutes. Immediately pour over saltines and spread to cover crackers completely. Bake at 400°F for five - six minutes. Remove from oven and sprinkle chocolate chips over the top. Let sit for five minutes. Spread melted chocolate and top with chopped nuts. Cool completely and break into pieces.

May Faith Be Your Guide



During this holy season, may you follow your heart to a place of peace, contentment and joy.
 Wishing Everyone A Merry Christmas & A Happy New Year
 Paul & Cyndi Sellers



"For unto you is born this day in the city of David a Saviour, which is Christ the Lord."
 — Luke 2:8

Hallelujah!

Wishing you a world of peace and joy at the celebration of His birth.

Brown's Food Center
 Hackberry, LA
Brown's Neighborhood Market
 Grand Lake, LA


Volunteer to help others if possible. Taking the focus off your own concerns and putting it on others can make you feel better. This will go a long way in adding meaning to your holidays.

Delegate responsibility to other family members. Only do what you know you can do in a realistic amount of time.

Don't make comparisons. This holiday may not be like holidays gone by. Things change, and you can make that change better. Don't compare what your family does for the holidays with what others do. Behind the Jones' Christmas cruise may be hiding a trip to save their marriage.

Your mental health can affect your physical health and vice versa. Eat healthy foods. Don't skip breakfast. And don't overindulge. Overeating can cause stress. Drinking alcohol can trigger depression. Get plenty of rest. Don't try to make every holiday event that you are invited.

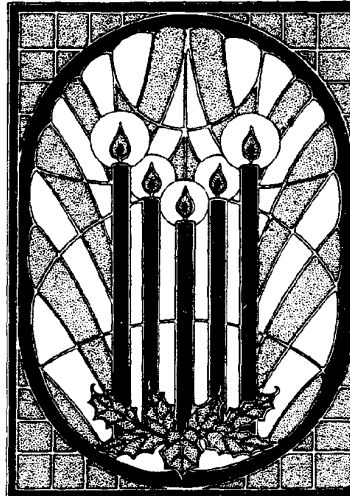
Talk to someone you trust or to a professional. You'd be surprised how many people are experiencing the same type of feelings!



*Remember...
 Christ is the reason we celebrate the Christmas Season
 Merry Christmas*

Exercise is important, too. Going for a walk reduces stress and helps ward off weight gain. If you shop at a mall, park far away so you have farther to walk.

"Don't try to tough it out," Sasser said. "Take action to turn blues into holiday spirit."



May All Your Christmases Be Bright

Wishing you joy now and forever
Cameron Parish Tax Assessor
 R. E. "Bobby" Conner & Staff

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Stopping smoking is the most important step toward a long life

Stopping smoking is the single most important step that a smoker can take to enhance the length and quality of their life. Quitting is not easy, but the best chance of quitting successfully happens with the support of family and friends and resources that help smokers find the support and tools they need to quit in their own way, and on their own terms. This holiday season, give the gift of health. Help a smoker quit.

Evangelin Beedilla, MD, MPH, the cessation program monitor for the Louisiana Department of Health and Hospitals Tobacco Control Program emphasizes that, "Quitting smoking is a gift that delivers immediate health benefits by lowering the risk of lung and other cancers, heart attack, stroke, and chronic lung disease.

Making the decision to quit using tobacco is a critical first step toward conquering a nicotine addiction, but no one has to go it alone. A support network of family and friends coupled with a little guidance and ongoing encouragement, all contribute to a tobacco user's success with quitting."

In Louisiana, tobacco users have a comprehensive online cessation source - www.QuitWithUsLA.org - that provides easy access to proven cessation tools and programs in a single location that can help them quit successfully.

"Some tobacco users choose to simply quit cold turkey, others prefer working with an individual quit coach by phone, and then there are some who thrive within the dynamics of group counseling. With just a few clicks, Louisiana tobacco users can find many free cessation programs, tools and resources to meet their individual quit needs," adds Monette Kilburn, Lake Charles interim coordinator for The Louisiana Campaign for Tobacco-Free Living.

The Quit With Us, Louisiana Web site empowers tobacco users with important information and tips for quitting, and offers links to

online resources and free statewide cessation programs -- all accessible from a single location, including:

The Louisiana Tobacco Quitline, 1-800-QUIT-NOW - free and confidential advice and support by telephone for Louisiana residents, ages 13 and older, who are interested in or ready to quit smoking. Certified quit counseling is available in English, Spanish and other languages, 24 hours a day, 365 days a year.

Group Cessation Counseling - group cessation counseling classes offered through the American Lung Association's Freedom from Smoking Clinics.

The Tobacco Control Initiative (TCI) - tobacco cessation resources and services within public hospitals throughout Louisiana. Cessation resources and services provided by TCI combine behavioral counseling, social support, and pharmacotherapy to assist patients in their efforts to discontinue tobacco use.

"The Quit With Us, Louisiana website is a great starting point for smokers who are contemplating quitting or those who are firm in their decision to conquer their addiction in the New Year," says Beedilla. "Tobacco users appreciate the anonymity, accessibility and ease of going online to seek information and help from a single source. There's no better time than the present to quit."

To learn more about Louisiana's comprehensive cessation resources, visit www.QuitWithUsLA.org.

Quit With Us, Louisiana is a partnership of The Louisiana Campaign for Tobacco-Free Living and Louisiana Department of Health and Hospitals Tobacco Control Program. The Quit With Us, Louisiana website is a resource for those who want to quit on their own or help their friend or loved one quit, and for healthcare providers who identify that their patients are tobacco users and have a desire to quit.

Kids are good helpers during the holidays

Kids enjoy being holiday helpers. This year, let your children share in planning and preparing holiday meals. Include some of their favorite foods as an extra incentive, says LSU AgCenter nutritionist Dr. Beth Reames.

Preparing their own food can help children develop an awareness of the importance of meals and snacks and an appreciation of good nutrition. Using their hands helps kids develop muscle coordination while the whole food preparation experience can help them develop self-esteem.

Children have to be shown and taught how to prepare food. The nutritionist says kitchen activities should be tailored to each child since no two children are the same developmentally. Allow enough time, and the skills will come.

Whether an adult or child is preparing meals, however, food safety practices are important for all age groups, Reames says:

- Wash hands in hot, soapy water before beginning food preparation.
- Make sure work surfaces and utensils are clean before preparing food.
- Wash hands, utensils and counter surfaces after handling raw meat, poultry or fish and before preparing other food.
- Make sure perishable

foods don't stay at room temperature for more than two hours, including preparation time.

Reames offers these food preparation ideas for different age groups.

Ages 2-3. Wash fruits and vegetables, peel bananas, slice soft foods such as bananas and cooked potatoes or carrots, stir mixes or batters, pour small amounts of liquids into a bowl, mix with a rotary eggbeater, measure items such as chocolate chips or nuts, take ingredients from one place to another.

Ages 4-5. Open packages, grease pans, peel carrots, mash a banana using a fork, help set the table, cut cookies with a cookie cutter, tear lettuce for salad, place toppings on pizza or snacks.

Ages 6-8. Set table (with supervision), help plan meals and snacks, find ingredients in the cabinet or refrigerator, shred cheese, garnish food, measure ingredients, roll and shape cookies, set food on the table.

Ages 9-12. Help plan and prepare entire meals or snacks with supervision.

For related nutrition and safety topics, go to the LSU AgCenter home page at www.lsuagcenter.com and click on the Food and Health link. For local information and educational programs, contact an extension agent in your parish LSU AgCenter office.

Healthy eating tips for all those holiday events

Families can keep holiday traditions without tipping the scale by following a few tips from Vicky Chesser, LSU AgCenter registered dietitian.

Although the average American gains 3 to 5 pounds during the holidays, Chesser says you do not necessarily have to cut fat and calories out of favorite holiday recipes as long as you are physically active.

The LSU AgCenter dietitian said the pounds don't necessarily come off because of a New Year's resolution. Shortly after New Year's come Valentine's Day candy, Mardi Gras parties and Easter chocolates, and before you know it, it's football tailgating season again.

"Radical changes will not work. We didn't get habits overnight," Chesser said. "We're not going to change them overnight."

She recommends the following:

Get plenty of sleep. Studies show lack of sleep is associated with being overweight.

Drink water. The better hydrated you are, the better your metabolism is.

Dress for success. Don't go to a holiday meal wearing roomy clothes. Get rid of your comfortable clothes. "At least don't eat in them," Chesser said.

Eat slowly. Put your fork down after every bite.

Have a plan. You don't always know what you are going to eat. Eating breakfast makes you less tempted to eat if you are not hungry. Don't arrive starving.

Carry comfortable shoes with you so you can take an extra lap around the block or around the mall after shopping.

When you are the guest, volunteer to be the photographer. "Busy hands can't be eating hands," Chesser said.

Other suggestions for the guests are:

Talk more and eat less. Spend time with your family. "It's not really about the food," Chesser said.

Tips on what to do with leftover paint

(NAPSA)-The best way to give leftover paint headaches the brush-off is to measure the area to be painted before you start. Surprisingly, a consumer study showed that nearly half of all respondents reported they do not measure before purchasing paint.

Here's a Five-Point Program for leftover paint from the National Paint & Coatings Association that saves you money, keeps your home and garage from being cluttered and helps the environment by keeping usable paint out of the waste stream.

1. Buy the Correct Amount of Paint for the Project-By checking with your local paint dealer on how to determine the correct volume of paint required for your project, you can eliminate the need to store or dispose or recycle paint when the project is finished.

2. Store Paint Properly to Keep it Fresh-If your project is complete and you still have a fair amount of paint left over, cover the opening of the paint can with plastic wrap and securely seal the lid. When you are sure the lid is leakproof, turn the can upside down and store it in a place with a moderate room temperature to avoid freezing. Be sure to choose a safe location that is out of the reach of children and pets.

3. Use Up Leftover Paint-Now that you have safely stored your leftover paint,

don't forget about it. Leftover paint can be used for touch-ups or smaller projects and lighter colors can be taken back to a paint retailer and be retinted for another paint project.

4. Reuse or Recycle-For a community association, theater company, church group or other local organizations that may be in need of good paint, check the "Earth 911" Paint Wise Web portal at earth911.org/recycling/paint-reuse or call 1-800-CLEAN-UP to learn about paint reuse, recycling and HHW (Household Hazardous Waste) collection programs that are available in your community.

5. Dispose of Paint Properly-If there is not a leftover paint collection program available in your area, you may need to dispose of leftover latex paint yourself. Air-drying of liquid alkyd or oil-based paint is not considered safe. In regions that allow it, let your latex paint air-dry in a safe location away from children and pets.

According to the National Paint & Coatings Association's Five-Point Program for Leftover Paint, solvent-based paint should be managed only by a hazardous waste program. For more tips on what to do with leftover paint, visit http://www.paint.org/issues/post_consumer.cfm.

Merry Christmas & A Joyful New Year

To ALL of Cameron Parish

From

Your Registrar of Voters Office

Suzanne Sturlese, Registrar

Michelle Richard, Chief Deputy

Congratulations and Best Wishes

JUDGE H. WARD FONTENOT

On Your Retirement

The Cameron Parish Water and Wastewater District #1 Wishes You The Best On Your Retirement And Would Like to Take This Time To . . .

THANK YOU

For Your Many Years of Service To The Sewer Board And Your Many Hours As Mediator Between The Water And Sewer Boards

The Cameron Parish Water And Wastewater District #1 Board Of Directors And Staff

Thank You,

We would like to thank everyone who sent food, flowers, cards and for all the phone calls we received, and especially for the prayers that were said on our behalf. Your kindness was a blessing during our time of sorrow.

We sincerely appreciated the assistance of West Cal-Cam Ambulance Service, the nursing staff at the hospital, and the first responders in the Carlyss/Sulphur area.

Also, a special thank you to Father Wayne LeBleu, Father Joe McGrath, Dewanna and Johnson Funeral Home; and Linda Dahlen for leading the Rosary.

Thank you to the Pallbearers; Charles Vincent, Alvin Hebert, Drew LaBove, Gabi Fontenot, John Smelley and Bobby Benefield. Every act of kindness shown our family is truly appreciated.

The Family of Judy Vincent



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Happy Holidays!

Let us Put The "Magic" Back In Your Holiday This Year!!

Gilbert's

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To Our Loyal Readers At Christmas

As we wrap up another holiday edition, we'd like to deliver an extra measure of thanks and best wishes to all of you.

Here's hoping all your news is good news this season.

The Cameron Parish Pilot

Jerry & Joy, Jeffra & Doug, Shirley, Crystal, Dawn, Julie, Tina, Annette, Carrol, & Dustin

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LEGAL NOTICES

LEGAL NOTICE
This is to advise that the Cameron Parish Water and Wastewater District 1 meeting in regular session convened on the 20th day of November 2008 accepted as complete and satisfactory the work performed under Project Number 2008-01; Proposed Water Well No. 3A and P & A of Existing Well No. 7 pursuant to the certain contract between Griner Drilling Services, Inc. and said Cameron Parish Water and Wastewater District 1 under File No. 310015, in the book of Mortgages, Cameron Parish, Louisiana.

NOTICE IS HEREBY GIVEN that any person or persons having claims arising out of the furnishing of labor, supplies, material, etc., in the construction of the said work should file said claim with the Clerk of Court of Cameron Parish, Louisiana on or before forty-five (45) days after the first publication hereof, all in the manner and form as prescribed by law. After the elapse of said time, the Cameron Parish Water and Wastewater District 1 will pay all sums due in the absence of any such claims or liens.

BY: J. C. Murphy, President
RUN: Nov. 27, Dec. 4, 11, 18, 25, Jan. 1 & 8 (N 37)

NOTICE TO BIDDERS
The Cameron Parish School Board will receive sealed bids until **10:00 A.M., January 2, 2009**, at the Office of **Randall D. Broussard - Architect, L.L.C., 206 South Huntington Street, Sulphur, Louisiana 70663** for **Bleacher Replacement at Johnson Bayou School**. Complete plans and specifications may be obtained from Randall D. Broussard - Architect, L.L.C., 206 South Huntington Street, Sulphur, Louisiana 70663.

No Bid shall be considered or accepted unless the bid is accompanied by bid security in an amount not less than five percent (5%) of the Base Bid and all Additive Alternates. The bid security shall be in the form of a certified check or cashier's check drawn on a bank insured by the FDIC, or a Bid Bond Form written by a surety company licensed to do business in Louisiana with a A.M. Best rating of "A" or better, countersigned by a person who is under contract with the surety company or bond insurer as a licensed agent in this state and who is residing in this state.

Each bid must be placed in an envelope, sealed and marked on the outside, "Bleacher Replacement at Johnson Bayou School." The sealed envelope shall bear the name, address and license number of the bidder.

The owner reserves the right to reject any and all bids. In accordance with La. R.S. 38:2212 (A) (1) (b), the provisions and requirements of this Section, those stated in the advertisement for bids, and those required on the bid form shall not be considered as informalities and shall not be waived by any public entity.

A deposit may be required on the bid documents; however, the deposit shall not exceed twice the actual cost of reproduction. Deposits on the first set of documents furnished bona fide prime bidders will be fully refunded upon return of the documents no later than ten days after receipt of bids. On other sets of documents furnished to bidders the deposit less actual cost of reproduction, will be refunded upon return of the documents no later than ten days after receipt of bids. R.S. 38:2212 (A) (1) (c).

Stephanie Rodrigue,
Superintendent
Cameron Parish School Board
RUN: Dec. 11, 18 and 25 (D 36)

38th JUDICIAL DISTRICT COURT BID ON SURPLUS PROPERTY DECEMBER 15, 2008

Sealed bids will be received by the Thirty-Eighth Judicial District Court for sale of items deemed as surplus property by court order dated December 15, 2008.

Bids will be received until 12:00 noon, December 30, 2008 and should be mailed to P O Box 578, Cameron, Louisiana, 70631 or delivered to the court offices at 119 Smith Circle, Cameron, Louisiana. Bids should be in an envelope marked "Bid on 38th JDC surplus property." The items to be sold are:

1. MacBook Air-#ZOER
2. Mac Pro, CTO #ZOD8
3. Stylus Printer, #C120

RUN: Dec. 18 & 25 (D 50)

PROCEEDINGS CAMERON PARISH WATER AND WASTEWATER DISTRICT NO. 1
November 20, 2008

The Cameron Parish Water and Wastewater District No. 1 Board met in regular session on Thursday, November 20, 2008 at 1:00 PM in the water district office located at 126 Ann Street in the town of Cameron, Louisiana.

Members present were: J. C. Murphy, Bobby Doxey, James Boudreaux, and Tony Porche.

Absent: Angie Brown, Tammy Peshoff

President J. C. Murphy called the meeting to order.

On a motion by James Boudreaux, and carried with a majority vote to add to the agenda: Notification of withdrawal of request for Public assistance (RPA) FEMA-DR-1792-LA.

On a motion by James Boudreaux, seconded by Tony Porche and carried to approve and dispense from reading of the October minutes.

On a motion by Tony Porche, seconded by Bobby Doxey and carried to approve the financial statement.

On a motion by Bobby Doxey, seconded by Tony Porche and carried that the bills for the month be paid.

On a motion by Bobby Dowxy seconded by James Boudreaux and carried to accept project

2008-01 as complete.

On a motion by James Boudreaux, seconded by Tony Porche and carried to amend the 2008 budget.

On a motion by Bobby Doxey, seconded by Tony Porche and carried to advertise the yearly budget for Cameron Parish Water and Wastewater District #1.

On a motion by Tony Porche, seconded by James Boudreaux and carried to accept the Cameron Parish Police Jury's Phipps number with approval from Administrator Tina Horn to be able to view and check online, the daily progress of Cameron Parish Water and Wastewater District #1 Project Worksheets.

On a motion by Tony Porche, seconded by Bobby Doxey and carried there being no further business the meeting stands adjourned.

/s/ J. C. Murphy
J. C. Murphy, President
Cameron Parish Water & Wastewater District #1

/s/ Kathryn Guilbeau
Kathryn Guilbeau,
Secretary
RUN: Dec. 25 (D 55)

PUBLIC NOTICE
In accordance with Act #467 of the 1999 Legislature regarding public meeting laws, regular meeting of Cameron Parish Waterworks District No. Nine, for the Year 2009, are to be held as follows:

A. Meetings will be held last Thursday of each month.
B. Time of meeting set at 5:00 p.m.

C. Change of meeting or call for special meeting will be published in offices of the District at least twenty-four (24) hours prior to such meeting.

D. In case of extraordinary emergency, such notice shall not be required, however, the public body shall give such notice of the meeting as it deems appropriate and circumstance permit.

BOARD OF COMMISSIONERS CAMERON PARISH WATERWORKS DISTRICT NO. NINE
RUN: Dec. 25 (D 56)

PROCEEDINGS
Cameron Parish EMS
Lower Cameron Parish Ambulance Service District
Board of Directors Meeting
November 19, 2008

Meeting called to order at 4:20 p.m. by President Phyllis Pinch.

Pledge of Allegiance and Prayer was lead by Ms. Pinch.

Roll call: Present - Loston McEvers, Phyllis Pinch, Jo Ann Nunez and Christine Mooney.

The following amendments to the agenda were proposed:

New Ambulance
Certificates of Deposit

Mr. McEvers motioned to approve the amendments to the agenda. Second by Ms. Nunez. None opposed. Motion carried.

Mr. McEvers motioned to approve the minutes for the August 20, 2008 meeting. Second by Ms. Nunez. None opposed. Motion carried.

Director, Byron Broussard, presented the director's reports for September & October 2008, which included monthly call volume, asset report, tax revenues received, payment report and expense report. Account adjustments were presented, approved and signed by the board president, Ms. Pinch.

Mrs. Mooney motioned to approve and accept the director's report. Second by Ms. Nunez. None opposed. Motion carried.

Mr. McEvers discussed the CD being renewed in December. He advised Mr. Broussard while getting quotes for interest rate, he should be aware that a shorter term may yield a better rate. He asked that Mr. Broussard obtain rates from multiple banks and to accept the highest rate. He also stated that the bank should pledge securities as required for public entities. Ms. Nunez motioned to accept. Second by Mrs. Mooney.

Mr. McEvers discussed purchasing an ambulance. He requested that the ambulance crews evaluate the existing fleet to determine which unit should be replaced first. He also asked that Mr. Broussard contact Excellence, Inc. to inquire about remounts and trade-ins. Mr. Broussard advised the board that a preliminary set of specifications have been received from Excellence and he was in the process of going through each item so that any desired changes can be made. Ms. Nunez motioned to accept. Second by Mrs. Mooney.

Mr. Broussard gave a report on the condition of the district's property. He stated that the insurance adjustor with VFIS advised that both trailers at the Creole station are considered totaled. The Grand Chenier trailer has approximately \$13,000 in damages. Conexes have been cleaned and are in use. Sheds are considered totaled, but are in place and being cleaned. Loss of contents and supplies have been listed and submitted to the insurance adjustor. Police Jury administrator, Tina Horn, advised the board that a temporary facility would be possible, but must meet elevation, and FEMA will reimburse 75%. MWH Global engineer Tim White stated that he would be getting information on codes for the board. Mr. Broussard asked that the board to advise him on the removal of the damaged trailers. Mrs. Mooney motioned to put the three damaged trailers out for bids to be sold and to begin the process for purchasing new ones. Second by Ms. Nunez. None opposed. Motion carried.

Ms. Nunez motioned to adjourn. Second by Mrs. Mooney. None opposed. Motion carried. Meeting Adjourned.
RUN: Dec. 25 (D 57)

PUBLIC NOTICE
All interested persons are hereby notified that the Fiscal

BID NOTICE
The Johnson Bayou Recreation Center will be accept-

ing sealed bids on or before 12:00 p.m. Friday January 16, 2009, mailed to address 135 Berwick Road, Johnson Bayou, LA 70631 for the following old recreation center equipment.

Metal roofing material previously occupying a pool canopy and the pool house roof. Material is to be removed AS IS along with all screws, nails or other fastening material. All material must be completely removed from the grounds.

All bids arriving after this date and hour will be returned to bidder unopened. Bid envelope should be clearly marked on outside of what you are bidding on. All items are available for your viewing at the following times:
Monday 9:00 - 3:00 p.m.
Wednesday 9:00 - 3:00 p.m.
Friday 9:00 - 3:00 p.m.

Bids must be mailed and will be opened at the January meeting on Tuesday January 20, 2009.
For any additional information you may contact Christen Trahan at the Recreation Center, 337-304-4622.
RUN: Dec. 25 Jan. 1 & 8 (D 63)

BID NOTICE
The Johnson Bayou Recreation Center will be accept-

Year 2009 Budget of the Cameron Parish Police Jury is complete and available for public inspection.

The budget and supporting documentation is available at the Cameron Police Jury Office, 5460 W. Creole Hwy., Cameron, LA from 8:00 A.M. to 4:00 P.M. weekdays. It is also on file at the Grand Lake Branch Library during their normal business hours.
RUN: Dec. 25 (D 58)

PROCEEDINGS GRAVITY DRAINAGE DISTRICT NO. 4
August 14, 2008

Gravity Drainage District No. 4 held a regular meeting at the Creole Fire Station, in Creole, Louisiana at 6:30 P.M., Thursday, August 14, 2008.

PRESENT: Leslie Griffith, Shane Broussard, Michael Semien, Greg Comeaux
ABSENT: Raven Benoit

The meeting was called to order by Chairman Leslie Griffith.

On motion of Mr. Semien, seconded by Mr. Comeaux and carried, the minutes were approved.

On motion of Mr. Comeaux, seconded by Mr. Broussard and carried, the financial report was approved.

On motion of Mr. Semien, seconded by Mr. Broussard and carried, the following permits were approved:

a) Pel-Tex Oil Company - proposed well site

b) Rozelle Operating Company - saltwater disposal well

On motion of Mr. Semien, seconded by Mr. Comeaux and carried, the following bills were approved for payment:

Jeff Davis Electric - \$18.72
Cameron Pilot - 24.00
Crain Brothers - 696.00
TLC - 350.00

The Chairman provided a brief status report of ongoing maintenance of the structures.

There being no further business, on motion of Mr. Semien, seconded by Mr. Comeaux and carried, the meeting was declared adjourned.

APPROVED:
LESLIE GRIFFITH,
CHAIRMAN

ATTEST:
MICHAEL SEMIEN,
SECRETARY
RUN: Dec. 25 (D 59)

ADVERTISEMENT FOR BIDS
PARISH OF CAMERON STATE OF LOUISIANA

Sealed Bids will be received until the hours of 2:00 PM, on Thursday, February 5, 2009 at South Cameron Memorial Hospital, East Wing, 5363 West Creole Highway, Cameron, LA 70631 at which time they will be publicly read, for furnishing all labor, materials, equipment, etc., and performing all work necessary for:

A New Holly Beach Fire Station
Cameron Parish Fire Station Protection District No. 10
Cameron Parish, Louisiana

This project consists of furnishing and installing, A New 3 Bay Fire station with Offices, Dayroom and Bedroom Facilities.

Each bid must be accompanied by a certified check, cashier's check or bid bond acceptable to the Owner in the amount equal to at least five percent (5%) of the total amount bid and payable without condition to the Owner as a guarantee that the bidder, if awarded the contract, will promptly execute a contract in accordance with his proposal and all terms and conditions of the Contract Documents.

The drawings and specifications are on file and open for inspection at the office of Royal Engineering and Consultants, LLC, Cameron Office, 124 D. Street, Cameron, LA 70631, and may be secured from the office of H. Curtis Vincent - Steven D. Shows Architects, by licensed contractors upon payment of \$200.00 per set, of which \$100.00 is refundable to each bona fide bidder, upon return of bid documents in good condition within ten (10) days after receipt of bids.

The Cameron Parish Police Jury reserves the right to reject any and all bids, waive informalities, and to make awards as the Council might elect.

Sonny McGee,
President
CAMERON PARISH POLICE JURY

Eula Lopez, Clerk
Cameron Parish Council
RUN Dec. 25, Jan. 1, 8 (D 60)

PUBLIC NOTICE

The Cameron Parish Police Jury anticipates receiving federal grant monies for the purpose of new construction/repairing buildings and facilities in Cameron Parish. The Police Jury is interested in procuring engineering/architect firms to assist with preparing the applications and providing the engineering/architect designs and inspections if the projects are funded.

The procedures for the selection of these firms will be in accordance with the procurement requirements of the LCDDBG Program. All responses received will be evaluated in accordance with the selection criteria and corresponding point system that is identified in the Request for Qualifications of the Engineering firm.

Interested parties are invited to submit their qualifications to Mrs. Tina Horn, Cameron Parish Police Jury, P. O. Box 1280, Cameron, Louisiana 70631 or 5360 West Creole Highway, Cameron, Louisiana 70631. A response to this request must be hand-delivered or mailed to the above named person at the above named address in such a manner that it is received no later than close of business on January 15, 2009. The Cameron Parish Police Jury is an Equal Opportunity Employer and encourages all small and minority-owned firms, women's business enterprises and Section 3 businesses to apply.
Run: Dec. 25 (D 61)

BID NOTICE
The Johnson Bayou Recreation Center will be accept-

Sandwich on a Stick

How do you turn a sandwich into a fun snack? Make it a stick-wich!

- bread
- cheese
- lunch meat
- grape tomatoes
- lettuce
- pickles
- olive

1. Cut up cubes of bread, cheese, and lunch meat (we ordered 1/2-inch-thick slices of ham and turkey at the deli counter).
2. Slide the cubes onto a skewer with other foods your child likes, such as a grape tomato, a piece of lettuce, a pickle, or an olive.
3. Set out a side of mayo or mustard for dipping.

Ideas to reduce holiday waste

The traditional song calls for people to dream of a white Christmas, but for the conscientious consumer, it can also be a green holiday season. No matter what holiday you celebrate, you can take steps to reduce the annual increase in waste created between Thanksgiving and the New Year.

"If each of us took a few small steps to reduce the waste we produce or increase the amount of materials we recycle during the holidays, we'd save a tremendous amount of materials, energy and landfill space," said Tricia Farace community affairs manager for Waste Management of Louisiana. "There is no shortage of ways to cut down on wastefulness at the holidays."

Composting can reduce the amount of organic waste produced in the home. Holiday meal preparation can generate a large amount of potato peels, fruit rinds, coffee grinds, other vegetable waste and eggshells that can be composted. Compost piles are easy to create and composting bins can make a great gift for those looking to take recycling to the next level.

For the even more ambitious recycler, consider giving them the gift of vermiculture: indoor recycling that uses worms to digest organic waste and create a rich compost that can be used in the garden or in your houseplants.

If you have a fresh tree, garland or wreaths, be sure to recycle them when the holidays are over. Check with your municipal office about tree collection schedules. If you live in a rural or less-densely developed area, trees can be placed in an out-of-the-way spot and will create habitat for wildlife.

If getting your holiday decorations out of storage makes you ask yourself where you'll find space to put them away in January, maybe it's time to clean out the attic or basement. Before you throw things away and therefore miss opportunities to recycle, consider whether an item still has a service life and is acceptable for donation to an organization such as the Salvation Army.

Here are other ways to make this holiday season greener:

§ Visit www.thinkgreenfromhome.com to purchase recycling kits and gift cards

ing sealed bids on or before 12:00 p.m. Friday January 16, 2009, mailed to address 135 Berwick Road, Johnson Bayou, LA 70631 for the following old recreation center equipment.

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For any additional information you may contact Christen Trahan at the Recreation Center, 337-304-4622.
RUN: Dec. 25 Jan. 1 & 8 (D 63)

BID NOTICE
The Johnson Bayou Recreation Center will be accept-

SEEK & FIND

FIND THESE WORDS IN THE PUZZLE BELOW.

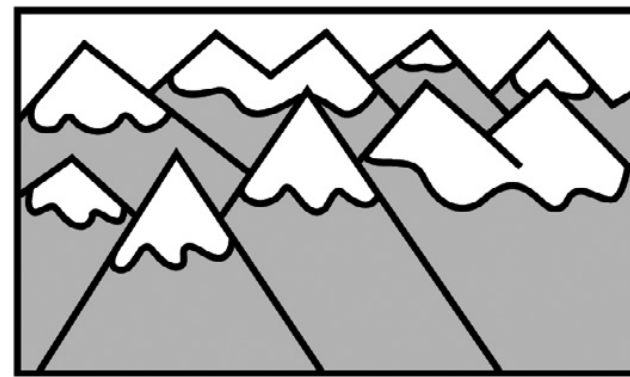
- | | | |
|---------|----------|----------|
| CHIMNEY | LIST | SLEIGH |
| COOKIES | MILK | SNOW |
| ELVES | REINDEER | STOCKING |
| GIFTS | SANTA | TOYS |

THE WORDS READ UP, DOWN AND ACROSS.

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W S C A S R E H D F
S T O C K I N G J G
N F O K R L M I L K
O I K A E B N E M W
W G I S E D C L X A
J C E V D L I S T S
K O S A N T A I O P
G H C H I M N E Y L
Z B N A E L V E S F
T E R A R S D N P I
```

Learn Some French

les montagnes de la neige



The mountains are covered with snow.
Les montagnes sont couvertes de neige.

for your recycling friends.

Many products are made from recycled or organic content that make great gifts - look for bags or fleece clothing made from recycled plastic bottles or organic cotton T-shirts or other apparel. Many online and catalog retailers sell these types of products. Whatever you give, be sure to buy durable, reusable products that will last a long time.

For the trendsetter on your shopping list, purchase vintage clothing or accessories from consignment or second-hand stores.

Give potted plants, flowers or trees that the recipient can plant in the garden or yard - not only will it be a gift that continues to be a beautiful reminder of the holidays throughout the year, but it will also provide benefits to the environment by absorbing carbon dioxide and releasing oxygen into the air.

Thousands of paper and plastic shopping bags end up in landfills every year. Reduce the number of bags thrown out by bringing reusable cloth bags for holiday gift shopping. Tell store clerks you don't need a bag for small or oversized purchases.

When packaging gifts, consider reduced or no-waste wrapping options. Put a reusable bow on the gift; place the gift in a reusable bag such as a backpack or purse; or package small, themed gifts in a larger item - such as plates or tableware in place-mats or a tablecloth or kitchen utensils in an apron or decorative dishtowel. Also, you can use last year's wrapping as packaging material.

Make your own wrapping paper by using old maps, posters or pages from the newspaper or magazines. Recycled-content wrapping paper is also available. Save bags and bows to use again and be sure to recycle the

Energy efficient tips are available

Why not make your home more energy efficient and save some cash at the same time? With tips provided by the U.S. Department of Energy's Energy Savers: Tips on Saving Energy & Money at Home, simple changes can add up to big savings.

Suggestions include sealing air leaks and installing compact fluorescent light bulbs. Learn how to properly insulate your attic and pick the best appliances for your basement. These simple solutions will give you the biggest

newspapers or brown paper shopping bags after the gift is opened, or use it for padding when shipping gifts.

If you are attending a party or dinner and are bringing a dish for the meal or an edible gift for the host, be sure to package it in a reusable container. If the item is a gift, place it on a decorative holiday plate, in a washable kitchen container or wrap it with a holiday towel.

Use e-mail for your holiday greetings - it's a great way to share photos and keep in touch more frequently and saves paper and postage. If you send cards, make them with last year's cards or wrapping paper.

When entertaining, use washable utensils, plates, glasses, napkins and table coverings. Decorate with potted plants (that your guests may take home and plant) or candles. Be sure to have containers available where your guests can put recyclable cans and bottles. If you have leftover food, send it home with your guests in reusable containers or donate it to a local homeless shelter or soup kitchen.

Consider giving no-waste gifts, such as music or sports lessons, memberships to a gym, the philharmonic or a museum, favors like babysitting or tickets to a sporting event or concert. Find out the gift recipient's favorite charity and make a donation in his or her honor, or commit to volunteering with that organization.

With a little imagination and commitment, we can use this holiday season to create new traditions that help preserve the environment.

For more information about Waste Management's comprehensive list of recycling services, visit www.thinkgreenfromhome.com.

This brochure costs \$1.50. To order, send your name, address, and a check or money order for \$1.50 to the Federal Citizen Information Center, Dept. 332T, Pueblo, CO 81009. Or call toll-free 1 (888) 8 PUEBLO, that's 1 (888) 878-3256, and ask for Item 332T. Have your credit card handy. And visit www.pueblo.gsa.gov to read or print this and hundreds of other FCIC publications for free.

Classifieds

REAL ESTATE

CENTURY 21 BESSETTE Realty, Inc., Office: 337-474-2185, Grace Robideaux, Realtor: 496-1611

•842 W FRIESEN Rd: Mobile homes welcome!! 1.12 acres with mechanical system and well in place, needing to be re-done due to hurricane Rita. 11 ft elevation required. Already 5 ft above with 3 ft house pad. Received Road Home elevation money with 2 yrs remaining occupancy required. Call C21 Bessette 474-2185 and ask for Grace (496-1611) for more details.

•NEW! 6 month old 18 X 80 Cavalier mobile home on 1 acre in Grand Lake. 85 loads of dirt for the foundation. No hurricane damage to this one. \$93,500

•HEBERT CAMP Road lots: Tract 3&4 \$25,500, Tract 1 \$22,500

REDUCED!!! 25 + acres in Big Lake. Approx 233' on lake & 3/2 doublewide for \$225,000 or front 3 acres & home for \$150,000.00. No water inside for hurricane. 2/13tfc.

•20 ACRES of wooded timberland for sale north of DeQuincy, Beauregard Parish. Please contact Darlene Nortman with Coldwell Banker Elite at (337) 274-2466 or (337) 463-2004 for more information.

CARLYSS: 4 BR, 2 bath cavalier, doublewide mobile home on 60'x294' private lot. Privacy backyard, lg. rooms, wood floors in living area. Additional updates, \$78,000. Call (337) 558-707.



Chocolate Truffles

- 1 can sweetened condensed milk
- 3/4 cup butter (4 1/2 tablespoons)
- 3/4 cup cocoa powder (unsweetened)
- 1 tablespoon vanilla extract

On stove, melt butter on low heat. Add cocoa and stir. Let cool then add milk and vanilla. Chill for 3 to 4 hours. Roll the chocolate goop into little balls. Next roll balls into powdered sugar before putting them on a plate. Keep chilled until serving.

*This recipe was submitted by Carmen.

CAMERON FIRE DIST. #1

Is Seeking Applicants For Full-Time Firemen Positions

We consider applicants for all positions without regard to race, color, religion, creed, gender, national origin, ancestry, age, disability, marital or veteran status, or any other legally protected status.

FIREFIGHTER I PREFERRED

Please send resumes with salary requirements to: Cameron Fire District #1, P. O. Box 1506, Cameron, Louisiana, 70631.

All resumes must be received by January 5, 2009. RUN: Dec. 11, 18, 24 (D-21)

Roberts Mobile Homes

North of DeRidder, LA on Hwy. 171



ALL INVENTORY DRastically REDUCED!!

Including Show Models. . .

• Deer Valley • Southern Energy

• Riverbirch • Clayton

14 W - 16W - 18W - 28W - 32W

PRICES NEVER THIS LOW AGAIN!



Drive A Little -- Save A LOT!!

Phone: 1-888-293-8506



SEX OFFENDER



CHRISTOPHER A. WILSON CONVICTED SEX OFFENDER I, Christopher A. Wilson, have been convicted of Molestation of a Juvenile in the 14th Judicial District Court. My address is 118 Adam Roux Street, Cameron, LA 70631.

RACE: White; SEX: Male; DOB: 09/14/83; HEIGHT: 6'1"; WEIGHT: 185; HAIR COLOR: Brown; EYE COLOR: Blue.

Scars, tattoos, other identifying marks: Cut scar on right ankle, puncture scar on bottom of right foot. Birthmark on left side. Cross with "Clarence Dyson, Sr." on right forearm. Jesus with "Watch over me" on left upper arm. Pitbull on right upper arm. "Haiden" on left neck. "Madison" on right neck. "Grandpa Wilson" on left forearm
D-62 Runs: 12/24 - 12/31p.

ATTRACT ATTENTION: Need promotional items for trade shows, festivals, fairs, school events, etc. Call us, we can help! Rely on Wise Ideas Printing & Promotions to help you develop a customized program for your next event. Check out our website: www.bestwiseideas.com. Call Jeffra Wise DeViney for competitive quotes & sales catalogs. Phone: 912-5063.

FOR SALE: 2006 Jayco Jay Flight RV 26ft. EXcellent condition. Only used 7 times Includes many extras. Asking pay-off \$18,300. Used retail value \$20,345 527-2819. 12/17 - 1/1MC.

NOTICE

WISE IDEAS Printing & Promotions, your key to making your small business look like Big Business!! With business cards, postcards, presentation folders, flyers, promotional products, Signage and more we can personalize a marketing plan for you. Give Jeffra DeViney, sales consultant a call, 912.5063. Check out our website: www.bestwiseideas.com. We accept most major credit cards. 6/18

RENTAL SPACES

NOW OPEN: Kenny's RV Park. Daily, weekly and monthly rates available. 1577 W. Fourth St., next to Kenny's Katfish Depot in DeQuincy, La. Kenny Davis, Owner. Phone: (337) 786-5562. 10/1 - ttc.

Deadline is extended for Ike

At the request of the state, the deadline to register for Hurricane Ike assistance was extended to Jan. 12. Households are able to register for the Federal Emergency Management Agency's (FEMA) Individuals and Households Program.

Aid for eligible applicants may come in the form of temporary rental assistance or hotel stays and grants or loans to repair or replace damaged property and belongings. The Federal assistance program will not cover all losses, but is designed to help people return to livable housing.

Residents can register for assistance by going online to www.fema.gov, or by calling FEMA at 1-800-621-FEMA (3362) or TTY 800-462-7585. If you have already registered with FEMA, and have questions about your disaster assistance application, you can also call 1-888-294-2822.

Those who register are asked to have pen and paper ready to take down their case number. The toll-free call takes about 20 minutes, and can be taken in any language.

The call goes more quickly if residents have the following:

- Social Security number (including spouse's)
 - Address and zip code of the damaged property
 - Directions to the damaged home or property
 - Telephone numbers where FEMA can reach applicant
 - Private insurance policy, if any Bank information to enable direct deposit
 - Current mailing address
- Twenty Louisiana parishes have been given the Federal Disaster Designation for Hurricane Ike and are eligible for disaster assistance to individuals and households: Acadia, Allen, Beauregard, Calcasieu, Cameron, Iberia, Jefferson Davis, Jefferson, Lafourche, Livingston, Orleans, Plaquemines, Sabine, St. Martin, St. Mary, St. Tammany, Tangipahoa, Terrebonne, Vermilion and Vernon.

Sheriff's Report

The following arrests were made by the Cameron Parish Sheriff's department Dec. 10-16:

Charles Edward LaBove, 20, 1635 Little Chenier Rd, Creole; Telephone harassment.

Gerber Alexander Serrano Sanchez, 32, 1505 Arkansas Street, Lake Charles; Careless operation, DWI.

Steven Joseph Vincent, 24, 450 Axel Nelson, Sulphur; Cameron bench warrant for fail to appear, 2 counts simple battery.

Dorothy A. Fontenot, 41, 8559 Gulf Hwy #1, Lake Charles; Unauthorized entry of business, Theft (felony).

Cesar Martinez, 31, Richmond, Tex.; Attempted identity theft.

Gerber Alexander Serrano Sanchez, 32, 1505

Arkansas Street, Lake Charles; Illegal possession of stolen vehicle, Driving under suspension.

Trevor Error Currie, 37, 113 Neely Rd, Apt. 1, Westlake; Cameron bench warrant, Fail to pay fine \$216 for 83/55.

THINK OF IT AS AN OWNER'S MANUAL FOR YOUR MONEY.



The free Consumer Action Handbook. It's in print and online at ConsumerAction.gov. Order your free copy online at ConsumerAction.gov or write to Handbook, Pueblo, CO 81009.



Thib's Electrical

Electrical Contractor
State License #45542
Bonded & Insured

• Residential & Commercial

• Remodels & Service Work

— FREE ESTIMATES —

Danny Thibodeaux, Owner

(337) 661-1071

Email: thibselectric@gmail.com

Sheriff's Report

The following arrests were made by the Cameron Parish Sheriff's Dept. Dec. 17-23:

Robert L. Gamble, 20, DeRidder; Careless operation, DWI.

Don A. Cramer, 51, Westlake; Sale distribution or possession of Legend Drug.

James D. Lyons, 42, Sulphur; Penalty for distribution or possession with intent.

Lancey Delious Gibbs, 48, 247 Pete Seay Circle, Hackberry; Disturbing the peace/drunkenness.

Ervine Charles Armstrong, 25, Port Arthur, Tex.; Penalty for distribution or possession with intent.

Wendy Lucille May, Port Arthur, Tex.; Penalty for distribution or possession with intent.

Pamela Michelle Green, 26, Port Arthur, Tex.; Penalty for distribution or with intent.

Jonathan Eugene Kegler, 26, Port Arthur, Tex; Penalty for distribution or possession w/intent, Warrant from out of state/parish.

No-Frying Chicken Parm

This easy-to-make classic Italian favorite is light on labor and packs a nutritional punch with a 1/2 cup of Ragu Old World Style Traditional Pasta Sauce providing a full serving of vegetables.

- 4 boneless, skinless chicken breast halves
- 1 egg, beaten
- 3/4 cup Italian seasoned dry bread crumbs
- 1 jar (1 lb., 10 oz.) Ragu Old World Style Traditional Pasta Sauce
- 1 cup shredded mozzarella cheese (about 4 oz.)

Preheat oven to 400° F. Dip chicken in egg, then bread crumbs. In 13 x 9-inch baking dish, arrange chicken. Bake 20 minutes. Pour Pasta Sauce over chicken; top with cheese. Bake an additional 10 minutes or until chicken is thoroughly cooked. Serve with hot cooked pasta.

THANK YOU,

On behalf of the members of the Cameron Parish School Board, a special thank you is extended to all who helped to move school materials to Johnson Bayou and South Cameron High Schools' temporary campuses last week!

On Monday, December 29, all employees of both schools will have a work day, beginning at 9:00 AM, in Johnson Bayou and Creole.

Any volunteers who can help move furniture and boxes into classrooms, unpack boxes, or unload delivery trucks are welcome!

There is no need to call, just report to either school site.

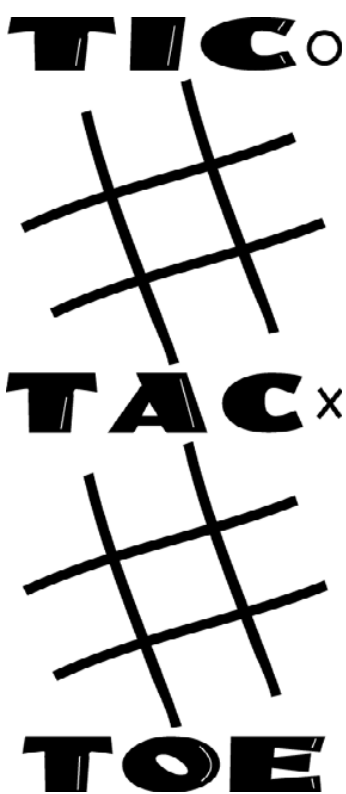
The goal is to prepare both schools to welcome students back to their schools on January 5, 2009!

Your support is very much appreciated, Stephanie Rodrigue, Superintendent

RUN: Dec. 25 (D-64)



HACKBERRY Head Start students are pictured with Santa. (Photo by Trina Beard.)



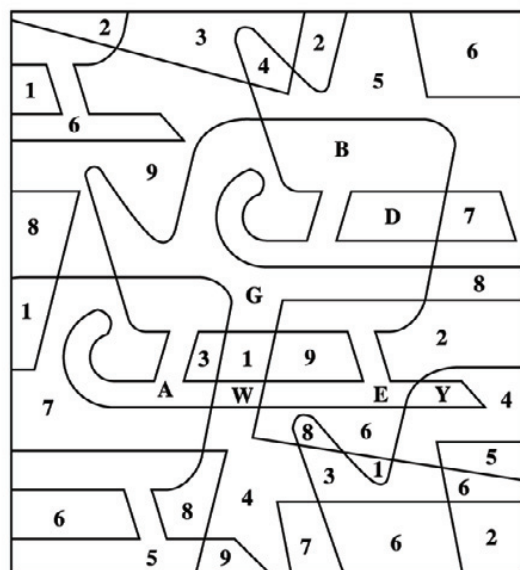
LUKE BOUILLON was one of 30 Cameron Parish Shooting Sports members who participated in the annual Crying Eagle Invitational Shoot held on Dec. 13 at the Lake Charles Gun Club. Luke placed first in the Compound Bow, Senior Division. The Cameron group will compete in the Ike Revenge Shoot Out at the Gun Club on Jan. 10. Youth and adults also may compete in trap, 5-stand and quail flush. There will also be modified trap for ages 17 and under. For more information call Angelia Conner at the 4-H office, 337-905-1318.

Puppy Chow

- 1 stick butter or margarine
- 1 cup peanut butter
- 1 lb box powdered sugar
- 1 lg box Crispix or Chex cereal
- 12 oz. package milk chocolate chips

Melt margarine, peanut butter and chocolate chips in a microwave on medium setting until melted. Stir. Place one large box of Crispix cereal in a large pan and pour chocolate mixture over top and coat thoroughly. Place 1 lb box of powdered sugar in a grocery bag. Put coated cereal in the bag and shake until powdered sugar covers cereal mixture.

HIDDEN PICTURE



Color in each space that contains a letter.

Banana Dog

You won't find this fruity impostor at a ball game or backyard barbecue, but it sure makes a doggone wholesome "fast food" breakfast.

- Whole-grain hot dog bun
- Peanut butter
- Wheat germ or sunflower seeds
- Banana
- Jam

1. Simply spread a whole-grain hot dog bun with peanut butter, sprinkle with wheat germ or sunflower seeds, and top with a whole, peeled banana and a squiggle of jam. Add a side of milk to round out the meal. Variation: For a Banana Burrito, substitute a tortilla for the bun.

Having family problems?



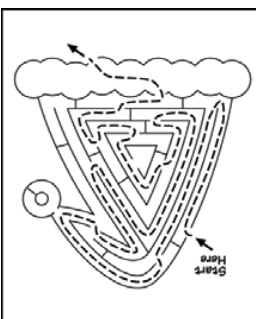
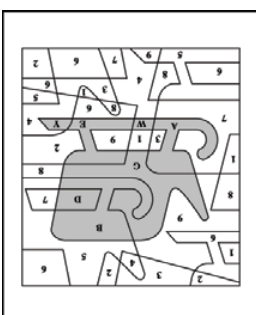
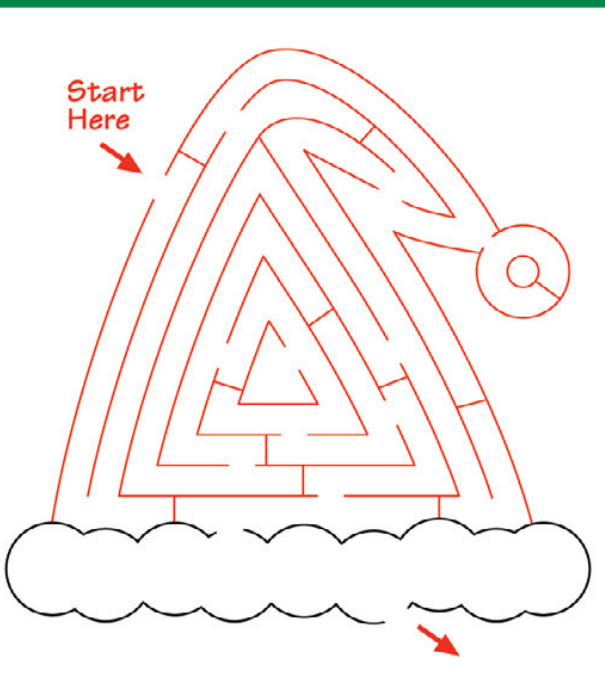
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MAZE



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Hope your Christmas is filled with warm thoughts and glad tidings. May those you love join you in celebrating this special time.

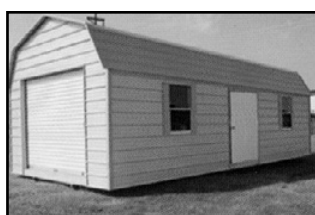
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